Doctor of Psychology (PsyD)
Clinical Psychology Profile (120 credits)

Admission requirements

Students can apply to the Doctor of Psychology (PsyD), Clinical Psychology Profile with one of two different backgrounds:

1. UNIVERSITY STUDIES BASIS
The minimum requirements for admittance on the basis of university studies include:
   • a bachelor’s degree in psychology or equivalent (see NOTE),
   • a minimum GPA of 3.6/4.3 (A- or 80%),
   • proof of English language proficiency\(^1\),
   • proof of French language proficiency\(^1\),
   • an application file\(^2\).

OR

2. SUFFICIENT PREPARATION BASIS
The minimum requirements for admittance on the basis of sufficient preparation include:
   • membership in the Ordre des Psychologues du Québec (OPQ),
   • proof of English language proficiency\(^1\),
   • an application file\(^2\).

NOTE: The university studies must include all the elements of the common core required by the Ordre des Psychologues du Québec (42 credits) and have been completed in courses or training taken in the last 10 years:

<table>
<thead>
<tr>
<th>Categories of courses</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Biological bases of behaviour</td>
<td>6</td>
</tr>
<tr>
<td>Social-cultural bases of behaviour</td>
<td>6</td>
</tr>
<tr>
<td>Cognitive-affective bases of behaviour</td>
<td>6</td>
</tr>
<tr>
<td>Developmental psychology</td>
<td>6</td>
</tr>
<tr>
<td>History of psychology and systems</td>
<td>3</td>
</tr>
<tr>
<td>Psychometry</td>
<td>3</td>
</tr>
<tr>
<td>Research methods</td>
<td>3</td>
</tr>
<tr>
<td>Data analysis (statistics)</td>
<td>3</td>
</tr>
<tr>
<td>Personality theories</td>
<td>3</td>
</tr>
<tr>
<td>Psychopathology</td>
<td>3</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>42</strong></td>
</tr>
</tbody>
</table>

(1) Since English is the primary language of instruction and communication at Bishop’s University, applicants must demonstrate an adequate level of proficiency in English. Furthermore, to become a member of the Ordre des Psychologues du Québec and obtain a
licence to practice, graduates must have an appropriate knowledge of the French language that is to say, be able to speak, write and work in French.

As such, all applicants must provide proof of English and French language proficiency regardless of citizenship/immigration status in Canada. Please identify the entry below that best describes your situation in order to determine which additional supporting documentation you must provide with your application for admission:

**ENGLISH PROFICIENCY**

I. Completed a DEC at an *English* CEGEP in Quebec  
   o **Document required:** Quebec permanent code

II. Completed at least three years of instruction at an accredited secondary institution, recognized by Bishop's University, where *English* is the primary language of instruction  
   o **Document required:** High school transcript from the institution where English is the primary language of instruction

III. Completed/completing at least 30 credit hours (or equivalent to one full year of study) at a post-secondary institution, recognized by Bishop's University, where *English* is the primary language of instruction  
   o **Document required:** Transcript of studies from the post-secondary institution where English is the primary language of instruction

IV. Completed a recognized *English* assessment with appropriate minimum score:  
   - Duolingo English Test (DET) minimum score of 115 with no sub-score under 90  
   - TOEFL minimum overall score of 90 (internet-based) with no component score below 20  
   - IELTS academic test, minimum overall score of 6.5 with no component score below 6.0.  
   - Cambridge English, minimum overall score of 176 on one of the following: B2 First C1 Advanced C2 Proficient
   
   o **Document Required:** Official English assessment test score report sent to Bishop’s University directly from the testing organization.

**FRENCH PROFICIENCY**

I. Passed the fourth of fifth year secondary level examinations in French as the first language in Québec  
   o **Document required:** Quebec permanent code

II. Completed a DEC at a *French* CEGEP in Quebec  
   o **Document required:** Quebec permanent code

III. Completed at least three years of instruction at an accredited secondary institution, recognized by Bishop's University, where *French* is the primary language of instruction
Document required: High school transcript from the institution where French is the primary language of instruction

IV. Completed/completing at least 30 credit hours (or equivalent to one full year of study) at a post-secondary institution, recognized by Bishop’s University, where French is the primary language of instruction
   o Document required: Transcript of studies from the post-secondary institution where French is the primary language of instruction

V. Completed/completing the Bishop’s University Micro-Certificate in French for Professional Integration (15 credits – CONFPI)
   o Document required: Transcript of studies from Bishop’s University

VI. Completed a recognized French assessment with appropriate minimum score:
   - TEFAQ/TEF Canada with a minimum score of B1* to B2 in all four competencies.
   - TFI™ Test from Educational Testing Service with a minimum score of 700 on 990.

