

# Sociology

## Faculty

### Vicki Chartrand,

B.S.Sc., M.A. (Ottawa), Ph.D. (Macquarie);  
Full Professor

### Steven Cole,

B.A. (Trent), M.A. (Queen's), Ph.D. (Alberta);  
Full Professor

### Arturo Esquivel,

B.A. (Concordia), M.A. (Freiburg), Ph.D. (Concordia)  
Assistant Professor

### Genner Llanes-Ortiz,

B.A. (UADY), M.A., M.Sc., Ph.D. (Sussex);  
Associate Professor, CRC Tier 2

### Alex Miltsov

B.A. (Concordia), M.A. (New Brunswick),  
Ph.D. (McGill); Associate Professor  
*Chair of the Department*

## Program Overview

The Department of Sociology provides students with theoretical and methodological tools and substantive insights which can assist them in understanding social life, social organization, and action. The program is designed to provide students with a broad intellectual and sociological background which will help prepare them for a variety of careers and for advanced study at graduate school. The small size of our program and the dedication of our faculty allow us to provide personal attention to students and access to faculty. Through required courses and a study concentration option, students are given substantial flexibility in meeting individual intellectual pursuits and preparation for satisfying employment after university. We offer a minor, major, or honours in Sociology as well as a concentration in Criminology, Law and Social Policy (see below). Students are encouraged to participate in the Experiential Learning program which is linked to their academic field of studies and involves course work and placement in an organization.

The subject matter of our courses ranges widely from theoretical to applied study and our professors employ diverse pedagogies to facilitate student learning. The department has particular strengths of faculty expertise in the areas of Indigenous-Settler relations, criminology, theory, policy, health and family, digital communication technology, and gender and diversity studies.

## Careers in Sociology

Recent graduates of the program have embarked on many careers including: education; media, communications, public relations and journalism; policing and corrections; health, human and social services; a wide variety of careers in both the private and public sector, management and business; graduate degrees in Sociology, and related disciplines and in law and other professional schools. To view a more comprehensive list of career options and for more information, please consult Sociology Department's website.

## Sociology Honours (61 credits)

HONSOC

*There is an optional 6-credit thesis for the Honours' programs*

### Required Courses:

*All of the Major course requirements plus:*

SOC 311 Quantitative Data Analysis  
SOC 402 Honours I  
SOC 404 Honours II  
SOC 490 Contemp. Theory

*Plus, one of:*

SOC 315 Political Sociology in the Digital Era  
SOC 320 Knowledge  
SOC 322 Urban Sociology  
SOC 340 Feminine Subjectivity in Theory and Ideology  
SOC 396 Post Colonial Theory  
SOC 361 Qualitative Studies

## Sociology Honours: Criminology, Law and Social Policy Concentration

HONSCL

### Required Courses:

*All of the Major Concentration course requirements plus:*

SOC 311 Quantitative Data Analysis  
SOC 402 Honours I  
SOC 404 Honours II  
SOC 490 Contemporary Theory

*Plus:*

SOC 331 Deviance II

## Sociology Major (48 credits)

MAJSOC

### Required Courses:

*21 credits, (7 courses) + ILT 104 (1 credit)*

SOC 101 Introduction  
SOC 102 Quebec Society  
SOC 110 Research Methodology  
SOC 211 Quantitative Methodology  
ILT 104 Information Retrieval (lab)  
SOC 221 Modern Sociological Theory I  
SOC 222 Modern Sociological Theory II

