

Be You @ BU.



WRITTEN
FOR STUDENTS
BY STUDENTS

MAKE
YOUR
PURPLE
MARK

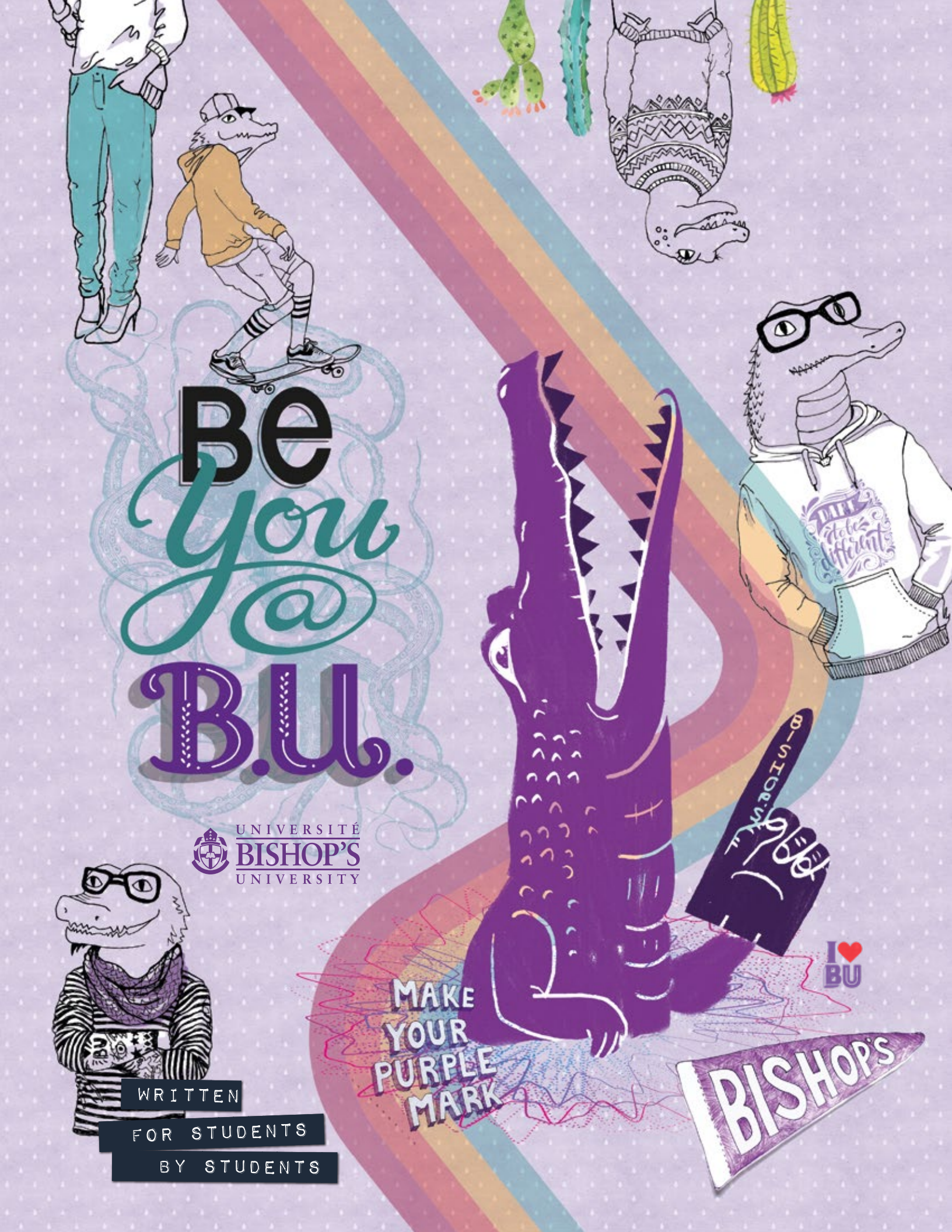
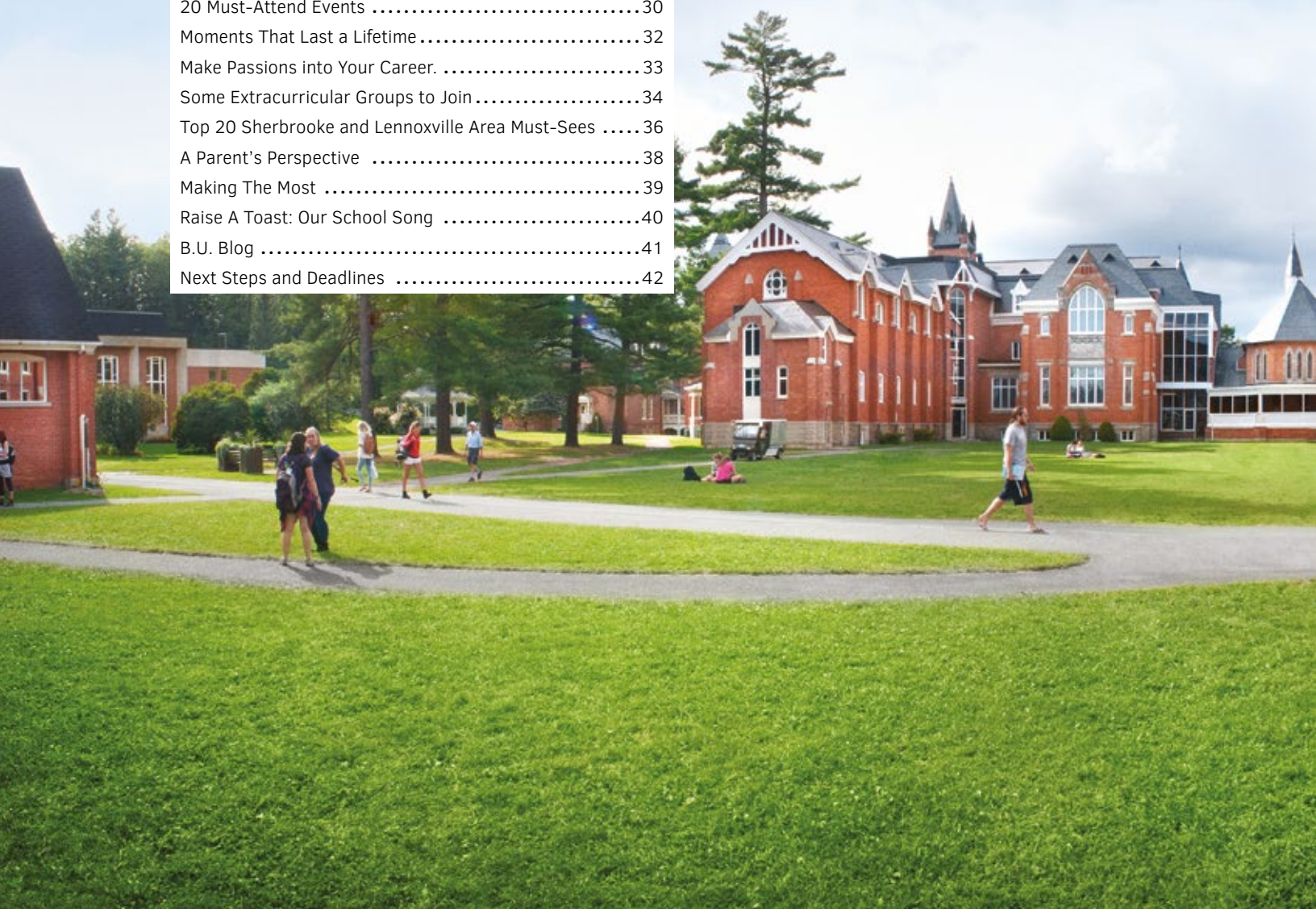


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COLLABORATORS

Photographers:

Junru Bian
Jacob Gerlofs
Mike Peleshok
Krystel V. Morin
SRC Staff Photographers

Graphic Designer:

Karine Sirois

Staff Advisor:

Juliette Welch
Kelly Dean-Feldman
Lyssa Paquette
Sonia Patenaude

Contributors:

Aaricia Du Bois de Nevele
Adriana Burns
Aleena Boekhoudt
Amy Tebbit
Anabelle Brochu
Ariane Horrall
Arthur Shut
Casey Goodleaf
Chloé Rouleau
Christina Lépine
Diane Drak Alsibai
Dylan Monico
Emmett Tinning
Gillian MacLean
Isabelle Audet
Jaclyn Dykstra
Jada van der Linde
Jayme Marteniuk
Jeremy Moore
Jorja-Rae Wilcox
Juliette Chaput
Maria Clavelli
Markayza Mitchell
Maude Zulauff
Olivia Woods
Olivier Pontbriand
Rosane Delorme
Sasha Machado
Sonoma Brawley
Sophie Bass
Stéphanie Mallick Pilon
Tyler Casat



Hello Future Gaiter!

First let me congratulate you on being admitted to Bishop's.
Félicitations pour ton admission à Bishop's.

We are delighted that you have chosen to join us.

I am certain that Bishop's will be a perfect fit for you, as you will discover a world of opportunities for involvement and self-discovery in a supportive, close-knit and caring environment that will accompany you on your academic journey.

To help you further immerse yourself in your new community, we have produced this *Be You @ B.U.* magazine which is written by students, for students. Each year our new students comment on how helpful the articles, viewpoints, opinions and words of advice from current students, alumni and even parents of current students, have been in preparing for the transition to Bishop's. Answering important questions, such as what opportunities are there to get involved on campus, and even more important questions, such as do I bring everything purple that I own (by the way, the answer is MOST DEFINITELY!) is the purpose of this magazine. We hope that the thoughtful articles and other insights and information from our students will help start you on your unique path at Bishop's.

Visit us on social media, join the Bishop's University Fall 2025 Incoming Student Instagram account (@bu_incomingclass2025), view our videos, visit our website, and feel free to reach out to us - we are only an email away: recruitment@ubishops.ca.

We hope you enjoy this magazine, and we look forward to welcoming you to campus on **Move-In Day, Friday, August 29, 2025.**

Your future Principal,
Sébastien Lebel-Grenier,
and the entire Bishop's Community



GAITER GAB:

A Brief Intro to the Wide World
of Bishop's Slang

The Quad

The Quad is the heart of the BU campus, framed by McGreer, Johnson, the Library Learning Commons, Banteen, Norton and Pollack buildings.

Your first introduction to the Quad is during Orientation Week, where many events (sign-up, Gaiter Gardens, concerts, etc.) will take place, usually under a large tent. It's next to impossible to walk through the Quad without seeing someone you know, which can be both good and bad.

The Dep

A term you'll quickly get to know: it's what we call our convenience stores in Quebec! The Dep comes from the word «dépanneur/dépanner» which means to accommodate. There are two main ones in Lennoxville to help you out during late-night study sessions.

The Arches

The Arches are the location at the front entrance of the university formed by the indoor connections between the Johnson and McGreer buildings, and giving entrance to the Quad. "The Arches" is commonly confused with the arches of the Bishop's Bridge, which links Lennoxville to the Bishop's campus over the Massawippi River.

The Massawippi

Ah, the Mighty Massawippi river, the lifeblood of Bishop's University. Whether it's glistening in the low morning sun, or flooding the streets of Lennoxville, the legend remains that the word "Massawippi" is from the ancient Gaiter root word for "home."

BWH (Bishop Williams Hall)

This is the largest classroom on the BU campus, and arguably the most picturesque, due to its high ceilings and stained-glass windows. Don't be fooled, though. Although this is the largest classroom on campus, a "large" class at BU is still only 130 students, the average is less than 40 in first year!

The Plex

Renovated in 2015, the John H. Price Sports and Recreation Centre, located right behind Kuehner residence and beside Coulter Field, known as the Plex contains workout facilities, a combat room, a dance studio, a pool, gymnasiums, a skating rink, and so much more. And it's all included in your student fees.

Bogmate

A "bog" is British slang for toilet or washroom, a "bog-mate" is someone who you share a bathroom with in the "bog" style residences (Abbott, Kuehner, and Munster). There are typically two people in this living situation, and often function similarly to roommates.

Students' Representative Council (SRC)

The SRC is a non-profit student-run government to which all students automatically belong. It's your voice in terms of student-related issues. The SRC also represents B.U. students at provincial and national levels. As a first-year student, your first interaction with the SRC will be Orientation Week, which they plan every summer!

The Principal

Most universities have a President, but Bishop's is one of only three Canadian universities that still use this British title for the head of the university. You'll meet the Principal at least once during your first week at Bishop's, as you serenade the Principal with the school song.



Kwigw8mna

Kwigw8mna, which is an Abenaki word meaning “our house and yours”, is the name of the new Indigenous Students’ Gathering Space and Resource Centre. An iconic campus building, Divinity House, which has served many different purposes over the years since its construction in 1892, is being transformed into a space dedicated to Indigenous students, learning, healing, reconciliation and understanding.

Dewies

Dewies, or more formally, “Dewhurst Dining Hall,” is the hub of life on campus. Whether it’s chatting with new friends over a late-night poutine, getting experimental at the stir-fry station, or downing a coffee and cramming for that midterm, Dewies will get you through life on campus. Also a place of nostalgia for the majority of upper-year students.

Raise a Toast

Opening lines to the adopted school song repeated everywhere from T-shirts to email signatures. Unofficial slogan of the university, a common greeting, and the easiest way to say “Bishop’s” without actually saying “Bishop’s.”