*Proof of French language proficiency is an admissions requirement. Program graduates are eligible for OPQ membership, however, to become a member of the Ordre des Psychologues du Québec and obtain a licence to practice, applicants must have an appropriate knowledge of the French language that is to say, be able to speak, write and work in French. Under section 35 of the Charter of the French Language, applicants are deemed to have sufficient knowledge of French if they meet one (1) of the following conditions:
   - completed at least three years of full-time secondary or post-secondary education in French.
   - passed the French mother tongue exams in the 4th or 5th year of secondary school in Québec.
   - obtained a secondary school diploma (DES) in Québec in 1985-1986 or after.

Graduates who do not meet any of these conditions may still need to obtain a certificate of knowledge of French after graduating from the Psy.D. program in order to become a member of the Ordre des Psychologues du Québec and obtain a licence to practice in Québec. The Office québécois de la langue française is responsible for issuing this certificate to those who have passed the exam. You can find more information about the exam on their website here.

(2) The application file includes:

- The Admissions Form
- An official copy of all university-level transcripts
- The Ordre des Psychologues du Québec common core requirements form
- The Clinical Psychology Candidate Profile
  - The purpose of this form is to demonstrate the candidate’s aptitude to pursue postgraduate studies in psychology. In this form, the student describes a) the steps taken with a potential director (professor of psychology) to direct their doctoral essay (b) their post-secondary education; c) training courses taken in connection with psychology; (d) scholarships, prizes and distinctions obtained; e) scientific publications or presentations; f) the elements that may have influenced their academic progress; g) what motivates them to pursue doctoral studies in psychology; h) their professional development interests; i) the themes and

Page 3 of 19
Approved at the 654th Meeting of Senate, May 19, 2023
research questions they wish to explore during the doctorate; k) work and volunteer experience within the helping relationship, teaching, research, and other related fields.

The application deadline for the fall 2024 semester is **February 1, 2024**. This includes submission of all required supporting documents:

*This program’s admissions and registration procedures are in accordance with the admissions conditions and regulations specific to the UQAC Doctor of Psychology, Clinical Psychology Profile.*
Program overview

This program is designed for bilingual students (French and English), including prospective applicants from systemically underrepresented backgrounds, who intend to practise clinical psychology. As an Université du Québec à Chicoutimi (UQAC) program offered by extension at Bishop's University, it focuses on professional clinical psychology and will equip students to conduct psychological assessments and perform psychological interventions. This program is accredited by the Ordre des psychologues du Québec (OPQ), thus making program graduates eligible for OPQ membership.*

This program's objective is to produce psychologists able to assess and help various clienteles, drawing on the discipline's scientific knowledge and on a deep understanding of the needs and characteristics of individuals and communities. It is also aimed at producing rigorous psychologists able to use critical thinking in their professional decisions and to assess the effectiveness of their own interventions. Lastly, the program is aimed at producing psychologists who will contribute to the development and revitalization of professional practice.

*To become a member of the Ordre des Psychologues du Québec and obtain a licence to practice, applicants must have an appropriate knowledge of the French language that is to say, be able to speak, write and work in French. Under section 35 of the Charter of the French Language, applicants are deemed to have sufficient knowledge of French if they meet one (1) of the following conditions:

- completed at least three years of full-time secondary or post-secondary education in French.
- passed the French mother tongue exams in the 4th or 5th year of secondary school in Québec.
- obtained a secondary school diploma (DES) in Québec in 1985-1986 or after.

Graduates who do not meet one of these conditions will need to obtain a certificate of knowledge of French after graduating from the Psy.D. program in order to become a member of the Ordre des Psychologues du Québec and obtain a licence to practice in Québec. The Office québécois de la langue française is responsible for issuing this certificate to those who have passed the exam. You can find more information about the exam on their website here.