*Plus, one SOC 300 level course*

### Elective Courses:

*27 credits (9 courses) in Sociology*

<b>Sociology Major: Criminology, Law and Social Policy Concentration MAJSCL</b>	SOC 311 Quantitative Data Analysis (see requirements for Honours in this concentration)	SOC 315 Political Sociology in the Digital Era SOC 298 Social Problems SOC 331 Deviance II SOC 333 Justice Clinic POL 314 Law, Politics & Canadian Society ECO 126 Economics of Crime and Criminal Justice
<b>Required Courses:</b> <i>All of the Major course requirements plus:</i> SOC 208 Criminology SOC 230 Deviance I SOC 295 Social Inequality SOC 307 Sociology of Health	SOC 315 Political Sociology in the Digital Era SOC 321 Sociology of Technology SOC 322 Urban Sociology SOC 331 Deviance II: Selected Topics (see requirements for Honours in this concentration)	
<b>Elective Courses:</b> <i>18 credits (6 courses) from List below</i>	SOC 333 Justice Clinic SOC 361 Qualitative Studies ECO 126 Economics of Crime and Criminal Justice	<b>Gender, Diversity and Equity Studies Minor (24 credits) MINSGD</b>
<b>Criminology, Law and Social Policy Concentration Selections</b>	ELL 200 Experiential Learning Lab ELP 300 Experiential Learning Placement ESG 350 Environmental Justice PHI 100 On the Way to the Good Life PMA 260 Psychological Statistics (you can not get credit for this course if you have taken SOC 211)	<b>The Gender, Diversity and Equity Studies Minor</b> is a 24-credit program offering students the opportunity to explore gender in society, past and present, applying new concepts that have emerged in feminist scholarship over the past two decades. WGS 101 (formerly WOM 101), is required. Courses in this program can not be offered every year so students should plan to take the minor over at least 2 years (unless they have already taken at least 4 of the courses listed below).
SOC 105 Media and Society I SOC 107 Indigenous and First Nations Peoples in Canada SOC 190 Introduction to Postcolonial Study SOC 202 Directed Independent Study I SOC 203 Directed Independent Study II SOC 204 Experiential Learning in Sociology I SOC 205 Family I SOC 207 Sociology of Indigenous / Re-settler Relations SOC 209 Youth Justice SOC 214 Aging SOC 215 Culture, Ethnicity and Aging SOC 217 Social Policy of Aging SOC 220 Work and Leisure SOC 232 Sociology of Criminal Justice SOC 233 Carceral Studies SOC 235 Women and the Penal System (see requirements for Honours in this concentration)	POL 345 Introduction to Public International Law	<b>Required Courses:</b> WGS101 Introduction to Gender Studies
SOC 245 Racialization and Ethnic Diversity SOC 250 Social Movements SOC 260 Community SOC 292 Social Policy SOC 298 Social Problems SOC 299 Sociology of Education SOC 280 Interpersonal Communications SOC 281 Communications Methods SOC 302 Directed Independent Study III SOC 303 Directed Independent Study IV SOC 304 Experiential Learning in Sociology II SOC 305 Family II: Selected Topics SOC 308 Formal Organization	<b>Sociology Minor (24 credits) MINSOC</b>	<b>Selected Courses for Gender, Diversity and Equity Studies Minor:</b>
	<b>Required Courses:</b> SOC 101 Introduction <i>Plus seven (7) other courses in Sociology</i>	<i>21 credits (7 courses) from this list</i> WGS120 Gender, Justice, and the Law WGS201 Introduction to Feminist Critique WGS301 Directed Independent Study WGS305 Selected Topics in Feminist Critique WGS230/DRA 230 Women in Performance
	<b>Criminology Minor (24 credits) MINCRM</b>	SOC 129 Sociology of Gender and Society SOC 190 Introduction to Postcolonial Study SOC 205 Family I SOC 223 Women, Gender and Global Inequalities SOC 229 Masculinities
	<b>Required Courses:</b> SOC 208 Criminology <i>Two of:</i> SOC 110 Research Methodology SOC 211 Quantitative Methodology SOC 311 Quantitative Data Analysis PMA 260 Psych Statistics (equivalent to SOC211)	SOC 129 Sociology of Gender and Society SOC 190 Introduction to Postcolonial Study SOC 205 Family I SOC 223 Women, Gender and Global Inequalities SOC 229 Masculinities
	<i>Five of:</i> SOC 101 Introduction to Sociology SOC 102 Quebec Society I SOC 107 Indigenous and First Nations Peoples in Canada SOC 207 Sociology of Indigenous/Re-Settler Relations SOC 230 Deviance I SOC 235 Women in the Penal System SOC 245 Racialization and Ethnic Diversity WGS120 Gender, Justice, and the Law	SOC 129 Sociology of Gender and Society SOC 190 Introduction to Postcolonial Study SOC 205 Family I SOC 223 Women, Gender and Global Inequalities SOC 229 Masculinities