Winterfest

Winterfest occurs in mid-February to welcome all Gaiters back to B.U., in true Canadian style. The weekend includes concerts outdoors and at the Gait, a day of winter festivities on campus and around Lennoxville – with street hockey in the Quad, and the famous B.U. Rail Jam (ski and snowboard trick competition).

Doolittle's Co-op

Textbooks? Covered. Study snacks? Covered. Residence essentials? Covered. Purple clothing? Covered. Doolittle’s Co-op is the on-campus convenience and bookstore located in the Student Centre. Membership is \$25 and valid for life!

Gaiters

One of the main questions you’ll face as a Bishop’s student is “Isn’t it spelled GATORS?” Your answer should be “I know how to spell alligator, thank you very much,” followed by an explanation that we are all named after boot coverings traditionally worn by Bishops of the Anglican Church who founded the school in 1843. But yes, we still have a giant purple alligator mascot.

LLC (Library Learning Commons)

The newly renovated Bishop’s Bassett Memorial Library, now known as the Library Learning Commons is where you will be spending the majority of your time. Whether you choose to book a study room, sit on the steps of the Agora or relax on a couch or bean bag chair, the open concept library has everything you need.

The Lights

“Meet at the lights?” is probably a phrase you will hear frequently and even come to utter yourself. “The Lights” are the main set of lights in Lennoxville, at the intersection of Queen and College streets. It is marked by popular sites such as The Lion pub (Le Lion D’Or), the Lennoxville Library, Subway, and one of Lennoxville’s many churches.

The Gait

Like Doolittle’s, The Gait is student-run, with all of the profits going right back to you. The Gait is the on-campus pub, open for Quiet-Night Tuesdays, Happy-Hour Thursdays, and Gait Night Saturdays, as well as academic wine and cheeses, speakers and other special events.

Homecoming

Homecoming or HoCo, is probably a word you have heard before, but may not know what it means. Homecoming occurs over a weekend early in the school year and centres around sporting events and the bringing-together of Gaiters past and present to celebrate all things Bishop’s. Expect to see the campus in its full glory with an ongoing schedule of events for all. Wearing as much purple as possible is a must!

The Purple Pod

The Purple Pod is one of our campus’ newest eateries. Located in the newly-renovated Student Centre, the Purple Pod offers a wide variety of food options from all-day breakfast burritos, tacos, burgers, piazzettas, poutine, smoothies, and more! Those on a campus meal plan can also use the Purple Pod as a great grab ‘n go option when on the run or as a late night option. We recommend trying the breakfast poutine – you’re welcome!

The Student Centre

The Student Centre is made up of three buildings which are officially known as Majorie Donald House, Memorial Hall, and the Bishop Mountain building. But trust us that no student is going to know their proper names! The Student Centre is in the heart of campus and is the hub of all student activity including the SRC offices, Doolittle’s Co-op, The Gait, The Purple Pod, Mail and Print Services, counselling services, careers office and other Student Services offices.

O-Week

The shorthand for Orientation Week, it is the first week of activities for incoming students at Bishop’s. Organized by the SRC, Orientation Week includes concerts, academic tours and orientation sessions, a day to meet with the SRC’s 60+ student clubs, and an opportunity to meet the amazing people that you will be sharing your Bishop’s experience with. Meet the gigantic team of Orientation Week leaders, judges, and other new students, and let them welcome you into the Gaiter community in style.



0-WEEK

THIS IS



The past five years have been some of the most challenging yet rewarding of my life. I went through a long journey of figuring out what I wanted to do after high school. As a Québec native who grew up in a small town in the state of Massachusetts in the United States, I attended a small high school where everyone knew each other, which gave me a real sense of community. After graduating, I decided to study in the nutrition program at Acadia for a year, but my time there came with its fair share of challenges. Moving far away from my family, adjusting to the environment, and finding a balance with school and a social life was very difficult for me. During that difficult period, one of my friends from high school who attended Bishop's suggested that I consider the University. They mentioned that the small class sizes and close-knit community vibes were similar to what we had in high school, which sounded exactly like what I needed.

Starting at Bishop's during a global pandemic in 2020 made my first year especially unique. Despite restrictions in residences and the shift to online classes, I was fortunate to meet people who have since become lifelong friends. If it weren't for the close-knit bubbles we formed in residence, I might never have built such strong connections. The small class sizes also allowed me to form meaningful relationships with my professors and peers. I have been able to follow my passions by studying in the Hispanic Studies program and the Education program, which have not only deepened my understanding of different cultures and languages but also prepared me to make a meaningful impact as a future educator. These programs have given me the tools to combine my love for learning with my desire to inspire others.

I have truly felt supported throughout my entire time at Bishop's, and I couldn't imagine completing my university journey elsewhere.

During my time at Bishop's, I have had numerous opportunities to actively engage with the community through campus events, volunteer work, and collaborative projects that have greatly enriched my university experience. I served as an Orientation Week leader for two years, volunteered as one of the coordinators of the Bishop's Tennis (and now Pickleball) Club for four years, and acted as one of the Community Cup-board Coordinators for more than two years. None of these opportunities would have been possible without the dedication Bishop's has to encouraging students to get involved and make a difference in their community. This supportive environment has allowed me to grow personally and give back in meaningful ways.

Reflecting on my time at Bishop's, I feel incredibly grateful for the opportunities to grow both academically and personally. The close-knit community, combined with the encouragement to engage and lead, has truly shaped my university experience. As I move forward, I will carry with me not only the knowledge and skills gained through my studies, but also the lasting connections and experiences that have made my journey here unforgettable. Bishop's has been more than just a place to study—it has been a place where I've found a community, developed my passions, and been empowered to make a positive impact.

Rosane Delorme

B.Ed. in Teaching English
as a Second Language
and minor in Hispanic
Studies, Class of 2025



Rosane Delorme

Why is Bishop's The Best Decision I Ever Made?

Sasha Machado

Honours in International Studies
with a minor in Political Studies,
Class of 2025



Sasha Machado



Hi! I'm Sasha. I'm in my final year at Bishop's. I'm pursuing an Honours in International Studies with a minor in Political Studies. I'm originally from the Sunshine Coast, British Columbia, where the ocean meets the mountains and the pace of life is a little slower. But when it came time for university, I knew I wanted something different.



I wanted small classes, a tight-knit community, opportunities to make a difference on campus, and a place where I wouldn't feel like just a number. So when I discovered Bishop's, it checked every single box. I was all in. In fact, I was so sure that I didn't even apply anywhere else.



Then, COVID-19 happened. My first year turned into Zoom classes from my childhood bedroom and hitting the "raise hand" button instead of actually raising my hand in class. It wasn't quite the university experience I had imagined. But when I finally made it to Lennoxville in my second year, I was ready to dive headfirst into everything Bishop's had to offer.



And, well... / never really slowed down.

From the start, I said "yes" to every opportunity. I took part in Orientation Week as a head judge, became VP Aide for the Politics and International Studies Association (PISA), walked the runway for the BU Charity Fashion Show (BUCFS), and soaked in all the experiences that make this place special.



For the past three years, I've been a Senior Student Ambassador for the Recruitment and Retention Office, giving campus tours and sharing my love for Bishop's. I've served two terms on the Board of Student Representatives (BSR) and now work as the SRC Extra-curricular Manager. I've stayed involved with PISA and BUCFS—now as President and Head Coordinator, respectively. I was also part of the 2023–2024 Bishop's University Model United Nations Delegation and had the chance to present my research on women and security at the Canadian Undergraduate Security Conference (CUSC).



One of the biggest highlights in my time at BU? Thanks to the Bishop's B.E.S.T. Project Fund, I was able to attend the NATO Field School and Simulation Program—an eight-week deep dive into international affairs and security across six NATO countries in Europe. It was an unforgettable experience where I was immersed in high-level negotiation and decision-making simulations.

Bishop's has given me more than just an education—it's given me opportunities, connections, and memories I'll carry for a lifetime. Every time I give a campus tour, I tell prospective students the same thing: "If you're thinking about Bishop's, do it. You won't regret choosing the best university in the world."



LIFE IN RESIDENCE

BECOME A PART OF AN AMAZING COMMUNITY!

Living on campus is THE Bishop's experience. Community Living immerses students in a dynamic social environment, promoting collaboration, cultural exchange, and the development of essential life skills within a supportive and inclusive atmosphere.

The Residence Life team provides a welcoming environment, support, and resources to students. From organizing engaging events and activities to offering guidance, we aim to create a vibrant and inclusive community that fosters growth and success.

PEER SUPPORT

RESIDENT ASSISTANTS (RAS) & SENIOR RESIDENT ASSISTANTS (SRAS)

Are student peers who live in the same buildings as residents and are an integral part of the residence community. They are there to actively listen, **help foster social connections and respond in emergency situations.**

- Confidential peers to talk to for emotional support.
- Organize events and workshops for residents.
- First aid certified.
- On duty at night to ensure everyone's safety.
- Great at letting residents know what kind of resources are available on and off campus.
- Ensure everyone's experience is both safe and fun.

COMMUNITY LIVING

You will feel a sense of belonging to the community and learn to participate in the creation of spaces that **foster meaningful connections.** You will form **healthy, supportive communities** that make a difference to the lives of those around them and will bravely stand up for the rights of yourself and those around you when necessary.

EVENTS & WORKSHOPS

RAs and SRAs facilitate many experiences for you to participate and make lifelong friendships!

HOUSE CUP

Life in residence is an **active experience**; that's why at Bishop's we provide challenges and learning opportunities outside of the classroom. You have an opportunity to gain points for your community by **participating actively and positively contributing** in experiences that will lead your residence building to VICTORY!

LIVING LEARNING COMMUNITY

FRENCH IMMERSION FLOOR

A living learning community (LLC) is a program offered in residence halls and dorms that brings students that **share common interests together.** It helps the participants share an identity, a vision and goals that will be accomplished by the supportive environment that an LLC provides. Learning through engagement, community living, offered resources and more, helps the students of a living learning community in their personal growth. Through activities, workshops, off-campus excursions and more, students will foster a sense of community, develop leadership skills, and connect with other residents.

Dependent on the number of participants, In the French Immersion LLC, students will be provided with an immersive experience of the Quebec culture and the French language. A dynamic and inclusive environment will be created to offer the participants a way to **gain language proficiency and increase their appreciation of the culture** they will live in through their university years.



KICO TA KICO! I'm Jada van der Linde, native to a tiny paradise island in the Caribbean called Aruba. I know you're probably wondering why I would choose to move 3,659 km away from paradise to hunker down in the cold and live in freezing weather. Well, it was right after COVID-19. The world was opening up again, and I wanted to pursue my education where I would be pushed outside of my comfort zone. I was on the plane when I realized what I was doing, and my nerves started to hit. I was going to be all alone for the very first time, thousands of miles away from my family and my home. My parents were not even able to come to help me settle in because the COVID-19 rules were still in effect. I was terrified because I had no idea how to navigate life by myself.

BY THE TIME I HAD SPENT MY FIRST FEW HOURS ON CAMPUS, I KNEW I HAD NOTHING TO WORRY ABOUT. BISHOP'S BECAME MY HOME AWAY FROM HOME IN NO TIME. BISHOP'S PROVIDES A WARM AND VERY WELCOMING ENVIRONMENT. IT'S SMALL IN SIZE BUT LARGE IN SPIRIT.

The B.U. International and Residence Life teams made sure to help me with everything from documentation to moving into residence. Because it's a tight-knit community, all departments work together to make students feel safe and welcome.

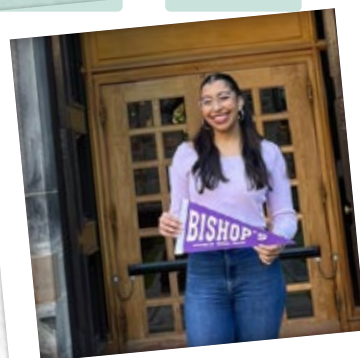
I am overwhelmed with gratitude as I reflect on the past four years. While completing a degree in Finance with a minor in Psychology, I had the opportunity to grow both academically and personally. I made sure to take advantage of every opportunity offered by our University. I took part in the 2022 Bishop's University Leadership Retreat, volunteered for Orientation Week, played various intramural sports, joined the B.U. Dance team, participated in the Be U varsity competition against other universities, and volunteered in the B.U. Charity Fashion Show.

Additionally, I was fortunate enough to go on an international exchange for an entire year. I spent a year living and studying in Aberdeen, Scotland. It was an incredible, eye-opening, and educational adventure that will forever be a part of me, and it's all thanks to Bishop's University and the B.U. International team. B.U. helped me out of my extremely shy shell and gave me the space and resources I needed to become the best version of myself possible. While a part of me aches to have to say goodbye, another part of me knows that I take Bishop's University with me. And it is for that reason that I, now and forever, #BleedPurple.

Go, Gaiters!



HOME AWAY FROM HOME



Jada van der Linde

Jada van der Linde
Finance major and a minor in Psychology,
Class of 2025

WELCOME TO OUR RESIDENCES

LIVING IN RESIDENCE IS A KEY ELEMENT OF THE BISHOP'S EXPERIENCE; WHAT BETTER WAY TO MAKE MEMORIES THAN IN A BRAND-NEW ROOM WITH FRIENDSHIPS THAT'LL LAST A LIFETIME!