Degree Requirements

The program is 120 credits, over 4 years (12 semesters) of full-time study which are distributed as follows:

Required courses (39 credits)
- PSY718 Conducting an Assessment and Psychodiagnosis with an Adult
- PSY720 Assessment of Children and Adolescents through Testing
- PSY711 Professional Ethics and Legal Issues
- PSY722 Research Seminar
- PSY713 Advanced Seminar in Psychopathology
- PSY741 Case Study: Evidence-Based Practice and Therapeutic Effectiveness
- PSY721 Clinical Psychopharmacology
- PSY728 Adult Intervention Methods
- PSY714 Seminar on Issues Related to Clients and Diversity
• PSY723 Application and Interpretation of Advanced Statistical Methods
• PSY716 Interdisciplinarity and Professional Communication
• PSY717 Consultation and Supervision
• PSY719 Clinical Seminars in Psychology and Health

Optional courses (6 credits)
6 credits from:
• PSY725 Advanced Seminar in Psychological Intervention Methods
• PSY726 Youth Intervention Methods
• PSY727 Mindfulness-based Interventions
• PSY729 Methods of Intervention with a Group
• PSY730 Methods of Intervention with a Couple and a Family
• PSY747 Special Topic in Psychology

Doctoral essay (26 credits)
• PSY724 Essay (26 cr)

Practicum courses (17 credits)
• PSY800 Observation Practicum in Psychology (1 cr)
• PSY801 Practicum 1A: Psychological Assessment and Introduction to Intervention (3 cr)
• PSY802 Practicum 1B: Psychological Assessment and Introduction to Intervention (3 cr)
• PSY803 Practicum 2A: Clinical Psychology (5 cr)
• PSY804 Practicum 2B: Clinical Psychology (5 cr)

Internship courses* (32 credits)
• PSY811 Internship 1 (5 cr)
• PSY812 Internship 2 (3 cr)
• PSY813 Internship 3 (3 cr)
• PSY814 Internship 4 (5 cr)
• PSY815 Internship 5 (3 cr)
• PSY816 Internship 6 (3 cr)
• PSY817 Internship 7 (5 cr)
• PSY818 Internship 8 (3 cr)
• PSY819 Internship 9 (2 cr)

*Internship consisting in a one-year residency, taking place in an institution providing psychological services, such as a school (primary, secondary, college or university) and/or health network institutions (CLSC, CIUSSS, CISSS, in particular), or in any other institution that promotes multidisciplinary teamwork. The work environment must be different from the one where the practicums were carried out. Active participation, considering research evidence, in all phases of client intervention (assessment, diagnosis, individual or group intervention, report writing, consultation with other professionals, training) are expected. Interventions include interactions with clients, their families and individuals present in their living environments (natural caregivers, stakeholders). Students are integrated into the workplace and participate in all aspects of institutional operations (team meetings, case discussions, consultations, supervision), and in professional development activities. They must apply their critical thinking towards practice and organizational functioning. The internship and its subdivisions (Internships 1 to 9) allow students to complete the minimum hours of practice in one or two work environments over a period of one
year (based on OPQ criteria) under the supervision of one or more psychologists who meet OPQ standards.
## Program sequence

