Be You at B.U.
# Table of Contents

Welcome Home Gaiters! .......................................................... 5
Speaking Gaiter ..................................................................... 6
Hello Future Gaiters!! .......................................................... 9
20 Things I Wish I Knew in My First Year ............................... 10
Find your fit @ B.U. ............................................................. 11
Welcome to Our Residences .................................................. 12
Bishop’s Living Learning Communities .................................... 14
Home Away From Home ....................................................... 15
First-Year FAQS ................................................................. 16
Make Your Purple Mark ....................................................... 17
Indigenous Student Support and Resources ........................... 18
Be Green at B.U. ................................................................. 20
Experiential Learning in the Arts ............................................ 21
First-Year Reflection .......................................................... 22
BU’s Thriving Arts Scene ..................................................... 23
BUtee Advice ................................................................. 24
Keeping You Safe .............................................................. 25
Bridging the Divide ........................................................... 26
20 Must-Have Items at B.U. .................................................. 28
20 Must-Attend Events ....................................................... 30
Nothing but the B.E.S.T.: Experiential Learning at Bishop’s ...... 32
Francophone-Friendly B.U. .................................................. 33
Some Extracurricular Groups to Join ...................................... 34
TOP 20 Sherbrooke and Lennoxville Area Must-Sees ............... 36
A Parent’s Perspective ......................................................... 38
Making Meaningful Connections ........................................... 39
Raise A Toast: Our School Song ........................................... 40
Next Steps and Deadlines .................................................... 42

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Hello Future Gaiter!

First let me congratulate you on being admitted to Bishop’s and for discovering our Hidden Gem. I am certain that Bishop’s will be a perfect fit for you, as you will discover a world of opportunities for involvement and self-discovery in a supporting and caring environment that will accompany you on your academic journey. Being a Gaiter means being an important member of a close-knit community and we are delighted that you have chosen to join us.

To help you further immerse yourself in your new community, we have produced this Be You @ BU magazine which is written by students for students. This is the eighth edition of the magazine and each year our new students comment on how helpful the articles, viewpoints, opinions, and words of advice from current students, alumni and even parents of current students, have been in preparing for the transition to Bishop’s. Answering important questions such as, what opportunities are there to get involved on campus, and even more important questions such as, do I bring everything purple that I own (btw the answer is MOST DEFINITELY…. there is NEVER enough purple!) is the purpose of this magazine. We hope that the thoughtful articles and other insights and information from our students will help start you on your unique path at Bishop’s.

I also encourage you to stay connected with us. Visit us on our social media, join the Incoming Student Facebook Group, view our videos, visit our website, and don’t be afraid to reach out to us – we are only an email away: recruitment@ubishops.ca.

Once again, congratulations on being admitted to Bishop’s. We hope you enjoy this magazine, and we look forward to welcoming you to campus during move-in day on Saturday, September 2nd. See you soon Gaiter!

Raise a Toast!
Your future Principal, Sébastien Lebel-Grenier, and the entire Student Recruitment and Retention Team
**The Arches**
The Arches are the location at the front entrance of the university formed by the indoor connections between the Johnson and McGreer buildings, and giving entrance to the Quad. “The Arches” is commonly confused with the arches of the Bishop’s Bridge, which links Lennoxville to the Bishop’s campus over the Massawippi River.

**Bleed Purple**
A phrase used to explain the full impact of our school spirit and Gaiter pride. Purple, one of the school’s official colours (along with silver), is so important to our identity that it becomes part of who we are. It’s not just a colour, it’s a lifestyle. #BleedPurple

**The Quad**
The Quad is the heart of the BU campus, framed by McGreer, Johnson, the Library Learning Commons, Bandeen, and NoPo (Norton/Pollack). Your first introduction to the Quad is during Orientation Week, where many events (sign-up, Gaiter Gardens, concerts, etc.) will take place, usually under a large tent. It’s next to impossible to walk through the Quad without seeing someone you know, which can be both good and bad.

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**The Massawippi**
Ah, the Mighty Massawippi river, the lifeblood of Bishop’s University. Whether it’s glistening in the low morning sun, or flooding the streets of Lennoxville, the legend remains that the word “Massawippi” is from the ancient Gaiter root word for “home.”

**The Plex**
Renovated in 2015, the John H. Price Sports and Recreation Centre, located right behind Kuehner residence and beside Coulter Field, known as the Plex contains workout facilities, a combat room, a dance studio, a pool, gymnasiums, a skating rink, and so much more. And it’s all included in your student fees.

**Bogmate**
A “bog” is British slang for toilet or washroom, a “bog-mate” is someone who you share a bathroom with in the “bog” style residences (Abbott, Kuehner, and Munster). There are typically two people in this living situation, and often function similarly to roommates.

**The Principal**
Most universities have a President, but Bishop’s is one of only three Canadian universities that still use this British title for the head of the university. You’ll meet the Principal at least once during your first week at Bishop’s, as you serenade them with the school song.

**Students’ Representative Council (SRC)**
The SRC is a non-profit student-run government to which all students automatically belong. It’s your voice in terms of student-related issues. The SRC also represents B.U. students at provincial and national levels. As a first-year student, your first interaction with the SRC will be Orientation Week, which they plan every summer!
Kwigwâmna

Kwigwâmna, which is an Abenaki word meaning “our house,” is the name of the new Indigenous Students’ Gathering Space and Resource Centre. An iconic campus building, Divinity House, which has served many different purposes over the years since its construction in 1892, is being transformed into a space dedicated to Indigenous students, learning, healing, reconciliation and understanding.

The Gait

One of the main questions you’ll face as a Bishop’s student is “Isn’t it spelled GATORS?” Your answer should be “I know how to spell alligator, thank you very much,” followed by an explanation that we are all named after boot coverings traditionally worn by Bishops of the Anglican Church who founded the school in 1843. But yes, we still have a giant purple alligator mascot.

Doolittle’s Co-op


The Purple Pod

The Purple Pod is one of our campus’ newest eateries. Located in the newly-renovated Student Centre, the Purple Pod offers a wide variety of food options from all-day breakfast burritos, tacos, burgers, pizzettas, poutine, smoothies, and more! Those on a campus meal plan can also use the Purple Pod as a great grab ‘n go option when on the run or as a late night option. We recommend trying the breakfast poutine – you’re welcome!

Gaiters

Like Doolittle’s, The Gait is student-run, with all of the profits going right back to you. The Gait is the on-campus pub, open for Quiet-Night Tuesdays, Happy-Hour Thursdays, and Gait Night Saturdays, as well as academic wine and cheeses, speakers and other special events.

The Student Centre

The Student Centre is made up of three buildings which are officially known as Majorie Donald House, Memorial Hall, and the Bishop Mountain building. But trust us that no student is going to know their proper names! The Student Centre is in the heart of campus and is the hub of all student activity including the SRC offices, Doolittle’s Co-op, The Gait, The Purple Pod, Mail and Print Services, counselling services, careers office and other Student Services offices.

The Lights

“Meet at the lights?” is probably a phrase you will hear frequently and even come to utter yourself. “The Lights” are the main set of lights in Lennoxville, at the intersection of Queen and College streets. It is marked by popular sites such as The Lion pub (Le Lion D’Or), the Lennoxville Library, Subway, and one of Lennoxville’s many churches.

Winterfest

Winterfest occurs in mid-January to welcome all Gaiters back to B.U., in true Canadian style. The weekend includes concerts at the Gait, “Jay Day” (a day of skiing at local mountain, Jay Peak), and a day of winter festivities on campus and around Lennoxville – with street hockey in the Quad, community sleigh-rides, poutine-eating contests, and the famous BU Rail Jam (ski and snowboard trick competition).

The Lights

Homecoming

Homecoming or HoCo, is probably a word you have heard before, but may not know what it means. Homecoming occurs over a weekend early in the school year and centres around sporting events and the bringing-together of Gaiters past and present to celebrate all things Bishop’s. Expect to see the campus in its full glory with an ongoing schedule of events for all. Wearing as much purple as possible is a must!

The Purple Pod

The shorthand for Orientation Week, it is the first week of activities for incoming students at Bishop’s. Organized by the SRC, Orientation Week includes concerts, academic tours and orientation sessions, a day to meet with the SRC’s 60+ student clubs, and an opportunity to meet the amazing people that you will be sharing your Bishop’s experience with. Meet the gigantic team of Orientation Week leaders, judges, and other new students, and let them welcome you into the Gaiter community in style.
Hello future Gaiters!!

My name is Emma Ireland, and I am currently a first-year student from North Vancouver, B.C. I am currently majoring in International Studies with a double minor in French and Psychology.

If there is one thing that I could say about my first year at Bishop’s, it would be that it’s been one of the best years of my life. Coming to BU is truly one of the best decisions I’ve ever made. Moving across the country alone was an exciting experience, though not an easy one. Because of this transition, it was important for me to be in an environment that felt like a home away from home and that is exactly what Bishop’s is to me. One of the things that makes BU feel so comfortable, is the people. Everyone is so friendly, kind, and welcoming, and the stunning surroundings don’t hurt either! Wherever you go on campus, or even when venturing out into Lennoxville, you are bound to be saying hi to people all the time. It’s the beauty of Bishop’s. Being part of this small (but mighty) community allows you the opportunity to interact with everyone from students, to staff, to professors. I’ve made so many amazing connections both in and out of the classroom. On that note, the staff and teachers here go above and beyond. They are so willing to help and go the extra mile because they want us to succeed, and be happy doing it. In addition, the small class sizes allow your profs to get to know you by name within the first two weeks of school. There are also plenty of academic resources available, and it makes all the difference.

What makes BU stand out? The incredible opportunities, activities and events provided here on campus. Personally, I decided to join the figure skating club this semester, and it’s been such a blast so far. If figure skating isn’t your thing, I can assure you that you will find something you love whether that be a sport, intramural sport, activity, or club. Bishop’s really does have it all. In addition to this, there are plenty of opportunities to work and volunteer. I’ve had the chance to volunteer with two blood drives that the campus has hosted, as well as an Open House which took place last November. More recently, I had the privilege of calling BU alumni and donors of our school to personally thank them for their contributions. It’s experiences and unique opportunities like these that let me know I definitely chose the right school. BU is all about pride, and we are so proud to be Gaiters. To add to the BU spirit, The BU SRC organizes tons of activities and they are one of my favourite organizations on campus, as they are all about us students. A few of my favourite activities so far have been the pet support day, hot chocolate day in the quad and the much-needed care pack kits provided during final exams. Just when you thought it couldn’t get any better, BU hosts some of the most unforgettable events each year including O-week for incoming students, HOCO (SO MUCH PURPLE), Winterfest (renowned) and plenty of fun theme nights at the Gait. I’ve made some of my best memories here and it’s where I’ve met people who will become my lifelong friends.

If you’re looking for an adventure of a lifetime to go alongside an excellent education, than this is the place for you! If you see me around campus, please don’t hesitate to say hello!