SOC 235	Women and the Penal System	DRA 212	Theatre & the State	HIS 288	Women in 19th and 20th Century Canada
SOC 241	Cinema	ENG 115	Women Writers before 1900	PSY 219	Psychology of Women
SOC 305	Family II: Selected Topics	ENG 239	Feminist Literary Theory	PSY 123	Multicultural Psychology
SOC 340	Feminine Subjectivity in Theory and Ideology	ENG 275	The Contemporary Canadian Novel: "The Myths Are My Reality"	PSY 231	Crisis Intervention
CLA 250	Sex and Gender in the Ancient World	ENG 334	Restoration and Eighteenth-Century Drama: Sex, Politics and Intrigue	PBI 361	The Psychology of Sexuality
CLA 350	The Goddess: History, Cult and Myth			PSY 345	Family Dynamics
DRA 202	Contemporary American Drama	FRA 263	De la féminité au féminisme	RSC 204	Women in Religion
DRA 203	Contemporary European Drama	FRA 284	Littérature et condition des femmes au Québec	RSC 207	Sex and Religion
DRA 273	Women Dramatists			<i>*Other courses may be taken for credit, with the approval of the coordinator of the Women's Studies section of Sociology.</i>	

## Sociology Program Guidelines

All Sociology Majors and Honours (with or without concentration) must complete the lab course ILT 104: Information retrieval and Evaluation Skills for the Social Sciences.

The Sociology Major (with or without concentration): all new students enter the department with a Sociology Major and are encouraged to take a concentration or a second Major or minor(s) from other departments.

Sociology Majors and Honours should complete the six required courses in their first two years and the 7th course at the 300 level in their third year. Majors seriously considering graduate school should complete an Honours in Sociology.

During the first year, students should complete SOC 101 and SOC 100 in the Fall term, during the Winter term of the first year, students should complete SOC 102 and SOC 110. SOC 211 and SOC 221 will be taken in the Fall term of their second year. SOC 222 will be taken in winter of the second year.

The remaining 27 credits of the Major are electives and may be chosen from any SOC course listed. The student may request up to 6 credits from other disciplines be considered (by the Chair) for cognate credit in the Sociology Major or Honours. Any student who wishes exemption from a requirement should submit a request and relevant documentation (course outlines) to the Department Chair and the professor of the course before registration is completed. The Sociology Department may offer Spring/Summer courses online upon Departmental approval.

## Sociology Honours

### Sociology Honours

In the final year of the Honours Program (Year 3 or 4, whichever is last), students are required to complete SOC 402 (Honours I: Special Topics) and SOC 404 (Honours II: Research Strategies). The Thesis is optional (6 credits and done in the final year of Honours). The Department reserves the right to review the overall academic performance and integrity of students in its programs. Students wishing to graduate with an Honours degree combined with a concentration should consult the previous concentration section for additional requirements.

### Sociology Major with a Concentration

The Sociology Major with the Criminology, Law and Social Policy Concentration consists of 48 credits, plus ILT 104.

Elective courses the concentration and for the Gender, Diversity and Equity Studies Minor are often offered on a rotation rather than every year so you are advised to watch for them in the timetable and register for them when they are available.

### Criminology Minor

We offer a number of courses germane to the pursuit of a degree in criminology. Many criminology programs originated in, and take for granted, sociological research, theories and methods. Students seriously considering graduate studies in Criminology should complete the Sociology Honours: Criminology, Law and Social Policy Concentration. Students consult with the Department Chair and Calendar course descriptions to assure completion of program outlined below. No limitation on cross-counting of courses between this and other programs is in effect.