ABBOTT

Abbott, where do I even start? I lived in Abbott in my first year, and now in my fourth year, I am here once again. Starting my Bishop's experience in Abbott was one of the best decisions I made. As I was far from home for the first time and was a little intimidated by traditional style residence (I now love traditional style as well, having lived in Mackinnon during my third year!), living in Abbott was a great way of having the experience of residence, while still having a semi-private washroom. In my case, because I was in a double room, I had to share my washroom with an amazing roommate and an amazing bog mate. The location of Abbott, I believe is one of the best on Campus as it is conveniently a few steps away from Dewies, about one minute away from the Sports Plex in one direction and about 3 minutes away from the Student Centre in the other direction, and less than 10 minutes away from anywhere else on campus! I have met some incredible people in Abbott, and I have wonderful memories in this building that range from spending all day (and night) studying in one of the study rooms, to staying up all night watching movies in the basement. You would not regret living in this wonderful residence building.

Aleena Boekhoudt

Program: Bachelor of Arts – Sociology concentration in Criminology, Law and Social Policy
Hometown: Paradera, Aruba

KUEHNER

Kuehner (pronounced “keener”) is home sweet home to a medley of new and returning students. Located on New Side, this residence hall is closest to the Sports Plex and just a short walk from your academic classrooms, the Dewhurst Dining Hall, and the Student Centre. Whether you're heading to class or meeting up with friends, everything you need is within easy reach. You're never in a hurry, as the resources you need are right at hand. The best thing about Kuehner is the thriving community—hands down. Equipped with common rooms and a basement with pool and ping-pong tables, life in Kuehner is always thriving and jam-packed with activity. Once you move in, you won't have trouble fitting in! After all, your RA is just a few steps away, ready to give you advice and support. Whether you are an early bird or a night owl, coordinating with your roommate is key to avoiding waking each other up, especially during the hectic midterm season! Once you move in, don't be afraid to reach for the stars—I can certify that once you're here, you will be awed by the campus, and you'll leave with wonderful friends and fond memories.

Arthur Shut

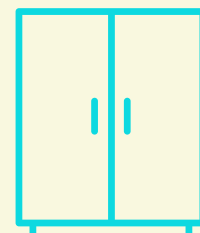
Program: Bachelor of Arts – History and Global Studies
Hometown: Toronto, Ontario

MUNSTER

I have lived in Mackinnon, Kuehner and Abbott, but none of these buildings have been as calming as Munster. Although located nicely near Dewhurst Dining Hall, the Sports Plex and about 7 minutes away from classes, it offers an oasis of quiet on our beautiful, but busy campus. I was lucky to have a space that I could feel comfortable in 24/7 as well as have the flexibility to complete so much of my homework and classwork. Munster boasts beautifully renovated rooms, many different common rooms and study rooms as well as a Zen room with a massage chair. As Munster is a 24-hour quiet building, I am able to get my work done easily and relax from a hard day. The Residence Life Team encourages community building and will often host events where you can meet a host of different people from all over the place. The community here is as involved and supportive as BU students are anywhere you look. The beauty of BU is that help, support and connection are only one “Hi” or other greeting away. Munster offers the connection to your community as well as your own privacy with its bog-style rooms. If I had to describe Munster in one word right now I think it would be ... HOME.

Amy Tebbit

Program: Bachelor of Science – Biological Sciences Health Science
Hometown: Johannesburg, South Africa



PATERSON

I've lived in Paterson in my first year, and now I'm back in Pat for my third year as a Senior Resident Assistant (those eagle-eyed will notice I also lived in Kuehner!). I made some great memories in Paterson thanks to the amazing communities that sprout in its halls. The Paterson rooms are apartment style, meaning you'll be paired with three other residents, each with their own bedroom, in a shared kitchen space with two bathrooms and a nice common area. Roomies get to know each other, and so do apartments! Best advice I can give you is that you really make the most of what you put into your time in residence, so don't be afraid to reach out to the people across your hall or someone you saw in your classes. Who knows? The people you randomly do dishes with may become amazing friends. Paterson is right next to some of my favorite places. I personally love to play squash in the Sports Plex and grab a bite at Dewies with my friends. Not to mention that there are beautiful woodland patches right next to the building where I love sketching and relaxing. All in all, you'll form connections that will really matter, so take advantage of your time in residence! It may be overwhelming – but you got this. It's a challenge, but the challenge will give you the thrills of a new and exciting university life.

Arthur Shut

Program: Bachelor of Arts – History and Global Studies

Hometown: Toronto, Ontario

POLLACK & BANDEEN

Pollack and Bandeen overlook the historic Quad and are the closest residences to the university centre and most of the academic buildings. They are known for their spirit, camaraderie, and pride. Pollack is connected to Bandeen through the 2nd floor. Both are traditional-style buildings, which means you would have a single or a double room while sharing a washroom with the rest of the people in your hallway (usually around 7-9 people). I like the fact that there are women, men and all gender washrooms. Pollack also has study rooms and common rooms where you can hang out with friends or other students. The fun and close-knit community of Pollack and Bandeen helps jumpstart the life-long connections you will form at Bishop's.

Aaricia Du Bois de Nevele, Residence Life Coordinator

Program: Bachelor of Arts – Psychology and Japanese

Hometown: Trois Rivières, Quebec

MACKINNON

I've lived in Mackinnon for three years: as a resident, a Resident Assistant, and a Senior Resident Assistant. Each year, I knew I wanted to go back—Mack has an open and friendly community that you just won't find anywhere else! Mack is a traditional-style building, which means you have a single private room while sharing a recently renovated bathroom with the rest of the people in your hallway. The bathrooms are women only, men only, and all gender, making the building an accepting space. Mackinnon also has a kitchen, a study room, and multiple common rooms where you can hang out, watch TV, or play pool. My favorite thing about Mack has been how easy it is to meet people and make friends. Walking down the hallway, it's not uncommon to see at least one or two open doors! No matter the year, Mackinnon students always find ways to connect and build friendships that last a lifetime.

Gillian MacLean

Program: Bachelor of Arts - Sociology concentration in Family, Health and Community, with Drama and Fine Arts minors

Hometown: Halifax, Nova Scotia

HODDER

The newest residence on campus opened in January 2023! Named in honour of the first woman at the head of a university in Quebec and at Bishop's University, Janyne Hodder Hall is the newest residence on campus in twenty years. This new fully-furnished 93-bedroom residence has a spacious modified bog-style format that allows for more common space between bogmates as well as residents from the rest of the building and other residence buildings. Modern conveniences such as a multimedia/gaming lounge, Zen/yoga room, full common kitchen, coupled with state of the art fully-accessible suites for people with reduced mobility, study rooms, floor to ceiling windows, outdoor mini-amphitheatre, and located directly in-front of Campus Security office and Dewies Dining Hall, make on-campus living options even better. The project of over \$16 million was almost entirely self-funded through Bishop's University operating budget, with some funding generously provided by donors.

Alexandre Prévost

Program: Sports Studies

Hometown : Gatineau, Quebec





Sherbrooke, Lac des Nations

1st YEAR FAQs

MOVE-IN WEEKEND CAN ARGUABLY BE THE MOST STRESSFUL TIME OF THE SEMESTER IF YOU DON'T KNOW WHAT YOU'RE GETTING INTO. FEAR NOT! THE RESIDENCE LIFE TEAM, ALONG WITH THE SRC, WILL BE THERE TO HELP YOU EVERY STEP OF THE WAY. HERE ARE SOME OF THE MOST COMMON QUESTIONS THAT THE TEAMS GET ASKED THAT FIRST WEEKEND.

WHAT SHOULD I ATTEND DURING O-WEEK?

During the first week of the school year, we host Orientation Week, where the Students' Representative Council (SRC) organizes a full week's worth of academic and social events designed to engage new students to help integrate and welcome them into the Bishop's community. From tours around campus with upper year students, to serenading the Principal, a concert in the Quad, and scavenger hunts around Lennoxville, there are activities for everyone. It's an amazing way to get to know not only other new students but it is also the best place to meet upper year students who are involved as leaders, judges, and organizers. As for which events you should attend? As many as you want! But don't miss out on the mandatory "Bystander Intervention Training" or "Can I Kiss You?" talk, as well as the Closing Ceremony wrapping up O-Week with music, dancing, and awards!

HOW DO I GET TO DOWNTOWN SHERBROOKE OR THE MALL?

Bishop's has three bus routes that come to campus regularly. Hop on the #2 bus to downtown Sherbrooke where you can explore the central business district with many restaurants, shops, movie theatre or pubs, or take the #11 bus to the Carrefour de l'Estrie (the mall).

WHAT ARE SOME OF THE FUN PLACES TO GO TO IN LENNOXVILLE/SHERBROOKE?

Depending on what you like to do, there are a variety of things you can do in and around Lennoxville and Sherbrooke. From plenty of walking, hiking, skiing and biking trails, to restaurants and clubs, to the movie theatre and shopping malls, rock climbing and the Lion (our local pub). For more ideas of cool places to head to, check out our Top 20 Sherbrooke and Lennoxville Must-Sees!

HOW DO I GET TO MONTREAL /AIRPORT/TRAIN STATION?

A shuttle bus (Limocar) comes to campus on Fridays which takes you to downtown Montreal, but you can also catch the city bus or take a taxi into Sherbrooke to the bus depot throughout the week. Otherwise, we have a few carpooling options that you can find through Facebook and other BU social media sites. We also have an *Aeronavette* shuttle directly to the airport.

WHAT IS THE BEST WAY TO KEEP IN CONTACT WITH HOME?

Residence telephones. Each room does come with a phone with its own extension that you can use to call locally or get a calling card to make long-distance calls.

IS THERE A CURFEW?

No, but living in residence does have its rules and one of them is having designated and enforced quiet hours. From Sunday to Thursday, quiet hours start at 11 p.m. From Friday to Saturday, they start at 1 a.m. Quiet hours are in place to ensure that all students have an enjoyable time whether you want to stay in or go out. So, no curfew - just quiet hours.

WHERE ARE SOME QUIET STUDY PLACES?

Depending on your own preferences, you can study in a variety of areas. The Library Learning Commons and Old Library, of course, have a variety of places for either group or individual study, but each residence also has study rooms or common rooms, which can be used for studying. The Chapel can also be an amazingly quiet and relaxing place to study and reflect. The Sports Plex as well as Brûlerie Faro, while not always quiet, offer great spaces to study and enjoy some delicious beverages.

HOW CAN MY PARENT SEND A CARE PACKAGE?

Students can obtain a mailbox on campus where you can get packages and mail sent to. You can also send mail and packages outbound through our Mail and Print Services located in the Student Centre.

PURPLE TO THE CORE

Hi there! My name is Sophie Bass, and this is my Bishop's story. In my last year of high school in New Brunswick, I began searching for a university to complete my undergraduate studies in elementary school education. I decided to follow in the footsteps of my two older siblings by leaving New Brunswick to study in Québec. At the time, I had my eye set on some of the bigger universities in Québec, such as McGill, Université de Montréal, and Université de Laval. Bishop's University was not on my radar. My mother had heard about Bishop's from one of her patients, and, knowing me well, she encouraged me to check out the University. She thought that Bishop's would be a good fit for me since I am a small-town kind of girl. She felt that the other universities would be too big and overwhelming.

We took a tour of Bishop's during March Break and was she ever right!! immediately fell in love with the University. It already felt like home. I decided to put all my eggs in one basket and apply to Bishop's, and only Bishop's.

To my excitement, I was accepted!

My years at Bishop's were the best of my life. I was happy with the small class sizes and the opportunities to talk one-on-one with my professors. I made amazing friends, and I met my husband, the love of my life. Both my husband and I loved the area so much that we never left! This is now my twelfth year teaching in the Eastern Townships, and I am so happy with my decision to stay and teach here. I have no doubt that my husband feels the same. In fact, I love Bishop's so much that I returned to complete a master's degree. I will complete my MEd in summer 2025. I am still learning so much at Bishop's University!

During my undergraduate studies from 2008 to 2013, I got involved in university life in many ways. In my first year, I played on the Bishop's soccer team and made incredible friends. I also took part in the Big Buddies club (where university students [Bigs] develop a sense of accomplishment while providing positive role models to grade school students from the Eastern Townships [Littles]), which was a fun experience. During the 2009-2010 academic year, I performed in the Italian rendition of Pinocchio as the Blue Fairy in 2009-2010. From 2010 to 2012, I volunteered at the Lennoxville Library, where I prepared various reading- and arts-related activities to promote the Library and encourage reading in children ages 5 through 11. What a great opportunity to get involved in the community and gain valuable experience in education! In 2011 and 2012, I got to travel to Malawi with a group of Bishop's professors and students as part of an experiential learning program. I even received funding through the McConnell Student Opportunity Fund to cover the cost of the trip. I was hired as a precalculus tutor and teaching assistant for two of my professors in my time at Bishop's, and I was inducted into the Golden Key International Honour Society.

As a graduate student, I continue to get involved in university life in as many ways as I can. I love attending the Donald Lecture Series and other lectures open to the community, visiting the art exhibits, listening to the Bishop's choir, watching basketball and football going games, going to events organized by the Indigenous Student Support Centre such as Powwows and so much more. I was even able to take a CPR course, which is important for teachers working with young children. I received funding from the School of Education and a Graduate Entrance Scholarship to help cover tuition, research costs, and other expenses. Simply walking around the magnificent Bishop's campus brings me so much joy.

As you can see, Bishop's offers so many great opportunities. I highly encourage you to consider attending this lovely establishment!



Sophie Bass
Major in Early Childhood
Education Class of 2013,
Masters of Education,
Class of 2025



SALUT GAITERS!