Author: Emma Ireland
Program: Bachelor of Arts – International Studies, Minors in Psychology and French Studies
Things I Wish I Knew in my 1st Year

Get involved. The easiest way to make the most of your experience at Bishop’s is to get involved in the community. From O-Week and Homecoming, to departmental events and Donald Lecture Series, there’s always something going on! Don’t be afraid to step out of your comfort zone and experience all that Bishop’s has to offer.

Making friends is easier than you think. Everybody is in the same boat the minute they step on campus, so don’t be afraid to put yourself out there! There are plenty O-Week events geared towards helping you make friends, but also don’t be afraid to spark up a conversation with your neighbours or your classmates.

Get to know your professors. That’s one of the benefits of our small class sizes! It will really come in handy when you need extra help with an assignment or a recommendation letter.

Stay active! Take advantage of the gym, or simply go on a walk on one of the beautiful nature paths that cross through our campus. Your body and your mind will thank you!

Looking for a job? There’s plenty around! Whether it’s the SRC, The Campus Newspaper, Sodexo or professors themselves, there’s always someone hiring on campus. Applying is easy, and it’s always nice to have a bit of extra spending money.

Take a course outside of your main area of studies. It’ll help you meet new people and discover new interests. Who knows, you could find a new minor or even switch majors!

Go to games. Even if you don’t understand what’s happening on the court or field, games are super fun to attend with your friends and support your fellow Gaiters!

Go off campus once in a while. Lennoxville is beautiful and quaint, full of hidden gems as are the Eastern Townships. Downtown Sherbrooke is also only a short bus ride away; you could check out the mall, see a movie, or try out a new restaurant.

Use the resources available to you. Bishop’s offers many resources and services to help students with whatever they may need. From counselling and tutoring, to the health clinic and the peer support centre, don’t be afraid to reach out; we all need help at some point.

Sign up for clubs. There are so many clubs on campus, something is bound to catch your eye. If nothing does, don’t sweat it, it’s super easy to start a club of your own.

Go to professors’ office hours. Your professors want you to succeed! Let them help you become a better student!

Attend your classes. I’m not going to deny the appeal of sleeping in, but going to class is crucial to understanding material. Classes are small, so the professors will notice both your absence and your presence.

Wait until classes start before buying your textbooks. Don’t rush into it, your professors will tell you if you can use an earlier edition, or use a different version. You may even be able to rent the book instead of buying it, or might end up dropping the class all together.

Get creative at Dewies. There are many options available for you on the daily, but don’t be afraid to experiment either. There are always different ways to spice up a meal.

You can take a weekend off! Take some time off assignments and course work to discover Montreal, Quebec City, or even the States! Boston is only 4 hours away, and there’s only a 6.5 hour road trip between campus and New York City.

Looking for drama? The Drama Department’s theatre festivals are open for anyone to get involved in, on stage or backstage! There’s two every year, as well as four productions which make for a wonderful night of theatre on campus.

Attend the Donald Lecture Series. Every year, the school welcomes wonderful speakers from all around the world to share their experiences and knowledge with us. From Dr. Jane Goodall, to Edward Snowden, and Colonel Chris Hadfield, you don’t want to miss out on these lectures!

Bring costumes, something fancy, and winter gear! Here at BU, we like dressing up. Whether it’s Halloween costumes, retro winter gear for Winterfest, or a fancy attire for Gait Gatsby and departmental mixers, be ready to look your best!

Call your parents once a week, even if it is just to check in. They’ll want to know how you are doing, and hear all the new stories you have to share. University is as big a change for you as it is for them!

Take time for yourself. Don’t be afraid to say “yes,” but don’t be afraid to say “no” either! It’s easy to get caught up between classes and student life, so whether it’s sleeping, working out at the Plex, or just spending some quality time alone, make sure you’re taking care of yourself.

by Maria Clavelli
Program: Bachelor of Arts – Honours Drama and English major, Communications & Digital Culture, and Classics minors; Class of 2020 Hometown: Punta del Este, Uruguay
As I reflect on my time at Bishop’s University, I think about all the memories and experiences that have shaped the person I am today. **Choosing BU was one of the best decisions I have ever made.** I have created strong friendships that will last a lifetime. I love Bishop’s so much I stayed for a fifth year to add a second degree and played a final season of varsity soccer.

I remember the first time I stepped on campus, like it was just yesterday. I was recruited to come to a soccer camp at the school on a very chilly November day. I remember taking a tour and thinking it was the most beautiful campus that I had ever seen. The small class sizes and tight-knit community made it an enjoyable place to learn and participate in the classroom. I was instantly convinced that B.U. was the school for me.

I was very nervous about making friends, figuring out my class schedules and locating my classrooms. Luckily, the small school size made it quite easy to eliminate my concerns.

**Orientation Week was the highlight of my first year. I instantly connected to those around me, and I fit in seamlessly. This is where I met my fellow classmates who have now become my best friends.**

Throughout my time here I was given the opportunity to be involved within many aspects of student life. Being a member of the varsity women’s soccer team has allowed me to help in many aspects of the community. Fortunately, I was given the opportunity to participate in an internship within the athletic department. During my tenure, I held various positions such as the VP of Marketing for the Finance Society, the co-lead of Marketing and Alumni Relations for the Sports Studies Society. I eagerly participated in CASE competitions and became the co-host of the Gaiters Lead Podcast. One piece of advice I would give my younger self is to get involved in as many activities as possible. This will allow the opportunities to meet so many amazing people, create bonds and support the community. All these experiences have enhanced my wellbeing and enabled me to enjoy the incredible memories that will last a lifetime.

Overall, Bishop’s University is a wonderful place with amazing people. The smaller class sizes set you up for success and allow for superb communication between the students and professors. **There are many fun events on campus and various activities to explore. All you have to do is find the ones that are right for you!** Finally, remember that the people and the memories you make will be ones that you cherish forever! Let’s bleed purple together!

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Author: Chloe Calitri
Program: Bachelor Business Administration Marketing and Sports Studies
ABBOTT
Abbott, how do I even start? I lived in Abbott in my first year, and now in my fourth year, I am here once again. Starting my Bishop’s experience in Abbott was one of the best decisions I had made. As I was far from home for the first time and was a little intimidated by traditional style residence (I now love traditional style as well, having lived in Mackinnon during my third year!), living in Abbott was a great way of having the experience of residence, while still having a semi-private washroom. In my case, because I was in a double room, I had to share my washroom with an amazing roommate and an amazing bog mate. The location of Abbott, I believe is one of the best on Campus as it is conveniently a few steps away from Dewies, about one minute away from the Sports Plex in one direction and about 3 minutes away from the Student Centre in the other direction, and less than 10 minutes away from anywhere else on campus! I have met some incredible people in Abbott, and I have wonderful memories in this building that range from spending all day (and night) studying in one of the study rooms, to staying up all night watching movies in the basement. You would not regret living in this wonderful residence building.

Aleena Boekhoudt
Program: Bachelor of Arts - Sociology concentration in Criminology, Law and Social Policy
Hometown: Paradera, Aruba

KUEHNER
Kuehner (pronounced “keener”) is home sweet home to a medley of new and returning students. As the residence hall located closest to the Sports Plex and furthest from the Library, this New Side building houses students tough enough to make the daily trek across campus to class (5-7 min.), come rain, snow, sleet, or shine! Jokes aside, this recently renovated residence is just a short walk away from your academic classrooms, and a stone’s throw away from the Dewhurst Dining Hall and the Sports Plex, as well as the Student Centre! You’re never in a hurry, as the resources you need are right at hand. The best thing about Kuehner is the thriving community - hands down. Equipped with common rooms and a basement with a pool and ping-pong tables, life in Kuehner is always thriving and jam-packed with activity. Once you move in – you won’t have trouble fitting in! After all, your RA is but a few steps away, ready to give you advice and support. Whether you are an early bird or a night owl, coordinating with your bogmate is key to avoid waking each other up, especially for the hectic midterm season! Once you move in, don’t be afraid to reach for the stars – I can certify that once you’re here, you will be awed by the campus – and you’ll leave with wonderful friends and fond memories.

Arthur Shut
Program: Bachelor of Arts – History and Global Studies
Hometown: Toronto, Ontario

MUNSTER
I have lived in Mackinnon, Kuehner and Abbott, but none of these buildings have been as calming as Munster. Although located nicely near Dewhurst Dining Hall, the Sports Plex and about 7 minutes away from classes, it offers an oasis of quiet on our beautiful, but busy campus. During a pandemic year, I was lucky to have a space that I could feel comfortable in 24/7 as well as have the flexibility to complete so much of my homework and classwork. Munster boasts beautifully renovated rooms, many different common rooms and study rooms as well as a Zen room with a massage chair. As Munster is a 24-hour quiet building, I am able to get my work done easily and relax from a hard day. The Residence Life Team encourages community building and will often host events where you can meet a host of different people from all over the place. The community here is as involved and supportive as BU students are anywhere you look. The beauty of BU is that help, support and connection are only one “Hi” or other greeting away. Munster offers the connection to your community as well as your own privacy with its bog-style rooms. If I had to describe Munster in one word right now I think it would be … HOME.

Amy Tebbit
Program: Bachelor of Science – Biological Sciences Health Science
Hometown: Johannesburg, South Africa
**PATERNSON**

I’ve lived in Paterson in my first year, and now I’m back in Pat for my third year as a Senior Resident Assistant (those eagle-eyed will notice I also lived in Kuehner!). I made some great memories in Paterson thanks to the amazing communities that sprout in its halls. The Paterson rooms are apartment style, meaning you’ll be paired with three other residents, each with their own bedroom, in a shared kitchen space with two bathrooms and a nice common area. Roomies get to know each other, and so do apartments! Best advice I can give you is that you really make the most of what you put into your time in residence, so don’t be afraid to reach out to the people across your hall or someone you saw in your classes. Who knows? The people you randomly do dishes with may become amazing friends. Paterson is right next to some of my favorite places. I personally love to play squash in the Sports Plex and grab a bite at Dewies with my friends. Not to mention that there are beautiful woodland patches right next to the building where I love sketching and relaxing. All in all, you’ll form connections that will really matter, so take advantage of your time in residence! It may be overwhelming – but you got this. It’s a challenge, but the challenge will give you the thrills of a new and exciting university life.

Arthur Shut  
Program: Bachelor of Arts – History and Global Studies  
Hometown: Toronto, Ontario

**NORTON & BANDEEN**

Norton and Bandeen overlook the historic Quad and are the closest residences to the university centre and most of the academic buildings. They are known for their spirit, camaraderie, and pride. Norton is connected to Bandeen through the 2nd floor. Both are traditional-style buildings, which means you have a single private room while sharing a washroom with the rest of the people in your hallway (usually around 7-9 people). I like the fact that the washrooms are gender-neutral and inclusive. Norton also has study rooms and common rooms where you can hang out with friends or other students. Norton and Bandeen residents also have access to the pool table located in the basement of Norton. The fun and close-knit community of Norton and Bandeen help jumpstart the life-long connections you will form at Bishop’s.