<table>
<thead>
<tr>
<th>Year</th>
<th>Fall</th>
<th>Winter</th>
<th>Summer</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>PSY718 Conducting an Assessment and Psychodiagnosis with an Adult</td>
<td>PSY713 Advanced Seminar in Psychopathology</td>
<td>PSY722 Research Seminar* (Cont.)</td>
</tr>
<tr>
<td></td>
<td>PSY720 Assessment of Children and Adolescents through Testing</td>
<td>PSY741 Case Study: Evidence-Based Practice and Therapeutic Effectiveness</td>
<td>PSY724 Doctoral Essay – Cont. (26 cr.)**</td>
</tr>
<tr>
<td></td>
<td>PSY711 Professional Ethics and Legal Issues</td>
<td>PSY800 Observation Practicum in Psychology (1 cr.)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>PSY722 Research Seminar*</td>
<td>PSY722 Research Seminar* (Cont.)</td>
<td>PSY724 Doctoral Essay – Cont. (26 cr.)**</td>
</tr>
<tr>
<td></td>
<td>PSY724 Doctoral Essay (26 cr.)**</td>
<td>PSY724 Doctoral Essay – Cont. (26 cr.)**</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>PSY721 Clinical Psychopharmacology</td>
<td>PSY714 Seminar on Issues Related to Clients and Diversity</td>
<td>PSY724 Doctoral Essay – Cont. (26 cr.)**</td>
</tr>
<tr>
<td></td>
<td>PSY728 Adult Intervention Methods</td>
<td>PSY723 Application and Interpretation of Advanced Statistical Methods</td>
<td></td>
</tr>
<tr>
<td></td>
<td>PSY801 Practicum 1A: Psychological Assessment and Introduction to Intervention (3 cr.)</td>
<td>PSY802 Practicum 1B: Psychological Assessment and Introduction to Intervention (3 cr.)</td>
<td>PSY724 Doctoral Essay – Cont. (26 cr.)**</td>
</tr>
<tr>
<td></td>
<td></td>
<td>PSY716 Interdisciplinarity and Professional Communication</td>
<td></td>
</tr>
<tr>
<td></td>
<td>PSY724 Doctoral Essay – Cont. (26 cr.)**</td>
<td>PSY724 Doctoral Essay – Cont. (26 cr.)**</td>
<td>PSY724 Doctoral Essay – Cont. (26 cr.)**</td>
</tr>
<tr>
<td>3</td>
<td>PSY803 Practicum 2A: Clinical Psychology (5 cr.)</td>
<td>PSY804 Practicum 2B: Clinical Psychology (5 cr.)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>PSY717 Consultation and Supervision</td>
<td>Optional course in intervention</td>
<td>PSY724 Doctoral Essay – Cont. (26 cr.)**</td>
</tr>
<tr>
<td></td>
<td>PSY719 Clinical Seminars in Psychology and Health*</td>
<td>PSY719 Clinical Seminars in Psychology and Health*</td>
<td></td>
</tr>
<tr>
<td></td>
<td>PSY724 Doctoral Essay – Cont. (26 cr.)**</td>
<td>PSY724 Doctoral Essay – Cont. (26 cr.)**</td>
<td>PSY724 Doctoral Essay – Cont. (26 cr.)**</td>
</tr>
<tr>
<td>Year 4</td>
<td>PSY724 Doctoral Essay – Cont. (26 cr.)**</td>
<td>PSY711 Internship 1 (5 cr)</td>
<td>PSY812 Internship 2 (3 cr)</td>
</tr>
<tr>
<td>--------</td>
<td>---------------------------------------</td>
<td>-----------------------------</td>
<td>-----------------------------</td>
</tr>
</tbody>
</table>

*The PSY722 Research Seminar and PSY719 Clinical Seminars in Psychology and Health courses are full-year courses that are given over the fall and winter semesters.

**The student is registered in the 26 credit doctoral essay (SDPS724) for the first nine (9) semesters of the program, including the summer semesters.

### Grading scale
The following grading scale will be used to convert percentages to letter grades.

- 94% - 100% = A+ = 4.3
- 90% - 93% = A = 4
- 86% - 89% = A- = 3.7
- 80% - 85% = B+ = 3.3
- 76% - 79% = B = 3
- 72% - 75% = B- = 2.7
- 67% - 71% = C+ = 2.3
- 60% - 66% = C = 2
- 0 – 59% = F = 0

### List of Courses

**PSY711 Professional Ethics and Legal Issues 3-3-0**

Raise awareness about the psychologist’s ethical and professional standards. Ethical principles, ethical decision-making in a multidisciplinary context, responsibilities towards the client, research subjects and the public. Confidentiality. Use of tests: extensions and limitations. Roles and responsibilities of the OPQ. Legislation, testimony, professional expertise in court. Prosecutions. Record keeping and private practice. Practical exercises using clinical vignettes similar to the reality in practice.

*As part of the program extension, PSY711 is the Bishop’s equivalent to SDPS711 at UQAC.*

**PSY713 Advanced Seminar in Psychopathology 3-3-0**
Deepen knowledge of psychopathology, based on scientifically recognized diagnostic
categories (DSM-5) and integrate them into clinical practice. Diagnostic classifications (DSM-5)
and complex cases (treatment-resistant or recurrent disorders, co-occurrences of a personality
disorder or substance use). Applications to clinical situations or case studies, formulation of
diagnostic hypotheses adapted to the person in his or her globality, strengths, vulnerabilities,
current problem, and the different factors involved (developmental, sociocultural, neurological,
and biological). Development of intervention strategies adapted to the pathology and to the
person’s characteristics (e.g., personality traits, attachment styles).

Prerequisite: PSY718
As part of the program extension, PSY713 is the Bishop’s equivalent to SDPS713 at UQAC.

PSY714  Seminar on Issues Related to Clients and Diversity  3-3-0

Have an advanced personal and professional reflection and mastering of the literature on the
major contemporary issues and current controversies in the field of psychology related to
different types of clients and human diversity. Major contemporary issues and current
controversies in psychology related to different types of clients and human diversity: differences
in culture, religious beliefs, psychological or physical characteristics, gender, sexual
orientations, socioeconomic contexts, practice environment or care settings. Theories and
practice about skills necessary for advanced personal and professional reflection and
development: critical thinking, self-awareness, interpersonal skills and abilities. Impacts and
transfer of learning in interpersonal relationships and in the daily reality of clinical and
professional practice.