My name is Christina, and I am a fourth-year student pursuing a double major in International Studies with a concentration in Global Governance, and in Sociology with a concentration in Criminology, Law, and Social Policy. I am from Drummondville, Québec, and I moved to Lennoxville six years ago to complete my college diploma from Champlain College (in Québec, students usually attend Collège d'enseignement général et professionnel – CEGEP, after high school).

As a francophone, I initially came to Bishop's to improve my English, but I ended up falling in love with the community. I have been involved on campus these past four years as features editor and staff writer for The Campus newspaper, Vice-President of Academic Affairs in the Students' Representative Council (SRC), and as Student Success Manager in the Politics and International Studies Association. I also participate in many school events, such as the motionball Marathon of Sport, LUG softball, pickleball nights with friends, and the BU Charity Fashion Show.

Although I can talk passionately about the courses that I have taken at B.U., my on-campus involvement made me fall in love with Bishop's and develop into the person I am so proud to be today. Not only did I perfect my English here (fun fact: in some very rare cases, I have been told that people could not tell that I am francophone), but I also met lifelong friends, experienced new sports and hobbies, participated in lobby meetings on Parliament Hill in Ottawa, spoke at a press conference at the National Assembly of Québec, and attended the General Assembly of the United Nations. Not only am I proud of my accomplishments through student leadership, but I am also very grateful for the skills that I have learned. I have had the opportunity to work closely with many clubs; academic societies; students; faculty members; staff in the recruitment office; the Vice-Principal, Academic and Research; the Vice-Principal, Student Affairs; and the Principal.

Every member of our community plays a part in making our purple bubble so special, and soon, you will be part of it, too! My favourite piece of advice is "try new things and put your best into it." Get out of your comfort zone and try something that you have never tried before. B.U. is the best place for you to discover who you are and what you like. There are no right or wrong ways to get involved, as long as you feel fulfilled by your commitments. My Bishop's experience has been amazing, and I hope yours will be as well!

Cheers!

Christina

Christina Lépine

Double major in International Studies: Global Governance concentration, and Sociology: Criminology, Law, and Social Policy concentration, Class of 2025

MAKE YOUR PURPLE MARK



Christina Lépine

TAKE ROOT AND BLOOM

INDIGENOUS STUDENT
SUPPORT SERVICES



Hi! Welcome to Bishop's! My name is Casey Beth Konwanoronkwa Goodleaf, and I am in my third year of Elementary Education with a minor in Indigenous Studies. Bishop's has treated me so well so far. I truly love the campus and the town of Lennoxville, and I'm so grateful that I have the privilege to study here. I'm not too far from home in Kahnawake, Québec, but Bishop's does feel like a home away from home. The Education program at B.U. is amazing, the practicums are exciting, and it is so easy to make friends in your classes. I am also an Indigenous student support intern at the Indigenous Student Support Centre (ISSC).

As one of three interns, I get to help with the organization of a variety of events ranging from Truth and Reconciliation Week; vigils; workshops and brunches for authors, actors, and other guests; volleyball tournaments; and even trivia nights. The ISSC has three support people who help students access the resources they need to succeed academically and personally. The ISSC also helps create a sense of community amongst the Indigenous student population. It is a community composed of different nations from all over, yet most have similar experiences and share an understanding of what it's like to be an Indigenous student. Being a part of the ISSC community gives me the opportunity to help students who are going to school outside of their communities who might be dealing with culture shock and who may be having difficulty staying on top of academics. At the ISSC, we participate in activities that keep the connection to identity alive.

The ISSC lounge is a space for Indigenous staff and students to connect, share meals, hang out, study, and enjoy each other's company when they feel far away from home. Bishop's is already a great community, but it's amazing to have a supportive network within the greater B.U. community. We have fun events every week for Indigenous students, and we work together to educate the campus and surrounding community. There are also amazing courses and workshops at Bishop's that help to spread Indigenous knowledge, like Land-Based Learning and Abenaki Language and Culture. The Kwigw8mna building, which recently opened, is going to be a brand-new space for the ISSC. I am so excited to start using the new building and the amazing resources and support that will be offered there.

So far, Bishop's has been amazing—from the great bagels at the Library Café to Homecoming (HOCO), and from Winterfest to the Indigenous community on campus. Please stop in and say hi! We are all so excited to meet you and hope you have an amazing time here!



Casey Goodleaf

Casey Goodleaf

Elementary Education major with a minor
in Indigenous Studies, Class of 2026

Be Green at B.U.!



Diane, Nouakchott,
Mauritania



Ariane,
Ottawa, Ontario

Authors: Diane Drak Alsibai

Program: Bachelor of Science - Environmental
Science with International Studies Minor

Ariane Horrall,

Program: Bachelor of Arts - Honours Geography with
Sustainable Agriculture and Food Systems Minor

As young people, it is important to us that our university values sustainability and invests in a greener future for its students. The Sustainable Development Office (SD Office), in collaboration with the SRC and other departments on campus, advocates for a more sustainable campus and supports students to leave their green mark on BU!

SUSTAINABLE STUDENT INVOLVEMENT OPPORTUNITIES ON CAMPUS

Our university has numerous clubs that promote environmental awareness and sustainability. The Environmental Club encourages students to lead a more sustainable lifestyle and raise awareness on environmental issues through workshops and Eco-Week, a week to advocate for all their values to the Bishop's community in collaboration with the SD Office. The Sustainable Agriculture and Food Systems (SAFS) Club focuses more on sustainable food production and runs workshops about cooking, sustainable crafting and gardening. The Outdoors Club hosts weekly activities that take place in nature, like hiking, camping, rock climbing, and more. Lastly, Bishop's Bees is an apiculture club that cares for our 2 beehives on campus and runs bee-related workshops like beeswax lip balm making, honey extraction, and more. You can also decide to grow your own food in our community garden, open to students and the BU community for free!

Moreover, the *Community Cupboard* is a center run by the Student Services Department that fights food insecurity by providing food to students in need, as well as hosting a thrift store on campus to encourage giving clothes a second life. The SD Office also hires student interns and recent graduates to offer real-world experience in the environmental sector! The SD Office equally hires students for its Green Team, a group of students who help sort waste and educate people about proper waste habits! Another important opportunity for students is to apply to the Green Levy Fund, a fund that can be granted to any student who has an innovative project based on sustainability that they'd like to see on campus.

THE SUSTAINABLE DEVELOPMENT PLAN

In 2022, Bishop's released its 2020 - 2024 Sustainable Development Plan, outlining the university's strategies to reduce its carbon footprint. On April 20, 2023, Bishop's University announced it had achieved carbon neutrality in terms of greenhouse gas emissions (GHGs) in scope 1 and 2 (direct operations) of the plan, surpassing its original goal of reaching this milestone by 2030. The Sustainable Development Plan is set to be renewed with new goals and milestones, like the completion of the community garden, achieving Silver Level Fairtrade Certification, developing a sustainable procurement policy, and lots more!

GREEN CERTIFICATIONS

As of 2010, Bishop's has banned the sale of all plastic water bottles, eliminating huge amounts of waste on campus. In November of 2023, Bishop's received the official Fairtrade Campus designation from Fairtrade Canada. This means that all of the food service locations under campus control now offer exclusively Fairtrade coffee and a select range of Fairtrade tea and chocolate. In January of 2023, Bishop's also received a bronze-level certification from VÉLOSYMPATHIQUE, recognizing how our university promotes, adopts necessary infrastructure, and advocates for cycling and sustainable transportation among our community.

WASTE MANAGEMENT

Uniform waste sorting stations can be found all around campus, including a recycling, garbage and compost bin, with helpful signs to remind us what goes in each bin. There are also glass recycling drop-points, aluminum can recycling bins, Personal Protective Equipment disposal points in all labs, and specialty recycling drop-points for things like batteries, broken electronics and styrofoam. Furthermore, all of our take-out cups, utensils and containers sold by campus food services are compostable. If you bring your own reusable mug to these locations, you'll get \$0.25 off your drink!

REDUCING FOOD WASTE ON CAMPUS

A community fridge can be found in the Student Centre, giving people the opportunity to donate or take from the fridge as they see fit. We are continuously striving to collaborate with local businesses to collect their extra food that would otherwise go to waste and using it to fill our fridge.

GREEN AREAS ON CAMPUS

While a lot of Bishop's beautiful landscapes were already there when the school was first built, many more have been developed over the years, contributing to biodiversity conservation and education while also making the school more aesthetically pleasing. One of the main wetland conservation projects at this school is the Peter Curry Marsh. The aim of the project was to give ducks as well as other migrating birds a protected habitat. Some other projects that have taken place are pollinator gardens all over campus, as well as the Bishop's Arboretum that documents the diversity of tree species on campus while planting more. Most recently, the community garden was built this past summer and now offers a new green space for the community to visit and partake in!

WHERE TO START?



Bishop's and I have a very special history. I grew up on campus—I was a little Panda myself at the Daycare on campus, and I've been attending Gaiters basketball and football games since I was born! However, I never really considered studying at Bishop's when I had to make the choice after CEGEP.

Back in 2022, at 20 years old, I had the biggest existential crisis of my life. After spending a full year at my 'dream university' in my 'dream program,' I realized that it wasn't for me. So, I dropped out of university, packed my bags, and left. I found a job as a waitress in Ontario to 'work on my English' and lived with a family friend for three months.

By the end of June, a friend of mine texted me with a spontaneous idea: "Want to go on a trip?" Without overthinking, I booked my flight. A week later, I was in Thailand with her, having the time of my life. Of course, all good things must come to an end, and she had to return to Quebec for her studies. Not knowing what was next for me, she convinced me to apply to Bishop's and study with her. The application deadline had passed, but I sent mine anyway—and few days later, I found myself sitting in my BIO101 class.

That first semester, I explored so many different courses. I didn't know what I wanted to do, but I knew I was enjoying my time at Bishop's. I quickly made friends, got involved, and realized that Bishop's wasn't just a university—it was a home. The staff, faculty, and my peers were all so welcoming, and for the first time in a while, I felt like I belonged.

Now, three years later, I'm nearly finished my major in Mathematics, and I've learned so much—both academically and about myself. Bishop's has given me endless opportunities to grow. In my second year, I served on the Student Representative Council (SRC) as the Environmental and Sustainability Representative, working on projects like implementing compost in residences and rewriting the Environmental Policy. This year, I'm still involved with the SRC, now as the Peer Academic Mentor for the Natural Sciences and Mathematics division, where I help students achieve their academic goals. Academically, I've had the opportunity to work as a Teaching Assistant for math courses and tutor students one-on-one.

Beyond the school, Bishop's has offered me so many ways to get involved. I was part of the Fashion Show as a model, I played intramural volleyball with friends, and I attended events like Winterfest, Homecoming, and Gait Nights. I even went on exchange to Australia in my second year, which was one of the most incredible experiences of my life. Bishop's truly allowed me to carve my own path.

On a more personal note, I also met my partner at Bishop's during my first year. After he graduated, he joined me in Australia, where we traveled for nearly three months together. He proposed in New Zealand, and we're getting married this June—at Bishop's!

*Fun fact:
my parents also met during
their university years and got
married at Bishop's, so we can
truly say that Bishop's holds a
special place in our hearts!*

*Trust me when I say that Bishop's
is so much more than just school—it's
a community. When I first arrived, I
had no idea what was waiting for me,
but looking back, I probably made the
best decision of my life.*



Chloé Rouleau

Chloe Rouleau
Mathematics major,
Class of 2026





Follow

★ YOUR ★

Dreams



Maude Zulauff

Maude Zulauff
Music Performance, Musical
Theatre concentration,
Class of 2024

HELLO, FUTURE GAITERS!

My name is Maude, and I'm from Compton in the Eastern Townships. I am a recent Bishop's graduate in Music Performance with a concentration in Musical Theatre. Five years ago, I was working towards my dream of studying musical theatre in London, England, but in the midst of a burnout and with the rise of COVID-19, I totally lost hope. Bishop's University came in and saved my future when it announced its first-ever Musical Theatre concentration, where I could expand my training, here, at home, and in my second language! Through the program, I met so many passionate people, performed in big productions on stage in our very own Centennial Theatre, and even collaborated on shows with professors and industry professionals.

But the real highlight of my journey came when I revived my British dream, in 2022, when I participated in a yearlong exchange in Worcester, England. Indeed, Bishop's University has an incredible international exchange program that provides students with the opportunity to study abroad anywhere in the world for a semester or two. In England, I experimented with different types of theatre styles such as pantomime, a very British comedy theatre tradition. I saw dozens of shows in and outside the West End, some of which were financed by the University of Worcester. I realized my childhood dream when I travelled to Liverpool, the birthplace of The Beatles, my favourite band and biggest influence. I became friends with incredible people from around the globe, lived new cultural experiences, and went out of my comfort zone more than a few times.

Most importantly, through the exchange, I developed an identity; I felt free, and I connected with a deeper sense of self. I accepted my own mistakes, felt at peace with my person, and embraced the present. My exchange experience taught me that, if you believe in yourself and you work hard enough, no dream is too big, and the smallest of victories lead to the best of accomplishments.

I truly hope that your journey at Bishop's will be filled with creativity, authenticity, and adventure. Don't be afraid to try new skills and expand your horizons. They say that if your dreams don't scare you, they're not big enough. So, I say "go ahead and dream big," because anything is possible at Bishop's, where my dreams and more came true and where destiny meets reality!