Aaricia Du Bois de Nevele, Residence Life Coordinator  
Program: Bachelor of Arts – Psychology and Japanese (Class of 2020)  
Hometown: Trois Rivières, Quebec

**MACKINNON**

I’ve lived in Mackinnon for three years: as a resident, a Resident Assistant, and a Senior Resident Assistant. Each year I knew I wanted to go back: Mack has an open and friendly community that you just won’t find anywhere else! Mack is a traditional style building, which means you have a single private room while sharing a recently renovated bathroom with the rest of the people in your hallway. The bathrooms are gender-neutral, making the building an accepting space. Mackinnon also has a kitchen, a study room, and multiple common rooms where you can hang out and watch TV or play pool. My favourite thing about Mack has been how easy it is to meet people and make friends. Walking down the hallway, it’s not uncommon to see at least one or two open doors! Although these past couple of years have been unconventional ones, it has not stopped Mackinnon students from making friends for life!

Gillian MacLean  
Program: Bachelor of Arts - Sociology concentration in Family, Health and Community, with Drama and Fine Arts minors  
Hometown: Halifax, Nova Scotia

**HODDER – JANUARY 2023**

Named in honour of the first woman at the head of a university in Quebec and at Bishop’s University, Janyne Hodder Hall is the newest residence on campus in twenty years. This new fully-furnished 93-bedroom residence has a spacious modified bog-style format that allows for more common space between bogmates as well as residents from the rest of the building and other residence buildings. Modern conveniences such as a multimedia/gaming lounge, Zen/yoga room, full common kitchen, coupled with state of the art fully-accessible suites for people with reduced mobility, study rooms, floor to ceiling windows, outdoor mini-amphitheatre, and located directly in-front of Campus Security office and Dewies Dining Hall, make on-campus living options even better. The project of over $16 million was almost entirely self-funded through Bishop’s University operating budget, with some funding generously provided by donors.
BISHOP’S LIVING LEARNING COMMUNITIES

BECOME A PART OF AN AMAZING COMMUNITY!
Living Learning Communities (LLCs) offer students living in residence a unique opportunity to live in a close-knit community with peers who share similar interests and values. These communities help bring students together to kick-start your university experience. Sharing experiences, having fun and providing opportunities for personal growth are the aims of this program. The Living Learning Communities are also supported by a Residence Life staff member who will provide tailored extra-curricular experiences and opportunities. Students from all academic disciplines and varying stages of study are welcome to apply. All you need is an interest in the community’s theme and a desire to participate throughout the year.

THE LEADERSHIP FLOOR [HODDER RESIDENCE]
The Leadership Floor builds the foundation of a Bishop’s student leader. Through various workshops, group activities and special guests, students living in this community will develop the necessary skills needed to navigate the complexities of leadership. Students living in this community will be prepared to take on student leadership roles throughout the university and beyond! Joining this community means joining other like-minded people who want to maximize their Bishop’s experience. It means joining a group of students who don’t just want to attend BU but help shape it.

FRENCH IMMERSION FLOOR [ABBOTT RESIDENCE]
Bishop’s University Residence Life Team, in collaboration with the Department of French and Quebec Studies has created a French Immersion LLC to bring together students who are interested in French language and Quebec culture. The French Immersion LLC will welcome students of all language levels, providing an opportunity to enrich their appreciation of all aspects of French and Quebec culture, language, traditional and sustainable cuisine, entertainment, and sports, amongst other things.

ECO FLOOR [PATERSON HALL]
Immerse yourself in the vibrant world of sustainability on the Eco Floor, dedicated to environmental and social sustainability. The Eco Floor is more than just a place to live, it’s a community where students actively shape the future of our planet. Here, you’ll craft and execute action plans, fostering sustainable habits in your daily life while enjoying the freedom to champion the sustainability aspects that resonate most with you. Whether it’s advocating for policy change, making personal lifestyle adjustments, or organizing impactful events, The Eco Floor empowers you to lead the way toward a harmonious coexistence with our planet. Discover your potential for positive change; The Eco Floor awaits the next generation of eco-conscious leaders! If you have questions or would like to chat about the Leadership Living Learning Community, please contact the Residence Life Team at residencelife@ubishops.ca.

Author: Enzo Evangelisti, Residence Life Coordinator (RLC)
As an exchange student on my second semester, with just the home stretch left before I return to Finland, I have reflected a lot on my experience here at Bishop’s. It has been nothing I was able to imagine beforehand, from the uniqueness of Québécois culture to the incredible people I have met. Of course, coming here was scary at first. Most international students can probably relate to how strange it feels to leave your familiar environment and routines, not knowing exactly what lies ahead.

But more powerful than the initial doubts and worries was the freedom. I didn’t know what was coming, but I knew it could be life-changingly good. Starting my exchange would be a new beginning. If at home I sometimes felt trapped by the familiarity of my hometown, of knowing the same people for most of my life, in Canada I could be whoever I wanted to be.

Looking back, I have experienced a lot of the things I hoped for and some I didn’t even know to hope for. Hiking in the stunning autumn colors, visiting big cities, learning from inspiring teachers, roaming around Lennoxville at night with friends… I have so many beautiful memories of my time here, but they would be nothing without the people I got to share them with. The best thing about Bishop’s by far is how tight-knit yet diverse the community is. It really provides opportunities I would encourage everyone to seize, of being able to make connections that will last over time.

and distance. This will for sure be the part of my exchange I am going to value the most, long after I return home.

Everything has not been easy, of course. I have never had to spend this much time away from my friends and family. With other international students sharing their experiences I have realized that returning home is not even an option for everyone. Leaving everything you know is never easy, but everywhere at Bishop’s I see people who have done it anyways. I have learned that I am not alone in having doubts, feeling anxious, feeling down sometimes. The difficult feelings are an inescapable part of studying abroad and life in general. We just need to remember that there is incredible support to be found all around us and at the same time, valuable perspective to be gained from each other.

Anyone who has spent some time at B.U. knows, that it is full of surprises to anyone open to discovering them. University in general is a scary but exciting time, and that is especially true for international students. Everything is just a little bit more frightening, but at the same time you have all the more potential of discovering amazing things about yourself and the world you inhabit.

In the end, the most surprising aspect of my exchange has been how much it has changed me as a person, how much I have been able to grow and learn from the amazing people around me.
WHAT SHOULD I ATTEND DURING O-WEEK?

During the first week of the school year, we host Orientation Week, where the Students’ Representative Council (SRC) organizes a full week’s worth of academic and social events designed to engage new students to help integrate and welcome them into the Bishop’s community. From tours around campus with upper year students, to serenading the Principal, a concert in the Quad, and scavenger hunts around Lennoxville, there are activities for everyone. It’s an amazing way to get to know not only other new students but it is also the best place to meet upper year students who are involved as leaders, judges, and organizers. As for which events you should attend? As many as you want! But don’t miss out on the mandatory “Bystander Intervention Training” or “Can I Kiss You?” talk, as well as the Closing Ceremony wrapping up O-Week with music, dancing, and awards!

WHAT ARE SOME OF THE FUN PLACES TO GO TO IN LENNOXVILLE/SHERBROOKE?

Depending on what you like to do, there are a variety of things you can do in and around Lennoxville and Sherbrooke. From plenty of walking, hiking, skiing and biking trails, to restaurants and clubs, to the movie theatre and shopping malls, rock climbing and the Lion (our local pub). For more ideas of cool places to head to, check out our Top 20 Sherbrooke and Lennoxville Must-Sees!

HOW DO I GET TO MONTREAL/ AIRPORT/TRAIN STATION?

A shuttle bus (Limocar) comes to campus on Fridays which takes you to downtown Montreal, but you can also catch the city bus or take a taxi into Sherbrooke to the bus depot throughout the week. Otherwise, we have a few carpooling options that you can find through Facebook and other BU social media sites. We also have an Aeronavette shuttle directly to the airport.

WHERE ARE SOME QUIET STUDY PLACES?

Depending on your own preferences, you can study in a variety of areas. The Library Learning Commons and Old Library, of course, have a variety of places for either group or individual study, but each residence also has study rooms or common rooms, which can be used for studying. The Chapel can also be an amazingly quiet and relaxing place to study and reflect. The Sports Plex as well as Brûlerie Faro, while not always quiet, offer great spaces to study and enjoy some delicious beverages.

IS THERE A CURFEW?

No, but living in residence does have its rules and one of them is having designated and enforced quiet hours. From Sunday to Thursday, quiet hours start at 11 p.m. From Friday to Saturday, they start at 1 a.m. Quiet hours are in place to ensure that all students have an enjoyable time whether you want to stay in or go out. So, no curfew - just quiet hours.

HOW DO I SEND CARE PACKAGES TO MY STUDENT?

Students can obtain a mailbox on campus where you can get packages and mail sent to. You can also send mail and packages outbound through our Mail and Print Services located in the Student Centre.

HOW DO I GET TO DOWNTOWN SHERBROOKE OR THE MALL?

Bishop’s has three bus routes that come to campus regularly. Hop on the #2 bus to downtown Sherbrooke where you can explore the central business district with many restaurants, shops, movie theatre or pubs, or take the #11 bus to the Carrefour de l’Estrie (the mall).
Hey GaiteRs!

My name is Victoria Perak, and I am a fourth-year student pursuing an Honours in Political Studies, Major in International Studies and a Minor in North American Studies. I am originally from Kitchener, Ontario.

In Grade 12, I was so unsure about where I wanted to go to university and what I wanted to study. Up until that point, my journey was very linear and the next step seemed very natural. I toured many schools across Ontario and didn’t click with any of them. A friend from my high school told me about how much she loved her school in rural Quebec - I had never heard of Bishop’s before then. I drove the eight hours with my parents for a campus tour and everything fell into place. I loved the architecture on campus, the community and small class sizes. I am so thankful to go to such an amazing school surrounded by people that have become a second family.

The transition from CEGEP or high school can be difficult for many - I definitely struggled in my first semester. However, having small classes and the flexibility to talk one-on-one with my professors really helped me persevere. I have been able to build relationships with many faculty members at B.U. which has made all the difference. If I could give you one piece of advice, it would be to look at the courses offered in your program in the academic calendar. This can help you explore the kind of content you will be learning in that class or program - it has been a life saver for me!

Within my department, I have been very active with the Politics and International Studies Association serving as an Events Aide (1st year), Director of Events (2nd year), Vice President (3rd year) and Presidents’ Aide (4th year). This association has been pivotal to my success at B.U. - giving me the opportunity to participate and plan events, network with alumni and professors, and get to know other students in the department. As well, within the department, I was a delegate, Head Delegate and now Simulation Chair for the Model United Nation Practicum, grader, research assistant and helped coordinate the Canadian Undergraduate Security Conference. These opportunities have helped build a foundation in a field that I am truly passionate about.

Some of the other opportunities I have had the honour of being involved in are:
• Vice-President of Academic Affairs and Social Science Senator for the SRC
• Board of Student Representatives Chair
• O-Week Head Judge
• Student Ambassador
• Charity Fashion Show Fundraising Director
• Peer Note-Taker

My biggest piece of advice is to make this journey your own. There are so many opportunities to explore with all different types of interests through classes and clubs - you might surprise yourself! Bishop’s is a special place that encourages students to reach their highest potential and I could not be happier to bleed purple! My purple mark is pursuing what I am passionate about and finding opportunities to get involved on and off campus — what will be your purple mark?