As part of the program extension, PSY714 is the Bishop’s equivalent to SDPS714 at UQAC.

PSY716  Interdisciplinarity and Professional Communication  3-3-0

Develop effective professional communication skills appropriate to the context of psychology.
Develop interprofessional knowledge and skills based on the National Interprofessional
Competency Framework. Topics: teaching issues (course outlines, teaching strategies,
assessment tools, etc.), knowledge translation (clinical reports, expert judgments, conferences,
training workshop preparation, etc.), communication with the media, and interprofessionalism.
Presentation of the different practice environments and their specificities.

As part of the program extension, PSY716 is the Bishop’s equivalent to SDPS716 at UQAC.

PSY717  Consultation and Supervision  3-3-0

Introduction to the role of consultant to psychologists or other professionals, individuals, groups,
or organizations and to the role of supervisor to psychologists or other professionals.
Consultation: historical context; contemporary theories and methods of consultation; different
phases of the consultation process and systems organization; political, psychosocial, and
systemic aspects of the dynamics of consultation as determinants of the role and activities of
the consultant. Supervision: models and techniques for the development of supervisory
competency; issues related to power relationships, to relationships between supervisor and
supervisee as well as relationships of supervisees in group supervision; issues related to power relationships and differences (cultural, gender, ethnic). Practical applications: development of supervisory objectives that take into account the environment in which supervision is required, relevance of the choice of learning methods and supervision evaluation methods. Case analyses.

Prerequisite: PSY802
As part of the program extension, PSY717 is the Bishop’s equivalent to SDPS717 at UQAC.

PSY718 Conducting an Assessment and Psychodiagnosis with an Adult 3-3-0

Using adult assessment tests, make a diagnosis and communicate the results of the assessment verbally and in writing. Study the context and conduct of the adult psychological examination. Learn the different instruments in relation to the reason for the evaluation (intelligence, behaviour, personality, emotion). Learn and carry out a synthesis of the results, establishing a diagnosis and formulating recommendations for intervention based on the data from different psychological tests (according to different approaches) for an adult. Oral or written communication of results. Includes practicum activities (minimum of 90 hours).

As part of the program extension, PSY718 is the Bishop’s equivalent to SDPC718 at UQAC.

PSY719 Clinical Seminars in Psychology and Health 3-3-0

Present a variety of approaches and methods of assessment and intervention in psychology and health; learn about their application to different types of clients. This course is under the responsibility of one professor but the periods are shared with at least four other professors or lecturers (depending on the expertise of each and the themes chosen by the program). Its focus is the discovery of different fields of specialization in psychology and health.

As part of the program extension, PSY719 is the Bishop’s equivalent to SDPS719 at UQAC.

PSY720 Assessment of Children and Adolescents through Testing 3-3-0

Develop and refine the use of tests with children and adolescents. Administration, scoring and clinical interpretation of tests (intelligence, behavioural, personality, emotional, etc.) with children and adolescents. Anamnesis, psychometric instruments, and standardized screening scales (e.g., Wechsler scales). Interpretation and recommendations. Report writing and communication of results.

As part of the program extension, PSY720 is the Bishop’s equivalent to SDPS720 at UQAC.

PSY721 Clinical Psychopharmacology 3-3-0

Understand the mechanisms of action, benefits and limitations of various psychotropic drugs used in the treatment of psychopathologies. Establish links between psychopharmacology and
the professional practice of psychologists: examination of the concepts behind drug treatments of mental disorders and the place of psychotherapies. Be aware of and understand the impact of psychotropic drugs on the practice of psychologists. Elements of pharmacokinetics and pharmacodynamics, development of psychotropic drugs. Major families of neuromediators and psychopathologies associated with physiological dysfunctions. Classification, description, indications, risks and most important side effects of the main psychotropic drugs used (neuroleptics, antidepressants, mood stabilizers, anxiolytics, stimulants).

As part of the program extension, PSY721 is the Bishop’s equivalent to SDPS721 at UQAC.

PSY722 Research Seminar 3-3-0

Provide support and examples for the development and completion of the doctoral essay. Reminder of important methodological and statistical notions to consider when developing a research project in psychology. Critical analysis of the structure and content of published scientific articles. Presentation of the APA writing standards. Presentation of the research ethics principles. Discussion of the challenges and obstacles encountered during the development of a project and the conduct of a scientific study. Discussion of stress and time management strategies. Development of a writing plan and a first draft of the doctoral essay. Oral presentation of the project to peers.