NEVER STOP BELIEVING,

MAUDE xx

B.U.'S THRIVING ARTS SCENE

Bishop's University prides itself on a culture that values both freedom and variety throughout the student experience; and one of the most prominent aspects of student life is the ever-flourishing B.U. arts scene. We have a vast selection of music, theatre, visual arts, and multimedia showcases, which translate into a seemingly unending opportunity to enjoy students' work as they continue to hone their craft.

FINE ARTS

Our Fine Arts Department is widely recognized for their much anticipated open houses at the end of each semester which showcase student works from the term. These provide a wonderful insight to the inner workings of the program, as well as an opportunity for students to explore the curative process of building a catalogue while transitioning their work from a private studio to a gallery setting. Similarly, the Grad Arts Show debuts the work of graduating students who strive to enhance their profile and bring national attention to their work.

FILM

The B.U. Film Festival (or, as we call it, BUFF) is a competition celebrating the creativity of student-made short films that are written, directed, acted, and filmed by students from any department. The submitted films are shown at a gala event in March and can subsequently be sent on to national film festivals and grant submission committees; not to mention it's the perfect excuse to take a break from studying and rally your crew for a movie night out! Film students are often also given the chance to collaborate with other departments to film productions or events, giving them fantastic hands-on learning opportunities all year round.

MUSIC

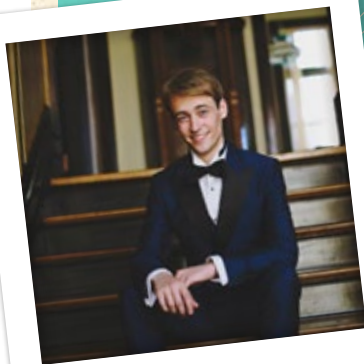
Nearest and dearest to me (being my primary field of study) is the B.U. Music Department. Students are invited to participate – both as players and spectators – in concerts, open mic nights, and jam sessions hosted by the B.U. Music Society. These shows feature students performing all genres of music and, if that's not exciting enough, the department is home to the *Musique Chez Nous* concert series, which brings professional artists to our very own Bandeen Hall featuring with free admission for all students. Not convinced? The B.U. Singers Choir also puts on two spectacle shows each year dedicated to showcasing the stellar voices of B.U. and our surrounding community.

DRAMA

The Drama Department presents two productions each semester and that's only the tip of the iceberg. The department also plays host to the *NewPlays* and *TheatreActive* festivals which feature shows directed, performed, and even written by our students. Students also have access to backstage tech-focussed courses, to show you the ins and outs of running a professional-grade production!

MUSICAL THEATRE

In other exciting news, the B.U. Musical Theatre program is fully up and running, with large scale productions being staged each year and a plethora of classes to shine up your skills in a professional-grade hands-on environment. I coordinated and staged the first ever Musical Theatre Concentration Recital at B.U., and it was a roaring success. We are constantly finding new ways for students to showcase their talent and hard work all while learning vital skills to succeed and stand out in their industry.



Tyler,
Medicine Hat, Alberta

Author: Tyler Casat

Bachelor of Arts - Honours Music Performance with Musical Theatre concentration. Class of 2023

EN ANGLAIS... VRAIMENT ?

Coucou, mon nom est Juliette, j'ai 19 ans et je suis étudiante de première année à Bishop's. J'habite Granby et ma langue maternelle est le français. J'ai fait mon cégep en Langues Modernes à St-Hyacinthe avant de commencer l'université en Relations Internationales (International Studies). J'étais la seule de mes amies du cégep qui a choisi une université anglophone, alors que tous déménageaient à Montréal ou à Québec pour poursuivre leurs études supérieures dans des universités francophones. Pour ma part, j'étais complètement charmée par le campus de Bishop's, l'environnement étudiant et les petites classes. Même si certaines de mes amies doutaient de mon choix, j'ai saisi l'opportunité d'améliorer mon anglais, de développer mes capacités d'études et de travail dans une autre langue et j'avais totalement raison!

Même si j'avais une bonne base en anglais avec mon programme de langues au cégep, mon accent francophone est toujours présent et j'avais de la difficulté à m'exprimer au début. Je promets que ça laisse seulement place pour le progrès! En déménageant en résidence étudiante, j'ai eu la chance de me rapprocher de gens provenant de partout dans le monde comme le Pérou, le Japon, le Rwanda ou l'Espagne, alors je n'étais pas du tout la seule à venir avec le but d'améliorer mon anglais. Mes amis Américains et Canadiens en dehors du Québec me permettent toujours de m'améliorer! En plus, l'école est pleine d'étudiants québécois et français me permettant aussi de partager des moments dans ma langue maternelle. Être francophone à Bishop's ce n'est pas une barrière mais plutôt une chance d'en apprendre plus à nos amis anglophones qui veulent profiter de la localisation de l'uni pour apprendre le français! Les enseignants sont super compréhensifs, il est toujours permis d'écrire en français dans nos examens et plusieurs enseignants permettent d'apporter un dictionnaire en classe!

Je fais aussi partie de la sororité Alpha phi sur le campus, et je suis très fière d'apporter un aspect francophone à une organisation grecque d'envergure internationale. J'ai commencé mon rôle en tant que présidente du chapitre cette session, ce qui me permet de développer mes habilités de leadership en anglais! En gros, commencer l'université à Bishop's en tant que francophone m'a permis de développer mes habilités académiques et de leadership dans ma seconde langue et de tisser des liens avec des personnes de différents pays et provinces, un choix que je ne vais jamais regretter!



Juliette Chaput

Juliette Chaput
International and Global
Studies, First-year student





Educate The World



I am from Laval, Québec. I am in my fourth year, and my major is English Language Arts with a minor in TESL. Whether I'm learning languages or immersing myself in various art forms, I am constantly seeking opportunities to expand my horizons. You'll most often catch me skateboarding around campus or studying in the library near a whiteboard.

In fall 2023, I had the opportunity to go on exchange in Bodø, Norway, as part of the ELLiL project. Essentially, the ELLiL project promotes agency and creativity for student teachers as it develops the Ridl framework as a new model for teaching practice. In Norway, I loved being able to develop my teaching skills and construct creative lesson plans.

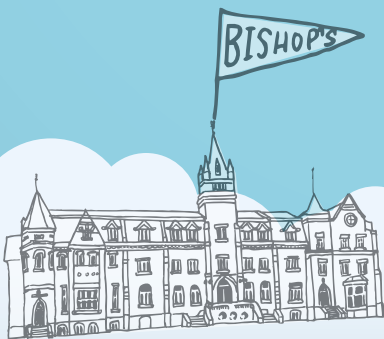
Once I returned to Bishop's after my exchange, I took a position as a residence assistant in my third year. My job requires that I facilitate group events. I also must regularly check in with residents and supervise their overall well-being. I am also a research assistant for Dr. Sunny Lau and work on the For REEAL webinar series. For REEAL stands for "For Researchers and Educators of English as an Additional Language." Through monthly workshops and forums, this platform makes space to share online resources to promote the co-construct-

tion of knowledge. I host some of the webinars and am currently developing social media content to advertise the webinar series.

I am the founder and co-lead of the Education Community Club (E.E.C.) at Bishop's University. In winter 2024, I started the TESL (teaching English as a second language) Club with my classmate Carina, which has since evolved into the E.C.C. in response to the dire need to build a stronger community across all education profiles. We have since then expanded our executive team and are always looking for members! The more the merrier!

I also had the opportunity to host an ESL event during the 52nd annual SPEAQ convention in Quebec City. SPEAQ stands for Société pour le perfectionnement de l'enseignement de l'anglais, langue seconde, au Québec. The SPEAQ conference aims to engage ESL students and educators and promotes a variety of workshops relevant to teaching practices. During the convention, my professor, Trevor Gulliver, three other ESL student-teachers, and I hosted a 75-minute workshop entitled "Games in the ESL Classroom". My classmate Youness and I developed the game "Super Survival", where students must adapt with limited resources.

Overall, I have been enjoying my time at Bishop's University, and I am thankful for the opportunities I have been able to experience!



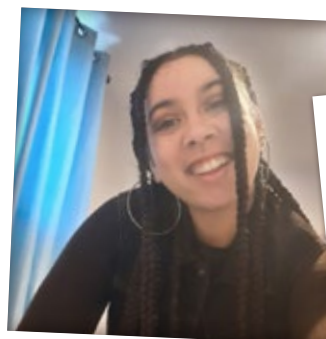
Stéphanie Mallick Pilon

Stephanie Mallick Pilon

English Language Arts major with
a minor in Teaching English as a
Second Language, Class of 2025

BRIDGING THE DIVIDE

As you first come onto campus you will likely cross over a modest steel bridge that most students, staff, and faculty have walked or driven over to get to the Bishop's campus. The mighty Massawippi holds its own history with the Abenaki people, long before Bishop's was founded. The systems in place on campus have worked for many years, but as the campus grows in population and diversity **there needs to be connections made towards making sure everyone has the opportunity to make the University a better place.** Bishop's is located at the confluence of two rivers, where waters and peoples have come together since time immemorial. This river and bridge may seem a mundane and odd visual to begin with, but it is a perfect metaphor to understand Bishop's University and is key to understanding how students continue to advocate for themselves on campus. **As the Bishop's campus grows in diversity, there needs to be connections that ensure everyone here has the opportunity to flourish.**



Markayza,
Sherbrooke, Quebec

Author: Markayza Mitchell
Program: Bachelor of Arts
Sociology



Adriana,
St. Albert, Alberta

Author: Adriana Burns
Program: Bachelor of Arts
English Literature and History



EDI ON CAMPUS

Being a supportive and safe environment for all is something we pride ourselves on. Amy Abe, the Special Advisor for Equity, Diversity and Inclusion (EDI), has helped provide a voice in places where students may not be able to access. Amy says much of her job is for the students, to ensure the student voice and experience are central to BU directions and decision-making. Her activism for student equity and accountability includes workshops, advocacy, policy change, and inclusive culture shifts. Students have been able to feel supported while reaching out to upper management and navigating the hierarchy inherent to university structures and leadership. **Importantly, students are given a well-needed seat at the table to learn and lead alongside BU faculty, managers, and senior executives.** The Special Advisor initiates or sponsors many EDI activities like the recent #Black-Joy PhotoVoice project or the creation of a suite of foundational EDI courses, developed by students belonging to equity-seeking groups. All these opportunities and initiatives give the BU community a foundation in action-oriented inclusion and equity—in other words, the steppingstones to meaningful and urgent social and academic change.

STUDENT-LED ACTIVISM

The best resource Bishop's University has is its justice-centred student body. We embody the true BU mind and spirit. Many of the themed educational weeks and activities originate from students. We bring our lived experiences and activism to the wider BU community. Student groups are responsible for culture, impact, and growth. An example of this is Sexual Wellness week, where groups like the Sexual Health Committee and the Educational Wellness Committee provide resources for sexual health. The Indigenous Cultural Alliance (ICA) fosters valuable discourse through fundraisers and guest speakers. These opportunities allow for the student population to share and learn from others' stories and develop important relationships.

Moving forward, student associations that advance diversity and inclusion must be at the forefront of the budget and thoughts of the Students' Representative Council (SRC). This is where a townhall style approach may work in the future, which is also another student-centred approach to campus accountability. Bishop's is sometimes perceived as a party school. We also have a long, colonial tradition. But we are also learning and growing. The shift from Bishop's hegemonic mentality as a white and 'rave-centred' school to an inclusive and equitable campus needs leadership from we, the students—and we, the students, need more institutional solidarity and resources.

INSTITUTIONAL ACCOUNTABILITY

When choosing Bishop's, we were hoping that the close working relationship with professors would allow for an increased ability for improved change within the institution. University classrooms have the potential to be at the forefront of inclusion and equity work—faculty have the potential to be the greatest allies in the pursuit of meaningful social and academic change. This is in fact true and the case with many professors, but it isn't always comfortable. Although the campus values equity and diversity, achieving concrete actions to promote both equity and substantive equality has been a slow process. Students have been determined to “fight the fight” and promote change from within, but there are still systems of privilege that need to be addressed, and this requires concerted institutional leadership and accountability. **One of the ways to address these urgent changes is to ensure that there is a culture of growth, transparency, and accountability for all community members so that problems and issues are addressed and that there is a clear path to acknowledgement and resolution.**

Many faculty and staff have been positive role models and are leading the charge with respect to bringing Universal Design for Learning (UDL), or anti-racist and decolonizing frameworks, into their classrooms, units, and toolbox. This is needed across all classrooms and services. Pursuing equity within the classroom and academic environment and providing faculty and staff with tools that help ensure that ways of knowing and learning evolve is paramount. We all need to honestly look at our role in the system and how our actions have both micro and macroaggressions attached even without knowing. Working on looking forward and to the future together will help Bishop's work towards advancing this needed change.

BE PART OF THE MOVEMENT

The student community at BU has become a more diverse place in the last 10 years, which the University touts as a source of pride. It's no **secret** that university administration and faculty doesn't yet reflect the diversity of the student communities they serve. And, though representation is vitally important, it's not the same as inclusion. **We all, from university governance to classroom communities, need to be doing the work of inclusion and equity.** Being brave to be a voice for others who have felt silenced is the foundation of student movements both on and off campus. Leadership and structural changes will go a long way in helping BU become the university it wants to be.