Author: Victoria Perak
Program: Bachelor of Arts Honours Political Studies and International Studies double major with North American Studies minor
When I think about everything I have accomplished and where I am now, being the Coordinator of Indigenous Student Support Services at Bishop’s University, I believe I would not be in this position if it were not for the experience and knowledge I have gained through the Turtle Island Internship and co-leading the Indigenous Cultural Alliance (ICA) club. The goal of this internship was to give Indigenous students an opportunity to share and celebrate their diverse cultures and traditions with the rest of the BU community. As the Turtle Island intern, you are always trying to find a way of bringing a piece of home to campus to share with everyone else, I was able to bring black ash basket weaving workshops.

There is an Indigenous Student Support Centre (ISSC) on campus since 2021. ISSC helps create a sense of community amongst the Indigenous student population which was probably the most beneficial and supportive community for me when I was a student and through what I can observe, it remains the same feeling with our current students. It is a community composed of different nations, yet most understand exactly what it is like being an Indigenous student going to school outside of community, trying to deal with culture shock while also staying on top of their academics. There is nothing like peer-to-peer support.

Soon, there will be Kwigw8mna (an Abenaki word that means “our and everyone’s house”). It is a four-story building (estimated to open January 2025), that is being renovated right now to become an Indigenous Student Support and Resource Centre. Kwigw8mna’s primary goal is to provide a ‘home away from home’ for Indigenous students by fostering a sense of community, comfort, and representation. We hope that this will help the students achieve their highest academic potential by providing academic, cultural, and community support. Another purpose of this building is to help facilitate dialogue and cultural exchanges between Indigenous and non-Indigenous community members. The building will include a quiet study area, a kitchen, Indigenous support offices, a research office for advancing Indigenous research, an apartment for visiting Elders/speakers, and the Friendship room (a gathering/meeting room of various purposes). Kwigw8mna will help facilitate the education of the BU community through the building’s rooms, art, outdoor gathering space, land-based learning opportunities/events, and much more!

ISSC also organizes the National Week of Truth and Reconciliation, Moose Hide Campaign, Vigils for the Missing and Murdered Indigenous Women, Girls, & Two-Spirit, basket weaving workshops, etc. For Indigenous students, there are a lot of cultural workshops to participate in such as beading, moccasin making, ribbon skirts & shirts, land-based training, moose hide tanning, etc.

Whether you are an Indigenous student or not, come see the Indigenous Student Support Centre (ISSC) to find out how you can get involved, receive support, or learn some more!
As young people, it is important to us that our university values sustainability, and invests in a greener future for its students. Our new sustainable development department, along with the Student Representative Council (SRC), act together as the Sustainable Development Action Group (SDAG), to advocate for a more sustainable campus, and support students at B.U. to leave their green mark on campus!

SUSTAINABLE STUDENT INVOLVEMENT OPPORTUNITIES

Our university holds an environmental club that encourages students to lead a more sustainable lifestyle and raise awareness of environmental issues through workshops and Eco-Week, a week to advocate for all their values to the Bishop’s community. Other environmentally conscious clubs on campus include the Sustainable Agriculture and Food Systems (SAFS) club as well as the Outdoors club. Finally, the SDAG also serves on the Green Levy Committee which is a fund that can be granted to any student who has an innovative project based on sustainability to start on campus.

THE SUSTAINABLE DEVELOPMENT PLAN

In 2022, Bishop’s released its 2020 - 2024 sustainable development plan, outlining the university’s strategies to reduce its carbon footprint. Some of the commitments in the sustainable plan have already been implemented, such as our steam and cooling system which previously ran on gas and oil being replaced with a geothermal system, which has saved the university more than 2,300 tons of CO2 per year! On April 20, 2023, Bishop’s University announced it has achieved carbon neutrality in terms of greenhouse gas emissions (GHGs), from owned and controlled sources and energy purchases, surpassing its original goal of reaching this milestone by 2030.

GREEN CERTIFICATIONS

As of 2011, Bishop’s has banned the sale of all plastic water bottles, eliminating huge amounts of waste on campus. In November of 2022, Bishop’s received the official Fair-Trade Campus designation from FairTrade Canada. This means that all of the foodservice locations under campus control now offer a range of fair-trade coffee, tea and chocolate. In January of 2023, Bishop’s also received a bronze-level certification from VÉLOSYPATHIQUE, as our university promotes, encourages and advocates for cycling and sustainable transportation among our community.

WASTE MANAGEMENT

Uniform waste stations can be found all around campus, including a recycling, garbage and compost bin, with helpful signs to remind us what goes in which bin. A new addition to our waste management program is our Green Team, which is a group of students who help ensure that waste is sorted properly around campus (an amazing student job). Additionally, all of our cups sold by campus food services are compostable. However, if you bring your own reusable mug to these locations, you’ll get $0.25 off your drink!

REDUCING FOOD WASTE ON CAMPUS

Bishop’s University counts many dining areas all run by Sodexo, an international food service company. As expected, these food courts generate a surplus of food waste. To address this issue, Sodexo in collaboration with the University has implemented programs to minimize wastage, and track consumption. An example is Too Good to Go where uneaten food can be resold at a cheaper price.

GREEN AREAS ON CAMPUS

While a lot of Bishop’s beautiful landscapes were already there when the school was first built, many more came in over the years contributing to biodiversity conservation and education while also making the school more aesthetically pleasing such as the pollination gardens. One of the main wetland conservation projects at this school is the Peter Curry Marsh. The aim of the project was to give ducks as well as other migrating birds, a protected habitat.
Experiential Learning in the Arts

My time at Bishop’s has been marked by a series of unexpected, but ultimately welcome, shifts in direction. I originally came to B.U. with the intention of pursuing a one-year certificate in Arts Administration. Nearly four years later, I’m still here, having just about completed a Bachelor’s degree in Arts Admin and Film Studies, with a wide variety of new skills and experiences I could never have foreseen upon first arriving in this beautiful corner of the world. There’s something about the vibrancy and warmth of the Bishop’s community that draws people in, providing countless opportunities for personal expression and academic engagement.

As an Arts Administration student at Bishop’s, I have had the chance to work with a variety of different organizations, actively engaging with multiple professional disciplines and artforms. One notable example was an incredible summer internship with collectif9, a contemporary string ensemble based in Montreal who have garnered international acclaim for their innovative and energetic reinventions of classical repertoire. This interdisciplinary summer practicum with collectif9 provided essential avenues through which I could consider and practically implement concepts from my studies in the Arts Administration program (such as grant writing, artistic entrepreneurship, budgeting, and marketing) while exploring new and meaningful applications for innovative arts programming.

I also have Bishop’s to thank for a newfound passion for filmmaking and videography, which has been bolstered by wonderful campus initiatives like the Bishop’s University Film Festival as well as such practical film courses as Screenwriting and Digital Filmmaking. Thanks B.U.!
Change is never easy and a change as big as leaving home and moving away for four years seemed scary and, honestly, at times still is. But Bishop’s has made this transition incredibly easy. My name is Faeron Ruby and I am a first-year student in Arts Administration here at Bishop’s. Orientation Week was the perfect introduction to life on campus. I met most of my best friends during that week and everyone was in the same boat.

Nervous, excited, scared. I remember being at one of the concerts on my friend’s shoulders screaming my head off and just thinking, “Wow, this is the start to the rest of my life” and because of the energy and environment, it didn’t really seem so scary anymore. Everyone was so nice and welcoming and I knew I picked the right place.

I come from a long line of Bishop’s alums. My grandmother and grandfather attended Bishop’s along with my mom, dad, and older sister. You might be thinking I’m a little biased but it’s actually the complete opposite. Bishop’s was not even on my radar because I wanted to do something a little different than my family members before me but once I stepped onto campus, there was really no going back. No other school has the sense of community that Bishop’s provides for each and every student. It really is like one big family and from someone who was scared to leave home, that was exactly what I needed.
B.U.'s Thriving Arts Scene

Bishop's University prides itself on a culture that values both freedom and variety throughout the student experience; and one of the most prominent aspects of student life is the ever-flourishing B.U. arts scene. We have a vast selection of music, theatre, visual arts, and multimedia showcases, which translate into a seemingly unending opportunity to enjoy students' work as they continue to hone their craft.

Fine Arts

Our Fine Arts Department is widely recognized for their much anticipated open houses at the end of each semester which showcase student works from the term. These provide a wonderful insight to the inner workings of the program, as well as an opportunity for students to explore the curative process of building a catalogue while transitioning their work from a private studio to a gallery setting. Similarly, the Grad Arts Show debuts the work of graduating students who strive to enhance their profile and bring national attention to their work.

Film

The B.U. Film Festival (or, as we call it, BUFF) is a competition celebrating the creativity of student-made short films that are written, directed, acted, and filmed by students from any department. The submitted films are shown at a gala event in March and can subsequently be sent on to national film festivals and grant submission committees; not to mention it's the perfect excuse to take a break from studying and rally your crew for a movie night out! Film students are often also given the chance to collaborate with other departments to film productions or events, giving them fantastic hands-on learning opportunities all year round.

Drama

The Drama Department presents two productions each semester and that's only the tip of the iceberg. The department also plays host to the NewPlays and TheatreActive festivals which feature shows directed, performed, and even written by our students. Students also have access to backstage tech-focussed courses, to show you the ins and outs of running a professional-grade production!

Musical Theatre

In other exciting news, the B.U. Musical Theatre program is fully up and running, with large scale productions being staged each year and a plethora of classes to shine up your skills in a professional-grade hands-on environment. I coordinated and staged the first ever Musical Theatre Concentration Recital at B.U., and it was a roaring success. We are constantly finding new ways for students to showcase their talent and hard work all while learning vital skills to succeed and stand out in their industry.

Music

Nearest and dearest to me (being my primary field of study) is the B.U. Music Department. Students are invited to participate – both as players and spectators – in concerts, open mic nights, and jam sessions hosted by the B.U. Music Society. These shows feature students performing all genres of music and, if that's not exciting enough, the department is home to the Musique Chez Nous concert series, which brings professional artists to our very own Bandeen Hall featuring with free admission for all students. Not convinced? The B.U. Singers Choir also puts on two spectacular shows each year dedicated to showcasing the stellar voices of B.U. and our surrounding community.

Author: Tyler Casat
Bachelor of Arts - Honours Music Performance with Musical Theatre concentration

Tyler, Medicine Hat, Alberta
Greetings all of you BUties! Welcome to your next great adventure, attending university at Bishop’s! My name is Annabelle, and I am a recent graduate of B.U. and have spent my time here laughing, learning, and growing. There are few words that can express how lucky the University is to have you, and for you to have THIS university. This campus is an amazing place, where you fall into things without really planning for them; honestly these spontaneous opportunities often lead to your best experiences. Which is one of the key things I hope for you all to remember, make time for spontaneity.

When I arrived at B.U. I would say that my strongest life skill was time management. I was organized, I had to-do lists, and I felt confident to tackle each day with my game plan in place. However, this didn’t leave a lot of room for spontaneous movement and there are so many ways at B.U. to fall in and have fun. People might be heading to a concert, going night skiing, heading over to the plex to catch the hockey game, or into the town for karaoke. You just never know, and the best part is they always want you to join in with them. So leave room in your schedule for these opportunities: I promise they are worth it.