As part of the program extension, PSY722 is the Bishop’s equivalent to SDPS722 at UQAC.

PSY723 Application and Interpretation of Advanced Statistical Methods 3-3-0

Students will deepen their understanding of how to implement and interpret the major multivariate tests used in psychological research. Students will also discuss and interpret the results of published research where the same statistical analyses were employed by other researchers. By the end of the course, students will be familiar with the main multivariate tests used in psychology, including their objectives, assumptions and limitations and be able to present the use of these analyses based on their rationale and interpretation of the results.

As part of the program extension, PSY723 is the Bishop’s equivalent to SDPS723 at UQAC.

PSY724 Doctoral Essay 26-0-0

Produce a written statement outlining the results of a research activity, a creative work, or intervention project that will demonstrate the writer’s ability to contribute to the development of his/her field of study. The production of scientific knowledge, which may originate in a practice environment or address a theoretical issue, that contributes to the advancement of knowledge in the field of professional psychology. Possibility of replicating an existing study, validating the development of a new intervention program or conducting a case study. Demonstration of the ability to master the various steps involved in conducting a basic or applied study. Presentation of the question under study, completion of an exhaustive literature review, presentation of the method used, execution of the appropriate analyses and justification of the conclusions based on the observed results.
As part of the program extension, PSY724 is the Bishop’s equivalent to SDPS724 at UQAC.

PSY725  Advanced Seminar in Psychological Intervention Methods  3-3-0

To become familiar with the theoretical, clinical and empirical foundations of a specific recognized psychological intervention approach.

As part of the program extension, PSY725 is the Bishop’s equivalent to SDPS725 at UQAC.

PSY726  Youth Intervention Methods  3-3-0

Introduction to clinical practice with children or adolescents.
Basic skills for working with children, adolescents or their parents; foundations of youth intervention; models and approaches to intervention based on scientific and evidence-based data when available. Linkages between theory, scientific literature, and clinical practice. Knowledge of guidelines, practice frameworks and evidence. Measuring the impact of a therapy.

As part of the program extension, PSY726 is the Bishop’s equivalent to SDPS726 at UQAC.

PSY727  Mindfulness-based Interventions  3-3-0

Acquire concepts from theoretical foundations and scientific studies that have evaluated the effects of mindfulness-based interventions on biopsychosocial health and psychological well-being.

Participation in a mindfulness-based intervention program and experiential foundations. Basic facilitation of mindfulness-based intervention programs. Adaptation of the mindfulness-based intervention to various types of clients. Integration of knowledge about mindfulness-based intervention into clinical practice in individual follow-ups.

As part of the program extension, PSY727 is the Bishop’s equivalent to SDPS727 at UQAC.

PSY728  Adult Intervention Methods  3-3-0

Introduction to the practice of individual psychotherapy with adults and the development of a reflective practice. Foundations of intervention with adults; intervention models and techniques based on scientific and evidence-based data when available; measurement of therapeutic impact; identification of characteristics related to the technique and the therapist-client relationship that promote optimal therapeutic effectiveness in relation to the problem; knowledge of guidelines, practice frameworks and evidence.

Prerequisite: PSY713
As part of the program extension, PSY728 is the Bishop’s equivalent to SDPC728 at UQAC.
PSY729  Methods of Intervention with a Group  3-3-0

Become familiar with the theoretical, clinical and empirical foundations of current practices in group psychotherapy.

Study of activities that promote optimal effectiveness of group psychotherapy based on clinical vignettes. Systemic and interactional perspective of the group. History of group intervention. Mechanisms of therapeutic change inherent in the group approach. Group design in relation to key targets of change, group composition, group setting and rules, therapist role, stages of group development, measures of change. Contemporary approaches to group psychotherapy.

Prerequisite: PSY801
As part of the program extension, PSY729 is the Bishop’s equivalent to SDPS729 at UQAC.

PSY730  Methods of Intervention with a Couple and a Family  3-3-0

Introduce students to the theoretical, clinical, and empirical foundations of current practices in couple and family psychotherapy. Prepare a therapeutic intervention that will facilitate the evolution of the couple and the family towards a better well-being and a better life.

Activities promoting adaptive functioning and well-being of couples and families based on clinical vignettes. Systemic and interactional perspective of the couple and family. History of couple and family intervention. Contemporary approaches to couple and family psychotherapy. Study of the rules, roles and communication governing these systems from a normal/abnormal functioning perspective.