Much of our EDI work originates with students at the grassroots level, which means it will start with you. When you come to Bishop's, come because there is work to be done, and come because you can find allies in the pursuit of inclusion and equity. Reach out to our student-led activists and groups who you will help by ensuring the sustainability of campus activism. Drop in for tea with Amy Abe, the Special Advisor for EDI. Build the relationships that will give you a greater understanding and appreciation for the campus we call home. **It will give you the chance to make a difference and be part of a legacy of justice and pride. Even though much work has been done, there is much left to do. Will you answer the call?**

20 MUST-HAVE ITEMS AT BU

Cork board / White board

Having a board in your room is the perfect way to stay organized and personalize your space. Fill it with your schedules, to-do lists, pictures, anything to help you feel productive in your new room.

Headphones

Campus can be a loud place, and having these with you can easily make any place a study space.

Kettle / Keurig

If you're not a morning person, investing in one of these is perfect: you don't even have to leave your room for that morning coffee.

Extension Cord/Power Bar

Plugs are sometimes not in the most convenient places, so having one of these around makes plugging in all your devices a lot easier.

Travel Mug

On those rushed Monday mornings, having a travel mug is the perfect way to carry that much-needed coffee or tea to class.

Blankets

It gets cold in the wintertime, and having a couple of blankets makes it a bit cozier.

80's Style Retro Snowsuit
Rock Winterfest and winter theme nights with your best Crazy Canucks snow gear.



Onesies

There is only one proper attire for late night movies with friends: onesies.

Umbrella or Raingear

Not all buildings are connected so venturing to class or into town in the rain can be a wet experience. Stay dry!

Belt bag

Sure, it sounds a little strange, but it's the easiest way to carry your stuff around during Orientation Week or a night out.

Pillow

Bringing your own pillow ensures that you get the best night's sleep in your new room.

Purple EVERYTHING!

You can never have too many purple clothes or items. No matter how crazy it is, bring it!

Cards / Games

A great way to entertain a bunch of friends on cold winter nights.

Slippers

A comfy way of getting around residence without having to put on actual shoes!

Rain Boots

To keep your feet dry during the mud seasons that arrive twice a year - right before the snow arrives and after it departs.

Costumes

There are tons of themed events and holidays going on at BU all year long. Whether it be Halloween, Gait Night, or just another day on campus, there is always an excuse to wear a crazy costume.

Mini Fridge

Sometimes leaving your room is not an option. Don't feel that you have to cut your study session short to go to Dewies, keep all your favorite study fuel in your very own mini fridge.

Bluetooth Speaker

Whether it be getting ready to go to The Gait, movie nights or just hanging out with bunch of friends, this is a must have for dorm life.



20 MUST-ATTEND EVENTS

SEE THE CALENDAR FOR
ALL UPCOMING EVENTS
UBISHOPS.CA/EVENTS

ACADEMIC EVENTS

DONALD LECTURE SERIES

The Donald Lecture Series brings speakers of national and international renown to the Bishop's campus to provide insight, provoke thought, and stimulate debate on the most compelling issues and events in the world today. All lectures are free of charge and open to the public. Past speakers include: Chris Hadfield, Edward Snowden, Rev. Jesse Jackson, David Hogg and Naomi Klein.

RESEARCH WEEK

Come support your friends and professors during Research Week. Undergraduate and graduate students are eligible to participate in three categories: Pitch Perfect Competition, Poster Competition and Creative Art Competition. Learn about student research taking place across several fields and disciplines. Attend conferences by BU researchers and guest speakers. Faculty, staff, and students gather to celebrate at the awards ceremony.

B.U.F.F.

The Bishop's University Film Festival (BUFF) celebrates and publicizes the creativity and skill of Bishop's students from all programs through an annual competition in digital filmmaking. Students submit short films, which are screened publicly at our gala in late April and presented with various awards, as chosen by a panel of judges

ART LAB WORKSHOPS

The Art Lab on campus offers Bishop's University students a creative space where they can explore their interest in the arts, as well as engage critically with visual and media arts in the region. The Art Lab hosts workshops that anyone can attend. These workshops range from carving pumpkins, to lantern building, dreamcatcher making, henna tattoos, bookbinding, and much more. It's a great place to go to unwind after a long day, and to let your creativity shine!

MAPLE LEAGUE'S UP FOR DEBATE

Members of the Maple League – Acadia, Bishop's, Mount Allison, and St. Francis Xavier universities, promise a weekend of stimulating, thought provoking, and delightful events. In addition to plenary speakers, a student debate tournament, a Business CASE Competition, and a series of receptions, the University hosts TEDxBishopsU, a multidisciplinary event that features speakers drawn from the talented pool of students, faculty, alumni, community members, and staff from the four univer sities.

BU ARTS FESTIVAL

The Arts Festival is a free, weeklong event that showcases the processes and people behind the arts. It includes everything from visual arts to poetry, dance to drama, film to music. Workshops, rehearsals, events, shows, concerts, performances, and more happen throughout the week all over campus! Even the greater Lennoxville and Sherbrooke communities are invited to attend, collaborate, participate, and volunteer!

DEPARTMENTAL RECEPTIONS

These events enable students and professors to engage in discipline or course related topics and mingle over some snacks in a less formal atmosphere. A great way to get to know your professors outside of the classroom and an even better way for them to get to know you (a definite perk for when you need reference letters for Grad School!).

THEATRE PRODUCTIONS

Turner Studio Theatre is home to Drama students, but it is also the place to be if you enjoy theatre! There are a variety of shows that are performed at Turner Studio, from New Plays, performances that are written and directed entirely by students, to Theatre Activ, performances of popular plays and musicals. Tickets are inexpensive, and the entertainment is wonderful!

MORRIS HOUSE READING SERIES

The Morris House Reading Series brings both established and up-and-coming authors to Bishop's University to present their work, answer questions, and meet with the audience during the informal reception that follows.



SOCIAL EVENTS

ORIENTATION WEEK

This is where all the action begins! O-Week is a whirlwind of activities, and an awesome way to make new friends. Some Orientation Week highlights include: the famous "Can I Kiss You" talk about consent; mandatory Bystander Intervention training; dancing under the stars in the Quad at the Gaiter Gardens; welcome concert (previous performers include Classified, The Arkells, and X-Ambassadors); and an awesome hike up Mont Pinacle, one of our local mountains.

GAIT GATSBY

Get out those dancing shoes, tuxedos and feather boas, because Gait Gatsby is an event like no other! The Gait is transformed into an extravagant 1920's-esque scene, where champagne is popped and fancy costumes are donned by all. You won't want to miss it!

ECO-WEEK

Organized by the Environmental Club and B.U.'s Sustainable Development Office in February, Eco-week proposes an array of activities related to the environment and sustainability: mini-market, "No cup Day", wellness nature walk and more. Meet likeminded people who your environmental values.

WINTERFEST

Grab your retro ski gear or onesie and brave the cold to celebrate the BUTIES of winter at one of the biggest events of the winter semester! The Quad is transformed for a winter extravaganza, complete with a ski and snowboard rail set-up, an ice bar, a DJ tent, and ofcourse, a BBQ booth to keep you fueled and warm throughout the day! Dance, ride the rail, or simply sit back, sip hot cocoa, and take it all in!

FASHION SHOW

The Fashion Show is a student initiative that is the largest charity event on campus. Walk the red carpet, work backstage, watch your friends strut their stuff on the runway, and feel the urge to jump out of your seat when the DJ starts mixing. Whether you choose to be in the audience, or walk on the stage, Fashion Show is a favourite event for many. The best part? Every penny raised goes to a local charity!

HAPPY HOUR AT THE GAIT

Held every Thursday at The Gait, this is a great way to celebrate the near-end of the week and socialize with other students and faculty. There is great company, free popcorn, and great music. If that isn't convincing enough, I don't know what is!

HOMECOMING

Get out all that BU SWAG, because this is definitely the purplest event of the year! The Coulter Field parking lot (and Lennoxville itself) is filled with excited students and returning alumni for dancing, barbequing, tailgating, and of course, the big Gaiter home football game.

MENTAL HEALTH WEEK

Mental Health plays a significant role in creating an environment conducive to success. In response to the evolving context through which students navigate our institution and the escalating significance of mental health, the University's commitment to prioritizing student well-being highlights the profound interconnection between mental health, overall wellness, and academic success.

NATIONAL WEEK OF TRUTH AND RECONCILIATION

A week of raising awareness about the history of residential schools and its ongoing impacts. The major date for this week is Orange Shirt Day which is on September 30th and is typically accompanied by a walk to raise awareness and remembrance.

HALLOWEEN

Be sure to bring your entire costume trunk with you to Bishop's, because you'll be needing a number of costumes for this crazy weekend! Bishop's students love to dress up so much, we make Halloween a three-day affair. Get ready to see some pretty creative costumes, we start brainstorming and crafting in September!

ART HIVE - ARTLAB

Located on the Bishop's University campus, the ArtLab Art Hive is an inclusive bilingual space open to members of the university community as well as members of the Sherbrooke and Eastern Townships community. An Art Hive is a community art studio that welcomes everyone as an artist; it's a place to make art and meet other people. Materials and space are available for a self-directed experience of creative exploration. Everyone is invited to share their knowledge and learn from others. Facilitators are there to accompany those who wish to do so, in a safe, non-judgmental environment. It is free and it operates with donated materials.





MOMENTS THAT LAST A LIFETIME

As my fourth year at Bishop's comes to a close, I look back at the time I've spent here with nothing but a smile on my face. I still remember the first time I came to campus. At that point in time, all I knew about Bishop's was that it was where I planned to play football for the next four years. I didn't know that I would fall in love with the sight of Coulter Field at 7 a.m. on a crisp fall day. I never thought that I would spend every Friday for the next four years singing my heart out at karaoke night at the Lion. These are but a few of the many details that make Bishop's the great place that it is.

Coming from a small town in northern Ontario, I didn't think that finding a place with a stronger sense of community would be possible until I got to B.U. and discovered that community is what makes this campus unique. Being a member of a varsity team comes with the greatest sense of community possible. Playing for the Gaiters football team has created memories that are set to last a lifetime, and capturing a championship was a moment that I will forever be grateful for. The moments that I will remember forever are hanging out in the locker room with the guys before and after practice and waking up for 6 a.m. runs with the team. The sense of

community carries over to off-field, as well. In a small town where many of the residents are your classmates, finding your people and creating lasting memories come easily.

Another aspect that has made my Bishop's experience unique is my involvement with the athletics department. I have been a part of the game-day staff for basketball and women's hockey since my second year, and it has been a blast. While it is technically my job, I am lucky to be able to watch hockey and basketball games from one of the best seats in the house. (This is secretly one of my favourite aspects of the job!) Being behind the Bishop's athletics scene is truly an honour, and I would encourage everyone to get involved in as many departments at Bishop's as they can.

Bishop's University is truly a one-of-a-kind institution. The small class sizes combined with second-to-none extracurricular activities ensure that you will have a fantastic experience at B.U. Don't forget to get your Winterfest tickets early or to sing the Bishop's anthem as loud as possible during Homecoming weekend!



Dylan Monico



Turn your Passions into your Career

When I first arrived at Bishop's, I knew that I wanted to study sports—but I also wanted to understand the business behind sports. Combining Sports Studies and Business has allowed me to bridge my passion for what's on the field with strategic decision-making, preparing me for a career in anything related to numbers, which is my true passion. Bishop's has given me the perfect environment to explore both fields, offering small class sizes and direct access to professors who genuinely care about student success. Professors know you by name, and I've had the chance to apply classroom knowledge to real-world projects.

As president of the Bishop's University Sports Studies Society, I've worked on developing partnerships between the University and the sports industry to provide students with hands-on experiences. I was even invited to present my project at the Consortium of English-language CEGEPs, Colleges and Universities of Québec! With my team, we set up our Speaker Series, where we had Olympians and great names from the Ottawa Senators talk to us (and even share a pizza afterwards). On the business side, I serve as the research assistant for SEED Portfolio Management, where I help manage a TSX-only equity portfolio, analyzing investments and macroeconomic trends. This dual involvement allows me to develop both strategic thinking and leadership skills across two very different yet connected fields.

My love for numbers led to off-campus opportunities such as the Battle on Bay Case Competition. This event was one of the most intense and rewarding experiences in my time at Bishop's. Hosted by Toronto Metropolitan University, it's one of the top undergraduate finance case competitions in Canada, bringing together teams from across the country to tackle real-world investment challenges. Representing

Bishop's during that competition was an incredible opportunity to test my skills, my ability to perform under pressure, and my teamwork. What stood out the most was the intensity of the experience. Unlike the classroom, where you have time to refine ideas, in a case competition, you work with tight deadlines, make high-stakes decisions, and think on your feet when presenting.

For incoming students, my advice is simple: Embrace every opportunity. Get involved, ask questions, and don't be afraid to chart your own path. Bishop's gives you the flexibility to explore multiple interests—take advantage of it!



Olivier Pontbriand

Olivier Pontbriand
Double major in
Business and Sports
Studies, Class of 2025





Some EXTRACURRICULAR GROUPS to join

At Bishop's, we don't do average—As Gaiter's, we always go the EXTRA mile, and that means we get involved. Whether that's in sports, clubs, academic societies or students' associations, there is a place for everyone.

SRC STUDENTS' ASSOCIATIONS -

There are a number of students' associations representing groups of students based on culture, race, ethnicity, spirituality, religion, and/or sexual orientation. They celebrate, advocate for and bring awareness to matters of equity, diversity and inclusion. Here are a couple of highlights.