Get out there and find stuff that sparks your curiosity. Top tip: stay behind in class and chat with your professors. We have amazing faculty here and they are always game to have a great conversation. Be the person who tries, you never know what may come of it. Follow your ideas with actions. Join new-found friends at activities that you know nothing about. Take a class unrelated to your program. Join as many clubs as you like. The goal is to fill your cup with fun until it is overflowing. Your first week of school is a giant leap of faith but trust in the fact that you are meant to be here. Your choices led you to Bishop’s and in no time you’ll find your place in this home. Best of luck new Gaiters!

Author: Annabelle Morgan
Program: Bachelor of Arts, Honours
Fine Arts and Arts Administration

Annabelle,
Orangeville, Ontario
Student Safety Service (SSS) is a first aid service for students operated by students. If you need help we are ready to assist you both on and off campus. To reach us, call Campus Security and ask for Student Safety assistance.

We are a confidential service, but more than that we offer walk homes, first aid, general safety support, and we operate Safe Haven (more about Safe Haven below). Some examples of times we can be useful are when you need assistance with a friend who got injured, is intoxicated, needs some minor first aid, or just wants someone to say hi. We are a free service, and our primary goal is to make sure everyone makes it home safely.

From Monday to Thursday, we operate from 6 p.m. to 10 p.m., if you need a walk home from class, the library, or wherever you may be on campus. On busier event nights, Thursday to Saturday, we operate from 10 p.m. to 3:30 a.m. (in addition to the 6-10 p.m. on Thursday), patrolling on and off campus. During these times, we offer nighttime safe walks. You may see us in the stairwell of the Gait, the main floor of the Gait, around Lennoxville, and/or outside around campus. You can spot us in our large black or blue jackets, and if we are inside we have a purple student safety shirt on. We travel to on-campus residences or off-campus housing in the surrounding Lennoxville area for support. SSS works with Security, Marshalls, Residence Life, and the SRC, so we are well connected.

Safe Haven is a safe space that SSS runs during patrol periods. It is located below the Gait between the two bathrooms, in the same space that both BUnited and the Sexual Violence Support Center operate. Safe Haven exists as a place for anyone who needs a break from the campus pub to either sober up, relieve emotional stress/tension, or provide access to further support resources or emergency services. SSS is a fully confidential service that exists to support students. Anything that is disclosed to SSS remains with them.

SSS also assists at sporting events, wine/cheese events, and large events such as O-Week and Winterfest. Our goal is to allow Bishop’s students to have fun and feel safe while enjoying everything Bishop’s has to offer. Go Gaiters!

Contact studentsafety@ubishops.ca for more information, or possible staff openings.

Reach Bishop’s Security at: 819-822-9711. Put this number in your phone right now…. don’t worry we’ll wait and also download the free SafeGaiter mobile app!
As you first come onto campus you will likely cross over a modest steel bridge that most students, staff, and faculty have walked or driven over to get to the Bishop’s campus. The mighty Massawippi holds its own history with the Abenaki people, long before Bishop’s was founded. The systems in place on campus have worked for many years but as the campus grows in population and diversity there needs to be connections made towards making sure everyone has the opportunity to make the university a better place. Bishop’s is located at the confluence of two rivers, where waters and peoples have come together since time immemorial. This river and bridge may seem a mundane and odd visual to begin with, but it is a perfect metaphor to understand Bishop’s University and is key to understanding how students continue to advocate for themselves on campus. As the Bishop’s campus grows in diversity, there needs to be connections that ensure everyone here has the opportunity to flourish.
EDI ON CAMPUS

The last year has seen the hiring of Amy Abe, the Special Advisor for Equity, Diversity and Inclusion (EDI), who, in her short time here has helped provide a voice in places where students may not be able to access. Amy says much of her job is for the students, to ensure the student voice and experience are central to BU directions and decision-making. Her activism for student equity and accountability includes workshops, advocacy, policy change, and inclusive culture shifts. Students have been able to feel supported while reaching out to upper management and navigating the hierarchy inherent to university structures and leadership. Importantly, students are given a well-needed seat at the table to learn and lead alongside BU faculty, managers, and senior executives. The Special Advisor initiates or sponsors many EDI activities like the recent #BlackJoy PhotoVoice project or the creation of a suite of foundational EDI courses, developed by students belonging to equity-seeking groups. All these opportunities and initiatives give the BU community a foundation in action-oriented inclusion and equity—in other words, the steppingstones to meaningful and urgent social and academic change.

STUDENT-LED ACTIVISM

The best resource Bishop’s University has is its justice-centred student body. We embody the true BU mind and spirit. Many of the themed educational weeks and activities originate from students. We bring our lived experiences and activism to the wider BU community. Student groups are responsible for culture, impact, and growth. An example of this is Sexual Wellness week, where groups like the Sexual Health Committee and the Educational Wellness Committee, provide resources for sexual health. The Indigenous Cultural Alliance (ICA) fosters valuable discourse through fundraisers and guest speakers. These opportunities allow for the student population to share and learn from others’ stories and develop important relationships.

Moving forward, student associations that advance diversity and inclusion must be at the forefront of the budget and thoughts of the Students’ Representative Council (SRC). This is where a townhall approach may work in the future, which is also another student-centred approach to campus accountability. Bishop’s is sometimes perceived as a party school. We also have a long, colonial tradition. But we are also learning and growing. The shift from Bishop’s hegemonic mentality as a white and ‘rave-centred’ school to an inclusive and equitable campus needs leadership from we, the students—and we, the students, need more institutional solidarity and resources.

INSTITUTIONAL ACCOUNTABILITY

When choosing Bishop’s, we were hoping that the close working relationship with professors would allow for an increased ability for improved change within the institution. University classrooms have the potential to be at the forefront of inclusion and equity work—faculty have the potential to be the greatest allies in the pursuit of meaningful social and academic change. This is in fact true and the case with many professors, but it isn’t always comfortable. Although the campus values equity and diversity, achieving concrete actions to promote both equity and substantive equality has been a slow process. Students have been determined to “fight the fight” and promote change from within, but there are still systems of privilege that need to be addressed, and this requires concerted institutional leadership and accountability. One of the ways to address these urgent changes is to ensure that there is a culture of growth, transparency, and accountability for all community members so that problems and issues are addressed and that there is a clear path to acknowledgement and resolution.

Many faculty and staff have been positive role models and are leading the charge with respect to bringing Universal Design for Learning (UDL), or anti-racist and decolonizing frameworks in their classrooms, units, and toolbox. This is needed across all classrooms and services. Pursuing equity within the classroom and academic environment and providing faculty and staff with tools that help ensure that ways of knowing and learning evolve is paramount. We all need to honestly look at our role in the system and how our actions have both micro and macroaggressions attached even without knowing. Working on looking forward and to the future together will help Bishop’s work towards advancing this needed change.

BE PART OF THE MOVEMENT

The student community at BU has become a more diverse place in the last 10 years, which the University touts as a source of pride. It’s no secret that university administration and faculty doesn’t yet reflect the diversity of the student communities they serve. And, though representation is vitally important, it’s not the same as inclusion. We all, from university governance to classroom communities, need to be doing the work of inclusion and equity. Being brave to be a voice for others who have felt silenced is the foundation of student movements both on and off campus. Leadership and structural changes will go a long way in helping BU become the university it wants to be.

Much of our EDI work originates with students at the grassroots level, which means it will start with you. When you come to Bishop’s, come because there is work to be done, and come because you can find allies in the pursuit of inclusion and equity. Reach out to our student-led activists and groups who will help by ensuring the sustainability of campus activism. Drop in for tea with Amy Abe, the Special Advisor for EDI. Build the relationships that will give you a greater understanding and appreciation for the campus we call home. It will give you the chance to make a difference and be part of a legacy of justice and pride. Even though much work has been done, there is much left to do. Will you answer the call?
20 MUST-HAVE ITEMS AT BU

Headphones
Campus can be a loud place, and having these with you can easily make any place a study space.

Extension Cord/Power Bar
Plugs are sometimes not in the most convenient places, so having one of these around makes plugging in all your devices a lot easier.

Blankets
It gets cold in the wintertime, and having a couple of blankets makes it a bit cozier.

Kettle / Keurig
If you’re not a morning person, investing in one of these is perfect: you don’t even have to leave your room for that morning coffee.

Travel Mug
On those rushed Monday mornings, having a travel mug is the perfect way to carry that much-needed coffee or tea to class.

Cork board / White board
Having a board in your room is the perfect way to stay organized and personalize your space. Fill it with your schedules, to-do lists, pictures, anything to help you feel productive in your new room.

Camera
A camera will be your best friend to capture all of the amazing memories of you and your friends to look back upon for years to come.

80’s Style Retro Snowsuit
Rock Winterfest and winter theme nights with your best Crazy Canucks snow gear.
Sometimes leaving your room is not an option. Don’t feel that you have to cut your study session short to go to Dewies, keep all your favorite study fuel in your very own mini fridge.

Whether it be getting ready to go to The Gait, movie nights or just hanging out with bunch of friends, this is a must have for dorm life.

To keep your feet dry during the mud seasons that arrive twice a year - right before the snow arrives and after it departs.

A comfy way of getting around residence without having to put on actual shoes!

Sure, it sounds a little strange, but it’s the easiest way to carry your stuff around during Orientation Week or a night out.

No matter how crazy it is, bring it! #BleedPurple

You can never have too many purple clothes or items. No matter how crazy it is, bring it!

Not all buildings are connected so venturing to class or into town in the rain can be a wet experience. Stay dry!

There is only one proper attire for late night movies with friends: onesies.

Sure, it sounds a little strange, but it’s the easiest way to carry your stuff around during Orientation Week or a night out.

A great way to entertain a bunch of friends on cold winter nights.

Bringing your own pillow ensures that you get the best night’s sleep in your new room.

Purple EVERYTHING!

You can never have too many purple clothes or items. No matter how crazy it is, bring it! #BleedPurple

A comfy way of getting around residence without having to put on actual shoes!

A great way to entertain a bunch of friends on cold winter nights.

There are tons of themed events and holidays going on at BU all year long. Whether it be Halloween, Gait Night, or just another day on campus, there is always an excuse to wear a crazy costume.

There is only one proper attire for late night movies with friends: onesies.

A cozy way of getting around residence without having to put on actual shoes!

There is only one proper attire for late night movies with friends: onesies.

To keep your feet dry during the mud seasons that arrive twice a year - right before the snow arrives and after it departs.

There are tons of themed events and holidays going on at BU all year long. Whether it be Halloween, Gait Night, or just another day on campus, there is always an excuse to wear a crazy costume.

Have your own pillow ensures that you get the best night’s sleep in your new room.
DONALD LECTURE SERIES
The Donald Lecture Series brings speakers of national and international renown to the Bishop’s campus to provide insight, provoke thought, and stimulate debate on the most compelling issues and events in the world today. All lectures are free of charge and open to the public. Past speakers include: Chris Hadfield, Edward Snowden, Rev. Jesse Jackson, David Hogg and Naomi Klein.