Prerequisite: PSY801
As part of the program extension, PSY730 is the Bishop’s equivalent to SDPS730 at UQAC.

PSY741 Case Study: Evidence-Based Practice and Therapeutic Effectiveness  3-3-0

Develop skills for the conduct of case studies for clinical practice, communication with professional colleagues, and scientific production. Rigour and best practices for case studies. Definitions, assumptions, criteria and types of case studies. Steps and content for formulating, conducting, and communicating a case study orally and in writing in a professional practice environment (private practice, institutional or other, multidisciplinary team) and in a research setting. Various methods of client assessment, information gathering, single case protocols (quasi-experimental and experimental), interventions, analyses, etc. Ethical considerations for case study. Evidence and clinical practice. Importance of ongoing evaluation. Methods for assessing the progress made by the client and the effectiveness of therapeutic or other interventions. Importance of interpersonal skills. Transfer of knowledge into clinical and professional practice. Formulation and communication of a case study.

As part of the program extension, PSY741 is the Bishop’s equivalent to SDPS741 at UQAC.
PSY747  Special Topic in Psychology  3-3-0

This individual activity will allow the student to deepen certain aspects related to his or her research theme, depending on the progress of his or her doctoral essay. Students must first submit a substantial and detailed work plan to be carried out during the course, which must be approved by the professor.

*As part of the program extension, PSY747 is the Bishop’s equivalent to SDPS747 at UQAC.*

PSY 800  Observation Practicum in Psychology  1-1-1

Observe a psychological assessment and intervention in a practical training context.

Observation practicum at the Bishop’s University Psychology Clinic. Observation and reflection on a psychological assessment and intervention done by a psychologist who meets OPQ standards, in compliance with the required ethics and deontology. A minimum of 15 hours of observation (assessment or intervention) and 30 hours of other tasks, including attendance at supervision meetings and at the case presentation (total of 45 hours).

*Prerequisite: PSY711*

*As part of the program extension, PSY800 is the Bishop’s equivalent to SDPC800 at UQAC.*

PSY 801  Practicum 1A: Psychological Assessment and Introduction to Intervention  3-0-3

Begin practical training in psychological assessment and intervention with at least two types of clients or intervention approaches and develop a critical perspective on practice.

Practicum must take place at the Bishop’s University Psychology Clinic. Complete evaluation of at least two clients, including the entire process (identification of the reason for consultation, preparation of an evaluation estimate, use of measurement instruments, analysis and synthesis of the various results, development of recommendations for intervention, writing and submission of the report). Beginning of certain intervention processes that can be continued during Practicum 2A. Development of critical thinking and reflective thinking in relation to practice. Formal supervision of a minimum of 45 hours by a psychologist practicum supervisor who meets OPQ standards.

*Prerequisite: PSY800*

*As part of the program extension, PSY801 is the Bishop’s equivalent to SDPC801 at UQAC.*

PSY 802  Practicum 1B: Psychological Assessment and Introduction to Intervention  3-0-3

Begin practical training in psychological assessment and intervention with at least two types of clients or intervention approaches and develop a critical perspective on practice.
Practicum must take place at the Bishop’s University Psychology Clinic. Complete evaluation of at least two clients, including the entire process (identification of the reason for consultation, preparation of an evaluation estimate, use of measurement instruments, analysis and synthesis of the various results, development of recommendations for intervention, writing and submission of the report). Beginning of certain intervention processes that can be continued during Practicum 2A. Development of critical thinking and reflective thinking in relation to practice. Formal supervision of a minimum of 45 hours by a psychologist practicum supervisor who meets OPQ standards.

Prerequisite: PSY801
*As part of the program extension, PSY802 is the Bishop’s equivalent to SDPC802 at UQAC.*

**PSY 803  Practicum 2A: Clinical Psychology  5-0-5**

Initiate the practice of psychological assessment and intervention and begin the development of a critical and reflective approach to practice.

Practicum must take place at the Bishop’s University Psychology Clinic (exceptions may apply). Contacts and follow-ups with clients in consultation and development of a planned approach. Constant reflection on the processes involved in the evaluation or intervention. Follow-up with a variety of clients and involvement in the various tasks related to the profession (assessment, diagnosis, intervention, consultation with other professionals, case discussions, report writing, professional development activities, use of research data, etc.). Development of critical thinking and reflective thinking in relation to practice. Formal supervision of a minimum of 45 hours by a psychologist practicum supervisor accredited according to OPQ standards.