THE BU PRIDE ALLIANCE is a dynamic group of Bishop's students who meet weekly to discuss issues and events pertinent to the LGBTQ+ community, at Bishop's and on an International level. BUPA holds events and activities that embrace, promote, and encourage diversity and the alliance between queer and straight students at Bishop's. BUPA also offers peer counseling and a Pride Library for anyone seeking help or information on LGBTQ+-related topics. BUPA is open to everyone, regardless of sexual orientation, who values and supports diversity!

BUSRC EXTRA This year, we restructured the way we look at and engage with clubs, and recognized the shared values, missions, status and goals of the various groups. Thus, we established a new foundation and laid them out in four firm and broad categories.

Students can keep an eye on the various activities of these groups as they happen by following **@busrc.extra** on Instagram. There are over 60 active student-run groups, and there is great opportunity for creating new groups at any time. Be in touch with the extracurricular groups manager for more information by emailing: **srcstu@ubishops.ca**.

THE DISABLED AND NEURODIVERGENT STUDENT'S ASSOCIATION (DANS)

is a community of students sharing similar realities. DANS' mission is to promote mental health, unmasking, acceptance of one's disability, learning to be proud of it, and stigmatization of disability and neurodiversity. During the school year, DANS organizes inclusive events such as movie nights, study sessions, meditation sessions, and informative workshops. Anyone is welcome to attend these events, whether they are disabled, neurodivergent (diagnosed or not.)

SOCIAL JUSTICE HUB The Social Justice Hub has been created by the 2023-2024 Board of Student Representatives with the goal of helping to educate members of the community. A consistent piece of feedback we receive from students and members of the community at large is geared towards education and inclusivity. We have students who want to learn how to support diverse communities better and educate themselves but don't know where to start. This learning hub is to help relieve the pressure on the champions and gives individuals a starting point to educate themselves.

THE INDIGENOUS CULTURAL ALLIANCE

Our overall goal is to bring awareness of the Indigenous community on campus and to create a safe space for learning between Indigenous and Non-Indigenous students. Their plan is to provide the Bishop's Community with cultural activities and opportunities to explore Indigenous issues and the variety of Indigenous cultures present in Canada. Some of our main values include acceptance, inclusion, community building, and open-mindedness. They want to see an overall expansion of indigenous cultural knowledge on campus.

BU INTERNATIONAL STUDENTS' ASSOCIATION

educates and immerses international and exchange students in Canadian culture through on-campus educational events and sponsored trips including a trip to a Sugar Shack, a hockey game in Sherbrooke, and trips to various events around the area. The second goal for the group is to unite international students and discover and discuss customs and traditions from all around the world. Our international students come from over 60 countries around the world. The group warmly welcomes both international and exchange students along with Canadians who are interested in diversity, learning about new cultures and getting to know those from around the world.

SRC CLUBS - These include social and charity/volunteering-based clubs and form the heart of the vibrant student life at Bishop's. They are great way to integrate and contribute to the community in more ways than one!

BISHOP'S OUTDOORS CLUB aims to make outdoor activities more accessible for Bishop's Students. Bishop's Outdoors Club organized events spanning a large range of outdoor activities including hiking, canoeing, rock climbing, biking, snowshoeing, overnight camping and so much more. Students can attend as many or as few events as they wish, and the executive team organizes carpooling and logistics for all the trips.

THE MINDFULNESS, YOGA, AND MEDITATION CLUB is a community of students dedicated to promoting mental and physical well-being through mindfulness, yoga, and meditation practices. The club focuses on learning relaxation techniques, enhancing focus, relieving stress, and connecting with like-minded individuals. They offer a supportive space to nurture your inner peace and personal growth.

THE ENVIRONMENTAL CLUB is a group that holds numerous activities and events designed to both enjoy and protect the environment. Once a week, the club gets together to plan activities and to brainstorm new initiatives. Past activities included: plant sales, bring your own mug hot beverages, vegan workshops, environmental documentary screenings, snowshoeing local mountains, trail clean ups and many more.

BISHOP'S BEES is open to any student who is interested in learning about bees and/or beekeeping. Bishop's Bees has several hives on campus that they manage, and they sell their honey at Doolittle's. Throughout the year the club has informative meetings, fundraisers, as well as meetings for projects using the honey/wax (such as lip balm or candles).

BU KNIT COMMUNITY aims to provide a place for all interested stis a tight-knit group of people from across all disciplines. Whether you sew, knit, crochet, or weave all are welcome. They meet weekly to work on projects, chat, and get advice. Their skill level ranges from high to no experience, and are always willing to teach anyone who wants to learn.

P.U.L.S.E. People United for the Love of African and Caribbean Societies Empowerment Dedicated to celebrating the rich heritage of African and Caribbean cultures, PULSE fosters an inclusive environment where students of African and Caribbean descent feel empowered, valued, and supported.

ACADEMIC SOCIETIES - There are student-run academic societies across the 5 divisions of the university: business, education, social sciences, natural sciences and humanities. These groups are the life and blood of a liberal education, and play a vital role in the academic rigor of the university; they are where students are empowered to lead and create initiatives, driving their academic experience by competing in challenges, organizing networking events, engaging with speakers, and ultimately advancing and shaping their own personal academic development. And in true liberal education form, many are open to all interested students, regardless of their registered program.

THE PSYCHOLOGY SOCIETY provides a channel for students which allows for intelligent discussion of psychological issues as well as to promote the growth of the BU psychological community. Club Mission: The Bishop's University Undergraduate Psychology Society (BUUPS) unites students outside of the classroom who share an interest in the field of psychology and any related psychological issues in order to promote further thinking about the science.

THE POLITICS AND INTERNATIONAL STUDIES ASSOCIATION welcomes all students in our department. Though PISA does have a four-person executive team, the society is made up of every Bishop's student who studies politics, international studies and/or international political economy. Throughout the school year, the group runs many diverse events such as speaker nights, workshops, socials and many more. They also advertise opportunities that are available to students in our department to enhance your Bishop's experience. This group is here to help the students in the department make the most out of their time at Bishop's.

ASTRONOMY, MATHEMATICS, AND PHYSICS SOCIETY (AMPS) aims to connect students with similar interests, ranging from stargazing to recreational mathematics or physics. Despite the club's name, members do not need to major in math or physics, everyone is welcome! AMPS is known for organizing events such as sky viewings at the BU observatory, overnight visits to the Mont-Mégantic dark sky reserve and observatory, and math/physics hackathons.

BISHOP'S UNIVERSITY COMMERCE SOCIETY is a student run organization with a mission to better the academic and social experiences of all students at the Williams School of Business, as well as encouraging professional development crucial for post-graduation.

SRC SPORTS - These include competitive teams as well as leisure sports, many of which students are invited to drop-in sessions. They are not only a great way to stay active and healthy but an amazing way to show team spirit! Whether you like to compete or just want to play casually, there's an option for you!

BU SNOW is the home of the skiing and snowboarding community at Bishop's. By joining the club, you can purchase a discounted Jay Peak season's pass, buy BU Snow apparel, have access to tuning and waxing services and are invited to the many club events and activities. Our Facebook group serves as a carpool forum for offering and finding rides to any of the amazing mountains nearby.

BU DANCE is a fun way to get in shape, learn new styles of dance and have a great time. BU Dance offers classes with a variety of styles and levels that take place on a weekly or bi-weekly basis. Styles of dance include: Hip Hop, Jazz, Contemporary, Lyrical, etc. BU Dance is intended for students to have fun, meet new people, develop confidence and learn to perform. Also offered is a competitive team that allows dedicated individuals to compete against other dance teams from Ontario and Quebec.

RUNNING CLUB is an inclusive club with weekly group runs for any students looking to meet fellow runners and/or explore Lennox trails. All levels of runners are welcome!

THE WOMEN'S VOLLEYBALL CLUB is a competitive women's volleyball team that plays exhibition games, tournaments, and practices on a weekly basis. They also host a rec night where anyone can drop in and play some volleyball!



Author: Isabelle Audet

Program: Bachelor of Science
– Biology Health Science and
Neuroscience,

Isabelle,
Calgary, Alberta

The Golden Lion Pub

I don't think you can say you have really attended Bishop's until you've been to a Wings Wednesday or an Acoustic Tuesday at the Lion. Every night at the Lion is its own special night. This pub is right in the middle of Lennoxville, and they even craft their own beer! You'll know the Lion from its bright yellow exterior (not to mention the delicious pub-food smells wafting from it as you walk by)!

Jerry's Pizzeria

Jerry's is a popular Lennoxville staple that provides a great selection of Greek-style food and of course pizza. Ask for the student specials – you can't go wrong.

North Hatley

If it's good enough for Hillary and Bill Clinton it must be good enough for us (Hillary and her family spent two weeks on vacation in North Hatley during the summer of 2017)! North Hatley is a picturesque town located 15 minutes away by car, or a 45-minute bike ride from a trail located right on campus! You can visit antique stores, eat delicious ice-cream, and relax on the public beach.

Escaparium Sherbrooke

One of Sherbrooke's newest places for fun, the Escaparium is a fun, immersive entertainment concept fit for all ages. It is a real-life escape game designed for small groups of 3 to 8 players. While the goal is simple, the game is challenging yet extremely exciting. Getting through the escape room will require finding clues, solving puzzles, and working together.

Vertige Escalade

This is not your typical rock-climbing venue! It was built inside an old, renovated church (Christ- Roi)! Multiple levels are available to offer you the challenge you desire and, on top of that, the atmosphere is always really friendly.

AstroLab

Located near Parc National du Mont-Mégantic, the AstroLab is an astronomy research center that includes an observatory at the summit, interactive space exhibits and multimedia shows. Make sure you go on one of the Astronomy Evenings to get a chance to view the cosmos through one of the telescopes (weather permitting of course!).

Café 440

Café 440 is a coffee place and restaurant situated in downtown Sherbrooke. An inclusive space with affordable vegetarian/vegan food, Café 440 hosts a variety of regular activities like swing dancing, chess games, live music... and so much more!

Brûlerie FARO

Need to study in a nice and cozy environment? Faro has got you covered! Located right in Lennoxville, you can enjoy their homemade baked goods and their delicious coffee from morning till night time... time flies there!

Coaticook

Coaticook is a town famous for its self-named ice cream! You can visit the ice cream and cheese factory, and take some cheese to go! You can also enjoy a nice walk in the park where the Coaticook Gorge, featuring one of the longest suspended bridges, is located. It's even open at night for Foresta Lumina: a magnificent lightshow.

Sher-Mont Bowling and Billiard Hall

Want a night out with friends? Go bowling on Friday night! From 10 pm, it's \$14 (shoes included), and you can bowl all you want, all night long (accompanied by some killer tunes, of course)!

Mont Bellevue

Mont Bellevue Park is a great place to be if you love the outdoors. Located right in Sherbrooke, you can enjoy snowshoeing and skiing in the winter, hiking, mountain biking and archery in the summer! It's a great de-stresser in between classes, assignments and exams.

Apple Picking

In fall, when the leaves are changing colours from those vibrant greens to ambers and reds, there's no better place to be than in the Eastern Townships! You can go apple picking at Verger le Gros Pierre, and enjoy those last days of warm weather.

Sugar Shack

Spring is my favourite season, because it's time for sugar shacks! There are multiple sugar shacks close to Bishop's, where you can enjoy an excellent dinner with lots of maple syrup, one of the specialties of Quebec. Sugar shacks are where the sap is collected from the sugar maple and boiled into that marvelous maple syrup that you can pour all over your meal! YUM!

Wellington Street

Spanning the entirety of downtown Sherbrooke, Wellington Street is one of the prettiest streets I have found in Sherbrooke. It is always alive with multiple bars and restaurants, and during the nighttime in winter, you can enjoy the beautiful Christmas lights that are hung throughout the streets.

Lac des Nations

This lake is located in Sherbrooke, and it's where a lot of festivals take place during the summer. The lake is surrounded by a path so you can go running there, or just appreciate a nice, relaxing walk. You can even see fireworks at night!

Multiple Bike Paths

There are two bike paths that leave directly from the Bishop's campus. One heads towards Sherbrooke, and the other to North Hatley. Don't forget your bike on move-in day, so you can enjoy a pleasant bike ride, and have a blast at either destination.

Drive-In Theatre

What is better than driving to the cinema, parking your car, and watching a movie from a gigantic screen with the comfort of pillows and blankets? Located 30 minutes from Bishop's, it's a great evening activity, especially during Halloween!

Bekka's Bakery

Inspired by her travels to Australia where she discovered a different coffee culture, Bekka returns to Lennoxville to bring her own touch to the café experience. Take in her passion for creating unique flavour combinations using local and international ingredients.

Mount Pinacle

A Bishop's classic! Mount Pinacle is a nice day hike right next to the USA border. Once you reach the top, you can enjoy the spectacular view. Tip: go in the fall when the leaves are changing colours -- it's even better!



USA / Jay Peak

With the American border only 45 minutes away, there is no excuse not to visit our neighbours in the south and even enjoy a ski day at Jay Peak! You will always find students driving there on weekends to enjoy their amazing slopes, and they even opened an indoor water park! Bring your passport!