RESEARCH WEEK
Come support your friends and professors during Research Week. Undergraduate and graduate students are eligible to participate in three categories: Pitch Perfect Competition, Poster Competition and Creative Art Competition. Learn about student research taking place across several fields and disciplines. Attend conferences by BU researchers and guest speakers. Faculty, staff, and students gather to celebrate at the awards ceremony.

B.U.F.F.
The Bishop’s University Film Festival (BUFF) celebrates and publicizes the creativity and skill of Bishop’s students from all programs through an annual competition in digital filmmaking. Students submit short films, which are screened publicly at our gala in late April and presented with various awards, as chosen by a panel of judges.

ART LAB WORKSHOPS
The Art Lab on campus offers Bishop’s University students a creative space where they can explore their interest in the arts, as well as engage critically with visual and media arts in the region. The Art Lab hosts workshops that anyone can attend. These workshops range from carving pumpkins, to lantern building, dreamcatcher making, henna tattoos, bookbinding, and much more. It’s a great place to go to unwind after a long day, and to let your creativity shine!

MAPLE LEAGUE’S UP FOR DEBATE
Members of the Maple League – Acadia, Bishop’s, Mount Allison, and St. Francis Xavier universities, promise a weekend of stimulating, thought provoking, and delightful events. In addition to plenary speakers, a student debate tournament, a Business CASE Competition, and a series of receptions, the University hosts TEDxBishopsU, a multidisciplinary event that features speakers drawn from the talented pool of students, faculty, alumni, community members, and staff from the four universities.

BU ARTS FESTIVAL
The Arts Festival is a free, weeklong event that showcases the processes and people behind the arts. It includes everything from visual arts to poetry, dance to drama, film to music. Workshops, rehearsals, events, shows, concerts, performances, and more happen throughout the week all over campus! Even the greater Lennoxville and Sherbrooke communities are invited to attend, collaborate, participate, and volunteer!

DEPARTMENTAL RECEPTIONS
These events enable students and professors to engage in discipline or course related topics and mingle over some snacks in a less formal atmosphere. A great way to get to know your professors outside of the classroom and an even better way for them to get to know you (a definite perk for when you need reference letters for Grad School)!

THEATRE PRODUCTIONS
Turner Studio Theatre is home to Drama students, but it is also the place to be if you enjoy theatre! There are a variety of shows that are performed at Turner Studio, from New Plays, performances that are written and directed entirely by students, to Theatre Activ, performances of popular plays and musicals. Tickets are inexpensive, and the entertainment is wonderful!
ORIENTATION WEEK
This is where all the action begins! O-Week is a whirlwind of activities, and an awesome way to make new friends. Some Orientation Week highlights include: the famous “Can I Kiss You” talk about consent; mandatory Bystander Intervention training; dancing under the stars in the Quad at the Gaiter Gardens; welcome concert (previous performers include Classified, The Arkells, and X-Ambassadors); and an awesome hike up Mont Pinacle, one of our local mountains.

GAIT GATSBY
Get out those dancing shoes, tuxedos and feather boas, because Gait Gatsby is an event like no other! The Gait is transformed into an extravagant 1920’s-esque scene, where champagne is popped and fancy costumes are donned by all. You won’t want to miss it!

WINTERFEST
Grab your retro ski gear or onesie and brave the cold to celebrate the BUtisies of winter at one of the biggest events of the winter semester! The Quad is transformed for a winter extravaganza, complete with a ski and snowboard rail set-up, an ice bar, a DJ tent, and of course, a BBQ booth to keep you fueled and warm throughout the day! Dance, ride the rail, or simply sit back, sip hot cocoa, and take it all in!

FASHION SHOW
The Fashion Show is a student initiative that is the largest charity event on campus. Walk the red carpet, work backstage, watch your friends strut their stuff on the runway, and feel the urge to jump out of your seat when the DJ starts mixing. Whether you choose to be in the audience, or walk on the stage, Fashion Show is a favourite event for many. The best part? Every penny raised goes to a local charity!

HAPPY HOUR AT THE GAIT
Held every Thursday at The Gait, this is a great way to celebrate the near-end of the week and socialize with other students and faculty. There is great company, free popcorn, and great music. If that isn’t convincing enough, I don’t know what is!

MENTAL HEALTH & WELLNESS WEDNESDAYS
Throughout the year, each Wednesday is Mental Health and Wellness Wednesday, a combined student and university initiative that works on bringing mental health awareness to the forefront and eliminating any associated stigmas. Seminars, talks, fundraisers, Zen-rooms, campus resource day, and even a puppy room are some of the past activities that help raise awareness on campus.

SURVIVE THE GAIT
Bishop’s Best Game Show allows students to test their limits in a Survivor Style game. Students are given the opportunity to show their resilience while living in the Gait for one week completing various challenges each day. Each day is streamed on the SRC YouTube channel for all students to watch!

HALLOWEEND
Be sure to bring your entire costume trunk with you to Bishop’s, because you’ll be needing a number of costumes for this crazy weekend! Bishop’s students love to dress up so much, we make Halloween a three-day affair. Get ready to see some pretty creative costumes, we start brainstorming and crafting in September!

HOMECOMING
Get out all that BU SWAG, because this is definitely the purplest event of the year! The Coulter Field parking lot (and Lennoxville itself) is filled with excited students and returning alumni for dancing, barbequing, tailgating, and of course, the big Gaiter home football game.
In May of 2022, I was given the opportunity to participate in an intensive program focused on renewable energy and sustainability, in Iceland. This program was led by the GREEN Program in partnership with the Reykjavik University School of Energy. The goal of this experience was to help students gain knowledge in climate, energy, and environmental domains, and advance their careers. Given that I am majoring in environmental studies, this was an opportunity I couldn’t turn down.

On May 16, I departed Canada to fly to Iceland, where 20 strangers awaited me at the airport. We were assigned two very fun and knowledgeable guides, and I was placed with 18 other students, who were mainly from the US. We began to become acquainted with each other and started the classroom education aspect of the program. We spent the first few mornings in class at Reykjavik University, where professors would teach us courses on topics like climate change, hydro power, geothermal energy, and more. Our afternoons were spent visiting geothermal and hydropower plants, and being able to see firsthand the theory we learned in action. Once we had a couple days of courses under our belts, we wrote an exam on the material to test our knowledge.

Another aspect of the program was being able to do some exploration of the beautiful country of Iceland. We went on a variety of hikes, and were able to see some of the natural hot springs, which in fact, are linked to the geothermal energy process. The group and I continued to learn, bond, and share knowledge on our outlooks for the future of the earth’s climate. My favourite part of the program was when we spent three days hiking in the Icelandic Highlands (where Game of Thrones was filmed!). To wrap the experience up, we presented capstone projects that we had been working on all throughout the program. These presentations were done in front of Reykjavik University professors, our guides, peers, and accommodations staff.

My project was a proposal to create a lobbying group for a hydrogen-powered bullet train to link Boston and New York City to each other. The following day, I said goodbye to people I made lifelong connections with, and we parted ways to return home.

Thanks to the B.E.S.T. Project fund, I was able to go on this once-in-a-lifetime program to learn more about my field of study in a context that would not have otherwise been accessible. I gained a great deal of knowledge on sustainable energies, geological processes, and gained clarity on what I would like to do in the future. I am very grateful for the generosity of the B.E.S.T. project fund donor. This fund has allowed me, and countless other deserving students, to have experiences that correlate to their studies and allow them to make a positive impact in their community.

Editor’s Note: The B.E.S.T. Project Fund is the premiere experiential learning opportunity at Bishop’s. Funded by an anonymous Bishop’s graduate, this unique fund assists students in determining their career paths and realizing their ambitions.
EN FRANÇAIS S’IL VOUS PLAÎT

QUAND J’AI ANNONCÉ À MES PROCHES, IL Y A TROIS ANS, QUE J’AVIS CHOISI UNE UNIVERSITÉ ANGLPHONE, ILS M’ONT TOUS RÉPONDU LA MÊME CHOSE, INCÉRÉDULES : « AH, OUI? » MA DÉCISION D’ÉTUDIER DANS UNE LANGUE AUTRE QUE MON FRANÇAIS MATERNEL LEUR SEMBLAIT INSENSÉE ; ILS SE SONT TOUS MIS À VANTER MON COURAGE, QUESTION DE MASQUER LEURS CRAINTES.

Je les partageais, moi aussi, ces craintes. Amoureuse des langues et du voyage, j’avais toujours voulu m’immerger dans le monde et améliorer mon anglais en étudiant mais, alors que cette perspective lointaine devenait réalité, j’avais un nœud dans le ventre. Et si mon anglais n’était pas assez bon ? Et si je n’arrivais pas à m’intégrer ? Et si je me sentais comme un imposteur pendant trois ans ?

Le jour J, je suis partie de chez moi le cœur serré. En plus des craintes habituelles, je m’appréhendais le moment où j’allais devoir vivre en anglais. Je plongeais dans un monde inconnu où je n’avais aucun repère, pas même la langue.

Une fois seule dans ma chambre de résidence, j’ai décidé d’aller me promener sur le campus, question d’apprivoiser l’endroit. En mettant les pieds dehors, j’ai tout de suite aperçu des dizaines d’autres nouveaux, comme moi, en train d’emménager. Tout autour, des volontaires aux chandails mauves leur souhaitaient la bienvenue, leur offraient un coup de main pour s’installer, les aidaient à se retrouver. J’entendais même quelques Québécois éparpillés parmi la foule.

Plus j’approchais du cœur du campus, le quad, plus je ressentais l’euphorie qui régnait en cette première journée de Orientation Week, une semaine d’activités d’intégration qui rend la transition tellement plus simple. Les premières années s’entremêlaient aux plus anciens, qui les prenaient déjà sous leur aile. Tout autour, une foule de Gaiters de partout, rassemblés par leur esprit de communauté dans ce décor de carte postale aux briques rouges.

À Bishop’s, on dit souvent qu’on vit in the bubble. Cette bulle, elle représente ce petit monde unique dans lequel nous orbitons tous ensemble, que ce soit dans la classe, dans la foule de Gaiters de partout ou dans les clubs ou les estrades – et je l’expérimentais pour la première fois. Dès cette première semaine, je me suis sentie accueillie et épaulée : jamais on ne m’a jugée pour mon français. Aujourd’hui, j’habite avec trois anglophones qui sont devenues mes meilleures amies, et vous savez ce qu’elles m’ont répondu quand je leur ai dit que je parlais français ? “That’s so cool!”

Et dans la salle de classe ? Là non plus, mon français n’a jamais été un obstacle. Au début, je me sentais un peu déstabilisée, mais mes profs étaient là, le sourire aux lèvres, pour aider la petite Manu qui parle français. Le Writing Center, un service gratuit qui permet aux étudiants de réviser leurs dissertations avec des consultants qualifiés, est devenu mon meilleur ami. Au final, je n’ai même pas été tentée de remettre mes travaux en français – ce qui est possible pendant la première année – tant j’ai été épaulée. Maintenant, c’est aussi naturel pour moi d’écrire en anglais qu’en français – même si ma langue maternelle gardera toujours une place spéciale dans mon cœur.