Prerequisite: PSY802
*As part of the program extension, PSY803 is the Bishop’s equivalent to SDPC803 at UQAC.*

**PSY 804  Practicum 2B: Clinical Psychology  5-0-5**

Continue the practice of psychological assessment and intervention and begin the development of a critical and reflective approach to practice.

Practicum must take place at the Bishop’s University Psychology Clinic (exceptions may apply). Contacts and follow-ups with clients in consultation and development of a planned approach. Constant reflection on the processes involved in the evaluation or intervention. Follow-up with a variety of clients and involvement in the various tasks related to the profession (assessment, diagnosis, intervention, consultation with other professionals, case discussions, report writing, professional development activities, use of research data, etc.). Development of critical thinking and reflective thinking in relation to practice. Formal supervision of a minimum of 45 hours by a psychologist practicum supervisor accredited according to OPQ standards.

Prerequisite: PSY803
*As part of the program extension, PSY804 is the Bishop’s equivalent to SDPC804 at UQAC.*
PSY 811  Internship I  5-0-5

Development of assessment and intervention practices in psychology for at least two types of clients or fields. Development of consultation and supervision skills, and a critical approach to practice, which includes the use of research evidence.

Prerequisite: PSY804
As part of the program extension, PSY811 is the Bishop’s equivalent to SDPS811 at UQAC.

PSY 812  Internship 2  3-0-3

Development of assessment and intervention practices in psychology for at least two types of clients or fields. Development of consultation and supervision skills, and a critical approach to practice, which includes the use of research evidence.

Prerequisite: PSY804
As part of the program extension, PSY812 is the Bishop’s equivalent to SDPS812 at UQAC.

PSY 813  Internship 3  3-0-3

Development of assessment and intervention practices in psychology for at least two types of clients or fields. Development of consultation and supervision skills, and a critical approach to practice, which includes the use of research evidence.

Prerequisite: PSY804
As part of the program extension, PSY813 is the Bishop’s equivalent to SDPS813 at UQAC.

PSY 814  Internship 4  5-0-5

Development of assessment and intervention practices in psychology for at least two types of clients or fields. Development of consultation and supervision skills, and a critical approach to practice, which includes the use of research evidence.

Prerequisite: PSY813
As part of the program extension, PSY814 is the Bishop’s equivalent to SDPS814 at UQAC.

PSY 815  Internship 5  3-0-3

Development of assessment and intervention practices in psychology for at least two types of clients or fields. Development of consultation and supervision skills, and a critical approach to practice, which includes the use of research evidence.
Prerequisite: PSY813  
As part of the program extension, PSY815 is the Bishop’s equivalent to SDPS815 at UQAC.

PSY 816   Internship 6   3-0-3

Development of assessment and intervention practices in psychology for at least two types of clients or fields. Development of consultation and supervision skills, and a critical approach to practice, which includes the use of research evidence.

Prerequisite: PSY813  
As part of the program extension, PSY816 is the Bishop’s equivalent to SDPS816 at UQAC.

PSY 817   Internship 7   5-0-5

Development of assessment and intervention practices in psychology for at least two types of clients or fields. Development of consultation and supervision skills, and a critical approach to practice, which includes the use of research evidence.

Prerequisite: PSY816  
As part of the program extension, PSY817 is the Bishop’s equivalent to SDPS817 at UQAC.

PSY 818   Internship 8   3-0-3

Development of assessment and intervention practices in psychology for at least two types of clients or fields. Development of consultation and supervision skills, and a critical approach to practice, which includes the use of research evidence.

Prerequisite: PSY816  
As part of the program extension, PSY818 is the Bishop’s equivalent to SDPS818 at UQAC.

PSY 819   Internship 9   2-0-2

Development of assessment and intervention practices in psychology for at least two types of clients or fields. Development of consultation and supervision skills, and a critical approach to practice, which includes the use of research evidence.

Prerequisite: PSY816  
As part of the program extension, PSY819 is the Bishop’s equivalent to SDPS819 at UQAC.

Academic Regulations

Decisions relating to the student's progress, such as the choice of research director, the submission of a research subject, the duration of studies, registration, the terms of suspension
and any other question likely to affect the student's academic progress, are taken in accordance with UQAC's Règlement relatif aux études (Doc 1163-02.001), the Procédure relative aux mémoires, essais doctoraux et thèses (Doc 072) and the Procédure relative aux restrictions à la poursuite des activités d’un programme d’études de cycles supérieurs (Doc 085).