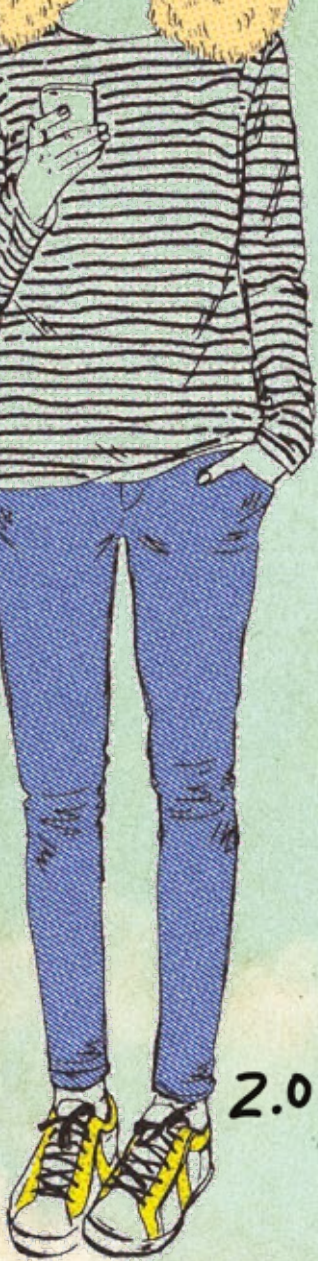
SHERBROOKE AND LENNOXVILLE AREA MUST-SEES

TOP 20

Sherbrooke and Lennoxville are a great mix of both urban and rural settings. We have amazing nature trails, golf courses, and ski hills, but only a ten-minute bus ride away is Sherbrooke, a lively city with museums, shopping, restaurants, concert halls, and so much more. So, no matter your style, you will find something fun to do any day of the week. Don't believe us? Bishop's students have provided 20 Must-Visit places that will provide you with hours of fun, culture, good food, and time with friends.

THE EASTERN
TOWNSHIPS:
one of the
52 **BEST**
places
to go in 2023
THE NEW YORK TIMES

The eastern townships were featured in the NY Times 52 Places for travelers to visit in 2023. Described in the article as "Canada's New England with French Flair", the townships also boast a 150-mile cycle route that is marked with quaint little villages to farmers markets, cheese shops and vineyards.



PARENT'S PERSPECTIVE

In 1990 I entered Bishop's University (on the Mighty Massawippi shore, you'll understand that later) as a first-year student living in Kuehner. This past September 2022, I re-entered but this time as an extremely proud first-year Dad with my daughter, Charli, heading to Bishop's. Even though I graduated in 1994, I never really left because Bishop's never leaves you and I've been bleeding purple ever since. After coming back for countless Homecomings, I was just as excited as I was in 1990 (and a little nervous) to return again but this time to see, Charli be her at B.U.

Admittedly I had some advantages over other first time B.U. parents knowing firsthand what a special place Bishop's is and what a welcoming community was waiting for Charli. I knew Charli was excited about Bishop's, but the other advantage I had was knowing that no matter how much she hoped she would love it, I knew she would.

2.0

Sending your child off to University can be daunting and moving them away from home the first time comes with some tough days for you and for your child. But when those challenging days come at Bishop's, its close Campus community will be there to lift up and support your child to work through things as they grow into "Child 2.0". As nervous as you might be for your child, please be reassured that at some point without warning, something just clicks and Bishop's becomes "their place" where college days will linger ever in their hearts.

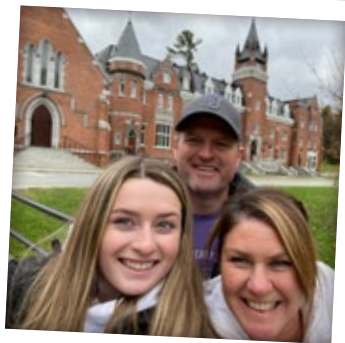
When I started at Bishop's I only knew a few people but because it's so easy to get involved, students make new friends quickly and by the end of my first year, I was a part of a tight group of 12 friends who are all still very close today. Of this core of friends, three of us so far have become proud Dads who sent a child off to Bishop's (living first year in Kuehner of course). Over the years we've been to each other's weddings and gone on trips including last year with eight of us driving & flying into Toronto for the Blue Jays Home Opener. Additionally, about ten years ago we came together and founded a scholarship awarded annually to an incoming first year Bishop's

student. Why am I telling you all this? For two reasons because: #1) those are the kinds of friendships Bishop's breeds and #2) after just a couple days I saw those types of friendships organically forming for Charli too.

One of the most special things about Bishop's is that I share the same experience with the students who attended 30 years before me and with the ones attending 30 years after me like, Charli. At other schools, many students just go to class but at Bishop's they go to university and the reality is only about 2,800 students per year have the privilege of this unique Gaiter experience.

OK it's time to talk about "the elephant in the room". Many parents (unless they're an Alumnus parent like me) might be worried Bishop's is a "party school" which is funny because I still haven't found that list of universities that aren't. So please let me explain the "party school" thing. At a small University like Bishop's, in a small town like "Lennox Vegas," it just looks like the students are partying more because they truly move as a community whether that's to The Lion (parents you will love this Pub) or The Gait. The difference at Bishop's is that the students are together so you see them partying versus at a larger school in a larger city where they blend in at a downtown club, a trendy bar or a suburban pub. The reason I know students are partying at other schools too is because... you did, didn't you?

Parents, if you're lucky enough your child chooses Bishop's, I have no doubt up to that point in their lives, it will be the best decision they've made. So whenever you come to Bishop's for the first time, make sure you tour the beautiful Campus so you can picture where your child will be living their best life. At The Quad entrance to campus, there is a plaque that says, "Remember how you entered; be proud of how you leave." I encourage you to remember how your child entered Bishop's because after their time there, you will definitely be proud of how they leave.



Charli with her parents
Christine and Jeremy

Author: Jeremy Moore
(Class of '94) - dad of first
year student Charli Moore



Hi, future Gaiters!

My name is Olivia Woods, and I am doing a double major in Applied Psychology and Political Science with a minor in Gender, Equity, and Diversity Studies. I am originally from Esquimalt, British Columbia, but I have called Bishop's my home for the past four years. I discovered Bishop's through a neighbour who attended the University a couple of years before me. Once I heard about her amazing experience there, how much she loved her program, and how everything at B.U. is purple, I was sold!

I was one of the few people at my high school to move away after graduation, and I have frequently been asked about my experience as an out-of-province student. Although I occasionally miss home, Bishop's has become my home away from home. I have spent holidays at new friends' homes and hosted "Friendsgivings," discovered my passion and deep love for my program, gotten involved on campus and in the Lennoxville community, and made lifelong friends. Four years ago, I wouldn't have imagined the connections I have made and the growth I have experienced.

Throughout my time at Bishop's, I have been involved in all sorts of campus activities:

- **SRC First-Year Representative, General Councillor and Vice-President of Student Life**
- **Senior Co-Chair of the Sexual Culture Committee**
- **B.U. Charity Fashion Show model**
- **Community Cupboard Coordinator**
- **Student Ambassador**
- **Orientation Week (O-Week) judge and leader**
- **Student Advocate**
- **and more!**



Olivia Woods

Olivia Woods
Double major in Applied Psychology and Political Science, with a minor in Gender, Equity, and Diversity Studies, Class of 2025

My advice for first-year students is "Be Yourself!" It can be scary to move to a new place and join a new community, but we are so excited to meet you! Don't forget: Everyone is in the same boat as you. Sit next to new people in Dewies dining hall and in your classes, get involved in any area that interests you, and don't be afraid to branch out and try new things. **The best guidance I heard in my first year was, "You only get this experience once, so make the absolute most of it." I have never once regretted my decision to get involved and come to B.U. It has led to some of the most amazing experiences of my life.**

One of my favorite sayings about Bishop's is "If you love the community, it will love you back," and I for sure love Bishop's. I can't wait to see you on campus soon and to see what you accomplish, because I know that it will be amazing! Your university days will be over before you know it, so make sure to cherish your time here. Welcome to the Swamp!

Make the most

I ♥ BU



OUR SCHOOL SONG

From the minute you set foot on campus, you will hear the singing of our adopted school song with the opening stanza, "Raise a Toast to Bishop's University." You will undoubtedly sing it yourself multiple times during Orientation Week, in particular when all first-year students gather on the Principal's front lawn for the annual tradition of serenading him late in the evening. This became the Bishop's marching, or "fight" song that was composed by Gaiter Alumni John Piper and Alex Henderson (Class of 1965) for a short political satire entitled The Grate Escape, staged during the winter carnival in 1964. The actual school song is called Alma Mater, and the tune was adapted by Rev. Sidney Mead from an old German Folk song. Trust us: the following are the only words you will ever need to know:

**RAISE A TOAST
TO BISHOP'S UNIVERSITY,
ON THE MIGHTY MASSAWIPPI SHORE.
WE'RE CONDITIONED TO OUR FATE,
WE WILL NEVER GRADUATE,
WE WILL STAY HERE FOREVER MORE.**

**COLLEGE DAYS WILL LINGER
EVER IN OUR HEARTS,
WEARING GOWNS, RAISING HELL, AND QUAFFING ALE.
AND WE'LL SHOW "ESPRIT-DE-CORPS"
AS WE WATCH THE GAITERS ROAR
ON TO VICTORY.**

**SO, RAISE YOUR BEER MUGS
AND YOUR LITTLE BROWN JUGS
TO BISHOP'S UNIVERSITY!**





Winterfest



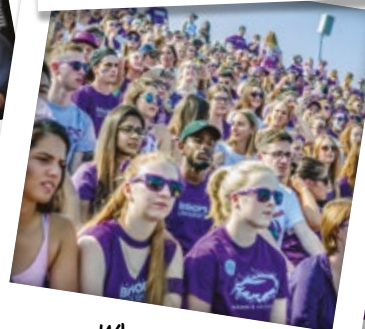
School Spirit



Orientation Week



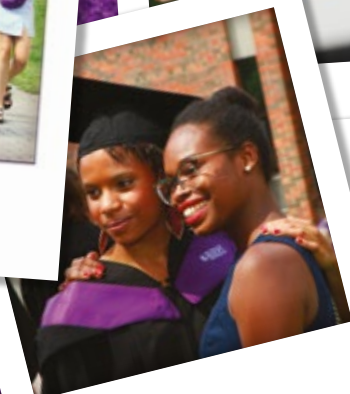
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Why we say
"Purple Everything"



O-Week



Convo





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Evolve Your Passions

SONOMA BRAWLEY - CLASS OF 2025

Hi Gaiters!

I'm Sonoma, and I'm from Squamish, British Columbia. This is my third year at Bishop's. I'm studying Music with a concentration in Musical Theatre and minors in English and Drama. I have absolutely adored my experience at B.U. with all of the unique and exciting opportunities the University has to offer...



Find 'You' at B.U.

EMMETT TINNING - CLASS OF 2025

Hey, future Gaiters! My name is Emmett, and I'm a third-year student in Music at Bishop's.

I grew up in Calgary, Alberta. When I was finishing my final years of high school, I was nearly certain that post-secondary education of any kind was not for me. Since then, not a day goes by that I'm not thankful for making the choice...



Thriving in Fine Arts at Bishop's

ANABELLE BROCHU - CLASS OF 2025

I remember thinking that by registering for a Fine Arts Major, I would be in for a frosted piece of cake... While I do find it really fun and fulfilling to study in a field I am passionate about, I have to admit that it can get demanding and time-consuming! (...)

Lights, Camera, Be You

JORGA-RAE WILCOX - CLASS OF 2025

My name is Jorja-Rae. I'm from Airdrie, Alberta, and I am currently a third-year student majoring in Music with a minor in Drama and a concentration in Musical Theatre.

As someone who is in the arts, it is very... hard to find a...

Beyond the Purple Curtain

JAYME MARTENIUK - CLASS OF 2026

Bishop's culture is one like no other. It's unique and in my opinion, you won't experience anything like this at any other school. From the moment you step foot on campus, you are immersed in a community that feels like a second home. From friends to sports and academics – they're all an essential part of daily life here. So...

NEXT STEPS AND DEADLINES

- 1. Congratulate yourself for being admitted to Bishop's!**
This is a great accomplishment! Well done! #UBishops #FutureGaiter
- 2.** Review your offer of admission from Bishop's and make sure you understand the conditions. If you don't understand them, send us an email at: admissions@ubishops.ca.
- 3.** Accept your offer of admission and pay the \$350 tuition deposit online through your myBU student portal found at www.ubishops.ca. The sooner you accept your offer, the sooner you'll be ready to join #GaiterNation in September.
Acceptance deadline June 1st.
- 4. Guarantee your place in Residence when you apply on or before June 15th.** The application form is available on the Residence Services website: www.ubishops.ca/residence. Deposit must be fully paid by June 15th. BTW, move-in takes place on **Friday, August 29th.**
- 5.** Make sure you have made arrangements to have your final official transcript sent directly to Bishop's University from your high school, CEGEP, college or university. We need to receive these documents by the end of September.
- 6.** Scan this code and check out our events, webinars and campus tour program. We're here to help you and would love to virtually meet with you and welcome you to campus.
- 7.** Watch your online student portal and email for information about course registration, which will begin in late June. We always suggest getting in touch with your program advisor or Department Chair to make sure you are on the right track, especially if you have advanced credit or want to pursue a double major, minor, concentration or any sort of program combination.
- 8.** Pay your Fall semester tuition **by September 30th.**
- 9.** You'll be receiving information about Orientation Week and the start of classes soon, but before you know it, the end of August will be here.
- 10. START COLLECTING EVERYTHING PURPLE SO YOU CAN GET INTO THE VIBE!**



**GET READY TO
JOIN THE BISHOP'S
COMMUNITY!**

FOLLOW US



@UBISHOPS



**WWW.UBISHOPS.CA
RECRUITMENT@UBISHOPS.CA**