Au fil de ces dernières années, Bishop’s est devenue ma deuxième maison. Plonger dans cet univers unique, malgré mes craintes, a changé ma vie. Peu importe d’où tu viens ou quelle langue tu parles, il y a une place pour toi ici. Il ne te reste qu’à dire oui !
At Bishop’s, we don’t do average—As Gaiter’s, we always go the EXTRA mile, and that means we get involved. Whether that’s in sports, clubs, academic societies or students’ associations, there is a place for everyone.

**SRC STUDENTS’ ASSOCIATIONS**
- There are a number of students’ associations representing groups of students based on culture, race, ethnicity, spirituality, religion, and/or sexual orientation. They celebrate, advocate for and bring awareness to matters of equity, diversity and inclusion. Here are a couple of highlights.

**THE BU PRIDE ALLIANCE** is a dynamic group of Bishop’s students who meet weekly to discuss issues and events pertinent to the LGBTQ+ community, at Bishop’s and on an International level. BUPA holds events and activities that embrace, promote, and encourage diversity and the alliance between queer and straight students at Bishop’s. BUPA also offers peer counseling and a Pride Library for anyone seeking help or information on LGBTQ+-related topics. BUPA is open to everyone, regardless of sexual orientation, who values and supports diversity!

**BUSRC EXTRA** This year, we restructured the way we look at and engage with clubs, and recognized the shared values, missions, status and goals of the various groups. Thus, we established a new foundation and laid them out in four firm and broad categories.

Students can keep an eye on the various activities of these groups as they happen by following @busrc.extra on Instagram. There are over 60 active student-run groups, and there is great opportunity for creating new groups at any time. Be in touch with the extracurricular groups manager for more information by emailing: srcstu@ubishops.ca.

**THE DISABLED AND NEURODIVERGENT STUDENT’S ASSOCIATION (DANS)** is a community of students sharing similar realities. DANS’ mission is to promote mental health, unmasking, acceptance of one’s disability, learning to be proud of it, and stigmatization of disability and neurodiversity. During the school year, DANS organizes inclusive events such as movie nights, study sessions, meditation sessions, and informative workshops. Anyone is welcome to attend these events, whether they are disabled, neurodiverent (diagnosed or not.)

**ENGAGE!** is a Co-Curricular Record at Bishop’s University. The ENGAGE certificate is an official document that can complement your academic transcript by building a portfolio of volunteer work experience. It is designed to track, verify, and validate students’ leadership positions, organizational memberships, volunteer work, and other significant involvement in activities outside the classroom that are not documented on the academic transcript. Enrollment is completely voluntary. ENGAGE is a great way to transform your co-curricular activities into valued experiences for your future employers and graduate school!

**THE INDIGENOUS CULTURAL ALLIANCE**
Our overall goal is to bring awareness of the Indigenous community on campus and to create a safe space for learning between Indigenous and Non-Indigenous students. Their plan is to provide the Bishop’s Community with cultural activities and opportunities to explore Indigenous issues and the variety of Indigenous cultures present in Canada. Some of our main values include acceptance, inclusion, community building, and open-mindedness. They want to see an overall expansion of Indigenous cultural knowledge on campus.

**BU INTERNATIONAL STUDENTS’ ASSOCIATION** educates and immerses international and exchange students in Canadian culture through on-campus educational events and sponsored trips including a trip to a Sugar Shack, a hockey game in Sherbrooke, and trips to various events around the area. The second goal for the group is to unite international students and discover and discuss customs and traditions from all around the world. Our international students come from over 60 countries around the world. The group warmly welcomes both international and exchange students along with Canadians who are interested in diversity, learning about new cultures and getting to know those from around the world.
SRC CLUBS - These include social and volunteer-based clubs and form the heart of the vibrant student life at Bishop’s. They are great ways to integrate and contribute to the community in more ways than one!

BISHOP’S OUTDOORS CLUB aims to make outdoor activities more accessible for Bishop’s Students. Bishop’s Outdoors Club organized events spanning a large range of outdoor activities including hiking, canoeing, rock climbing, biking, snowshoeing, overnight camping and so much more. Students can attend as many or as few events as they wish, and the executive team organizes carpooling and logistics for all the trips.

THE MINDFULNESS, YOGA, AND MEDITATION CLUB is a community of students dedicated to promoting mental and physical well-being through mindfulness, yoga, and meditation practices. The club focuses on learning relaxation techniques, enhancing focus, relieving stress, and connecting with like-minded individuals. They offer a supportive space to nurture your inner peace and personal growth.

THE ENVIRONMENTAL CLUB is a group that holds numerous activities and events designed to both enjoy and protect the environment. Once a week, the club gets together to plan activities and to brainstorm new initiatives. Past activities included: plant sales, bring your own mug hot beverages, vegan workshops, environmental documentary screenings, snowshoeing local mountains, trail clean ups and many more.

BISHOP’S BEES is open to any student who is interested in learning about bees and/or beekeeping. Bishop’s Bees has several hives on campus that they manage, and they sell their honey at Doolittle’s. Throughout the year the club has informative meetings, fundraisers, as well as meetings for projects using the honey/wax (such as lip balm or candles).

BU KNIT COMMUNITY aims to provide a place for all interested stis a tight-knit group of people from across all disciplines. Whether you sew, knit, crochet, or weave all are welcome. They meet weekly to work on projects, chat, and get advice. Their skill level ranges from high to no experience, and are always willing to teach anyone who wants to learn.

ACADEMIC SOCIETIES - There are student-run academic societies across the 5 divisions of the university: business, education, social sciences, natural sciences and humanities. These groups are the life and blood of a liberal education, and play a vital role in the academic rigor of the university; they are where students are empowered to lead and create initiatives, driving their academic experience by competing in challenges, organizing networking events, engaging with speakers, and ultimately advancing and shaping their own personal academic development. And in true liberal education form, many are open to all interested students, regardless of their registered program.

THE PSYCHOLOGY SOCIETY provides a channel for students which allows for intelligent discussion of psychological issues as well as to promote the growth of the BU psychological community. Club Mission: The Bishop’s University Undergraduate Psychology Society (BUUPS) unites students outside of the classroom who share an interest in the field of psychology and any related psychological issues in order to promote further thinking about the science.

THE POLÍTICS AND INTERNATIONAL STUDIES ASSOCIATION welcomes all students in our department. Though PISA does have a four-person executive team, the society is made up of every Bishop’s student who studies politics, international studies and/or international political economy. Throughout the school year, the group runs many diverse events such as speaker nights, workshops, socials and many more. They also advertise opportunities that are available to students in our department to enhance your Bishop’s experience. This group is here to help the students in the department make the most out of their time at Bishop’s.

ASTRONOMY, MATHEMATICS, AND PHYSICS SOCIETY (AMPS) aims to connect students with similar interests, ranging from stargazing to recreational mathematics or physics. Despite the club’s name, members do not need to major in math or physics, everyone is welcome! AMPS is known for organizing events such as sky viewings at the BU observatory, overnight visits to the Mont-Mégantic dark sky reserve and observatory, and math/physics hackathons.

SRC SPORTS - These include competitive teams as well as leisure sports, many of which students are invited to drop-in sessions. They are not only a great way to stay active and healthy but an amazing way to show team spirit! Whether you like to compete or just want to play casually, there’s an option for you!

BU SNOW is the home of the skiing and snowboarding community at Bishop’s. By joining the club, you can purchase a discounted Jay Peak season’s pass, buy BU Snow apparel, have access to tuning and waxing services and are invited to the many club events and activities. Our Facebook group serves as a carpool forum for offering and finding rides to any of the amazing mountains nearby.

BU DANCE is a fun way to get in shape, learn new styles of dance and have a great time. BU Dance offers classes with a variety of styles and levels that take place on a weekly or bi-weekly basis. Styles of dance include: Hip Hop, Jazz, Contemporary, Lyrical, etc. BU Dance is intended for students to have fun, meet new people, develop confidence and learn to perform. Also offered is a competitive team that allows dedicated individuals to compete against other dance teams from Ontario and Quebec.

RUNNING CLUB is an inclusive club with weekly group runs for any students looking to meet fellow runners and/or explore Lennox trails. All levels of runners are welcome!

THE WOMEN’S VOLLEYBALL CLUB is a competitive women’s volleyball team that plays exhibition games, tournaments, and practices on a weekly basis. They also host a rec night where anyone can drop in and play some volleyball!

Author: Isabelle Audet
Program: Bachelor of Science – Biology Health Science and Neuroscience, Class of 2020

Isabelle, Calgary, Alberta
The Golden Lion Pub
I don’t think you can say you have really attended Bishop’s until you’ve been to a Wings Wednesday or an Acoustic Tuesday at the Lion. Every night at the Lion is its own special night. This pub is right in the middle of Lennoxville, and they even craft their own beer! You’ll know the Lion from its bright yellow exterior (not to mention the delicious pub-food smells wafting from it as you walk by!)

Jerry’s Pizzeria
Jerry’s is a popular Lennoxville staple that provides a great selection of Greek-style food and of course pizza. Ask for the student specials – you can’t go wrong.

North Hatley
If it’s good enough for Hillary and Bill Clinton it must be good enough for us (Hillary and her family spent two weeks on vacation in North Hatley during the summer of 2017)! North Hatley is a picturesque town located 15 minutes away by car, or a 45-minute bike ride from a trail located right on campus! You can visit antique stores, eat delicious ice-cream, and relax on the public beach.

Escaparium Sherbrooke
One of Sherbrooke’s newest places for fun, the Escaparium is a fun, immersive entertainment concept fit for all ages. It is a real-life escape game designed for small groups of 3 to 8 players. While the goal is simple, the game is challenging yet extremely exciting. Getting through the escape room will require finding clues, solving puzzles, and working together.

Mount Pinacle
A Bishop’s classic! Mount Pinacle is a nice day hike right next to the USA border. Once you reach the top, you can enjoy the spectacular view. Tip: go in the fall when the leaves are changing colours — it’s even better!

AstroLab
Located near Parc National du Mont-Mégantic, the AstroLab is an astronomy research center that includes an observatory at the summit, interactive space exhibits and multimedia shows. Make sure you go on one of the Astronomy Evenings to get a chance to view the cosmos through one of the telescopes (weather permitting of course!).

Café 440
Café 440 is a coffee place and restaurant situated in downtown Sherbrooke. An inclusive space with affordable vegetarian/vegan food, Café 440 hosts a variety of regular activities like swing dancing, chess games, live music... and so much more!

Brûlerie FARO
Need to study in a nice and cozy environment? Faro has got you covered! Located right in Lennoxville, you can enjoy their homemade baked goods and their delicious coffee from morning till night time... time flies there!

Coaticook
Coaticook is a town famous for its self-named ice cream! You can visit the ice cream and cheese factory, and take some cheese to go! You can also enjoy a nice walk in the park where the Coaticook Gorge, featuring one of the longest suspended bridges, is located. It’s even open at night for Foresta Lumina: a magnificent lightshow.

Sher-Mont Bowling and Billiard Hall
Want a night out with friends? Go bowling on Friday night! From 10 pm, it’s $14 (shoes included), and you can bowl all you want, all night long (accompanied by some killer tunes, of course!)

Mont Bellevue
Mont Bellevue Park is a great place to be if you love the outdoors. Located right in Sherbrooke, you can enjoy snowshoeing and skiing in the winter, hiking, mountain biking and archery in the summer! It’s a great de-stresser in between classes, assignments and exams.

Apple Picking
In fall, when the leaves are changing colours from those vibrant greens to ambers and reds, there’s no better place to be than in the Eastern Townships! You can go apple picking at Verger le Gros Pierre, and enjoy those last days of warm weather.

Sugar Shack
Spring is my favourite season, because it’s time for sugar sharks! There are multiple sugar shacks close to Bishop’s, where you can enjoy an excellent dinner with lots of maple syrup, one of the specialities of Quebec. Sugar shacks are where the sap is collected from the sugar maple and boiled into that marvelous maple syrup that you can pour all over your meal! YUM!

Vertige Escalade
This is not your typical rock-climbing venue! It was built inside an old, renovated church (Christ- Roi)! Multiple levels are available to offer you the challenge you desire and, on top of that, the atmosphere is always really friendly.

Lac des Nations
This lake is located in Sherbrooke, and it’s where a lot of festivals take place during the summer. The lake is surrounded by a path so you can go running there, or just appreciate a nice, relaxing walk. You can even see fireworks at night!

Multiple Bike Paths
There are two bike paths that leave directly from the Bishop’s campus. One heads towards Sherbrooke, and the other to North Hatley. Don’t forget your bike on move-in day, so you can enjoy a pleasant bike ride, and have a blast at either destination.

Drive-In Theatre
What is better than driving to the cinema, parking your car, and watching a movie from a gigantic screen with the comfort of pillows and blankets? Located 30 minutes from Bishop’s, it’s a great evening activity, especially during Halloween!

The Granada Theatre
Enjoy your favourite artists with renowned acoustics and amazing architecture.

Wellington Street
Spanning the entirety of downtown Sherbrooke, Wellington Street is one of the prettiest streets I have found in Sherbrooke. It is always alive with multiple bars and restaurants, and during the nighttime in winter, you can enjoy the beautiful Christmas lights that are hung throughout the streets.

USA / Jay Peak
With the American border only 45 minutes away, there is no excuse not to visit our neighbours in the south and even enjoy a ski day at Jay Peak! You will always find students driving there on weekends to enjoy their amazing slopes, and they even opened an indoor waterpark! Bring your passport!
Sherbrooke and Lennoxville are a great mix of both urban and rural settings. We have amazing nature trails, golf courses, and ski hills, but only a ten-minute bus ride away is Sherbrooke, a lively city with museums, shopping, restaurants, concert halls, and so much more. So, no matter your style, you will find something fun to do any day of the week. Don’t believe us? Bishop’s students have provided 20 Must-Visit places that will provide you with hours of fun, culture, good food, and time with friends.

The eastern townships were featured in the NY Times 52 Places for travelers to visit in 2023. Described in the article as “Canada’s New England with French Flair”, the townships also boast a 150-mile cycle route that is marked with quaint little villages to farmers markets, cheese shops and vineyards.
In 1990 I entered Bishop’s University (on the Mighty Massawippi shore, you’ll understand that later) as a first-year student living in Kuehner. This past September 2022, I re-entered but this time as an extremely proud first-year Dad with my daughter, Charli, heading to Bishop’s. Even though I graduated in 1994, I never really left because Bishop’s never leaves you and I’ve been bleeding purple ever since. After coming back for countless Homecomings, I was just as excited as I was in 1990 (and a little nervous) to return again but this time to see Charli be her at B.U.

Admittedly I had some advantages over other first time B.U. parents knowing firsthand what a special place Bishop’s is and what a welcoming community was waiting for Charli. I knew Charli was excited about Bishop’s, but the other advantage I had was knowing that no matter how much she hoped she would love it, I knew she would.

Sending your child off to University can be daunting and moving them away from home the first time comes with some tough days for you and for your child. But when those challenging days come at Bishop’s, its close Campus community will be there to lift up and support your child to work through things as they grow into “Child 2.0”. As nervous as you might be for your child, please be reassured that at some point without warning, something just clicks and Bishop’s becomes “their place” where college days will linger ever in their hearts.

When I started at Bishop’s I only knew a few people but because it’s so easy to get involved, students make new friends quickly and by the end of my first year, I was a part of a tight group of 12 friends who are all still very close today. Of this core of friends, three of us so far have become proud Dads who sent a child off to Bishop’s (living first year in Kuehner of course). Over the years we’ve been to each other’s weddings and gone on trips including last year with eight of us driving & flying into Toronto for the Blue Jays Home Opener. Additionally, about ten years ago we came together and founded a scholarship awarded annually to an incoming first year Bishop’s student. Why am I telling you all this? For two reasons because: #1) those are the kinds of friendships Bishop’s breeds and #2) after just a couple days I saw those types of friendships organically forming for Charli too.

One of the most special things about Bishop’s is that I share the same experience with the students who attended 30 years before me and with the ones attending 30 years after me like, Charli. At other schools, many students just go to class but at Bishop’s they go to university and the reality is only about 2,800 students per year have the privilege of this unique Gaiter experience.

OK it’s time to talk about “the elephant in the room”. Many parents (unless they’re an Alumnus parent like me) might be worried Bishop’s is a “party school” which is funny because I still haven’t found that list of universities that aren’t. So please let me explain the “party school” thing. At a small University like Bishop’s, in a small town like “Lennox Vegas,” it just looks like the students are partying more because they truly move as a community whether that’s to The Lion (parents you will love this Pub) or The Gait. The difference at Bishop’s is that the students are together so you see them partying versus at a larger school in a larger city where they blend in at a downtown club, a trendy bar or a suburban pub. The reason I know students are partying at other schools too is because... you did, didn’t you?

Parents, if you’re lucky enough your child chooses Bishop’s, I have no doubt up to that point in their lives, it will be the best decision they’ve made. So whenever you come to Bishop’s for the first time, make sure you tour the beautiful Campus so you can picture where your child will be living their best life. At The Quad entrance to campus, there is a plaque that says, “Remember how you entered; be proud of how you leave.” I encourage you to remember how your child entered Bishop’s because after their time there, you will definitely be proud of how they leave.
Making Meaningful Connections

Antoun Shahin  <meaningful@connection.com>  
To: futurestudents@ubishops.com

Bishop’s is a place where community matters. A place where meaningful connections are made, last, and change lives. Here is only one example of a connection that was made between a student and professor...

Dear Dr. Agourram,

My last day at Bishop's has arrived, so the memories start flashing and the emotions start hitting 😥

I am writing this letter to show my heartfelt appreciation for your contribution to my life and career through your class and advice. All the time spent in your class and all the things you taught me helped set a clear direction for me to follow.

Today, as I look back at how my dreams have materialized into reality, you stand clearly in my mind. You patiently listened to our challenges, understood them, and motivated us to push harder in life. It is because of those times that I have become responsible, professional, committed and, hopefully, successful in my career.

During my final examinations, I can remember how you stayed back after regular classes just to ensure that we did not have challenges with the content. I would not be here today graduating with a Computer Science degree without you!

There is nothing I can do to repay you adequately for your contribution to my life. I promise to always cherish your lessons and hopefully, one day, I can be as inspirational to others as you were to me.

It was an amazing journey and what a wonderful way to finish it! I appreciate your help, time, and advice so much. Hopefully, we'll meet again soon!

I would love to stay in contact with you. Please feel free to add me on LinkedIn to stay in touch in the future 😃

How lucky I am to have something that makes it so hard to say goodbye!

Sincerely,
Antoun

Program: BSc Computer Science, Class of 2022
Hometown: xxxx, Syria
RAISE A TOAST: OUR SCHOOL SONG

From the minute you set foot on campus, you will hear the singing of our adopted school song with the opening stanza, “Raise a Toast to Bishop’s University.” You will undoubtedly sing it yourself multiple times during Orientation Week, in particular when all first-year students gather on the Principal’s front lawn for the annual tradition of serenading him late in the evening. This became the Bishop’s marching, or “fight” song that was composed by Gailer Alumni John Piper and Alex Henderson (Class of 1965) for a short political satire entitled The Grate Escape, staged during the winter carnival in 1964. The actual school song is called Alma Mater, and the tune was adapted by Rev. Sidney Mead from an old German Folk song. Trust us; the following are the only words you will ever need to know:

RAISE A TOAST
TO BISHOP’S UNIVERSITY,
ON THE MIGHTY MASSAWIPPI SHORE.
WE’RE CONDITIONED TO OUR FATE,
WE WILL NEVER GRADUATE,
WE WILL STAY HERE FOREVER MORE.

COLLEGE DAYS WILL LINGER
EVER IN OUR HEARTS,
WEARING GOWNS, RAISING HELL, AND QUAFFING ALE.
AND WE’LL SHOW “ESPRIT-DE-CORPS”
AS WE WATCH THE GAITERS ROAR
ON TO VICTORY.

SO, RAISE YOUR BEER MUGS
AND YOUR LITTLE BROWN JUGS
TO BISHOP’S UNIVERSITY!
Serenade the Principal
Winterfest
Orientation Week
Homecoming
Spirit
Halloweend
O-Week
Convo
1. Congratulate yourself for being admitted to Bishop’s! This is a great accomplishment! Well Done! #UBishops #FutureGaiter

2. Review your offer of admission from Bishop’s and make sure you understand the conditions. If you don’t understand them, send us an email at: admissions@ubishops.ca.

3. Accept your offer of admission and pay the $350 tuition deposit online through your myBU student portal found at www.ubishops.ca. The sooner you accept your offer, the sooner you’ll be ready to join #GaiterNation in September. Acceptance deadline June 1st.

4. Guarantee you place in Residence by June 15th. The application is available on the Residence Services website: www.ubishops.ca/residence. BTW, move-in takes place on Saturday August 31st.
5. Make sure you have made arrangements to have your final official transcript sent directly to Bishop’s University from your high school, CEGEP, college or university. We need to receive these documents by the end of September.

6. Scan this code and check out our events, webinars and campus tour program. We’re here to help you and would love to virtually meet with you and welcome you to campus.

7. Watch your online student portal and email for information about course registration, which will begin in late June. We always suggest getting in touch with your program advisor or Department Chair to make sure you are on the right track, especially if you have advanced credit or want to pursue a double major, minor, concentration or any sort of program combination.

8. Pay your second residence deposit $800 by August 2nd. Pay your Fall semester tuition by September 30th.

9. You’ll be receiving information about Orientation Week and the start of classes soon, but before you know it, the end of August will be here.

10. **START COLLECTING EVERYTHING PURPLE SO YOU CAN – #BLEEDPURPLE!**
GET READY TO
#BLEEDPURPLE AND
JOIN THE BISHOP’S
COMMUNITY!

FOLLOW US

@UBISHOPS

WWW.UBISHOPS.CA
RECRUITMENT@UBISHOPS.CA