### Gender, Diversity and Equity Studies Minor

This minor consists of a minimum of 24 credits (see course list from Gender, Diversity and Equity Concentration). WOM 101 is required.

## List of Courses

- SOC 100 Sociological Imagination 3-3-0**  
The primary objective of this course is to stimulate curiosity about that part of people's behaviour that is determined by relationships with others and by membership in groups. This course examines and evaluates the contribution sociology makes to the ongoing process of attempting to understand the surrounding social world. This course is intended for students who are either lacking introductory sociology or need to improve their effective writing skills in the discipline.
- SOC 101 Introduction to Sociology 3-3-0**  
This course introduces the foundations of sociology by examining numerous theoretical and empirical issues/debates. Special emphasis will be placed on understanding "the social" or "society" as a distinct and unique object of scientific analysis. Students are also encouraged to use sociological understandings to "make sense" of their personal lives.
- HIS 102 /**  
**SOC 102 Québec Society I 3-3-0**  
How did Quebec society reach its present state? Topics include the French-Indigenous relationship, religion, the evolution of a market-oriented economy, conflicts between French and English Canada, Quebec's international relations, and successive waves of industrialization and urbanization. The course will also deal with cultural development and the emergence of multiple social identities including nationalism(s) in Quebec, language politics, inter-culturalism and feminism.  
*This course is required of all Sociology Minors, Majors, and Honours students.*
- SOC 105 Media and Society I 3-3-0**  
An introduction to the impact of media upon society and the social structuring of contemporary media as industries which produce values and ideology.
- SOC 107 Indigenous and First Nations Peoples in Canada 3-3-0**  
An introduction to the study of First Nations in Canada.
- SOC 110 Research Methodology 3-3-0**  
Sociological research will be dealt with in its quantitative and qualitative orientations. Students will be introduced to techniques of conceptualization, hypothesis formulation, and operationalization.  
*This course is required of all Sociology Majors and Honours students.*
- SOC 129 Sociology of Gender and Society 3-3-0**  
This course critically examines the ways gender informs the social world in which we live. It explores how we experience gender in the world around us; considers how we develop our gendered identities; explores the workings of the institutions that shape our gendered lives, and leads to an understanding the relationship between gender and the social structure.
- SOC 190 Introduction to Postcolonial Study 3-3-0**  
An introduction to postcolonial theory and sociological issues arising from the cultural and economic conditions left behind by colonizers and the colonized. By looking at events in countries such as India, Nigeria, the Congo and other former colonies we come to understand the challenge of developing theoretical perspectives which grasp the complex influences of colonizer and colonized upon each other.
- SOC 202 Directed Independent Study I 3-3-0**  
A tutorial course in which the student (normally a major) may pursue his or her interests in a selected area of sociology, under the direction of a member of the Department.  
*Prerequisite: Permission of the instructor and the Department*
- SOC 203 Directed Independent Study II 3-3-0**  
See SOC 202  
*Permission of the instructor and the Department*
- SOC 204 Experiential Learning in Sociology I 3-3-0**  
The course integrates a sociology student's research interests with the opportunity to participate with and explore a community organization or other coordinated social phenomena. A required component is a minimum 30 hours of active participation. A substantive written analysis based partially on the student's participatory research experience, and partially upon a study of the relevant literature is also required. It is up to the student to get agreement from the appropriate organization representative(s) for participation in the course and to recruit a professor to be their instructor.
- SOC 205 Family I 3-3-0**  
Changing forms and functions of the family in Western society; growth and decline of the symmetrical family, definitions, theories, marital and sexual roles, and child rearing.
- SOC 207 Sociology of Indigenous / Re-settler Relations 3-3-0**  
The course examines the sociology of strategies of assimilation and the forms of resistance to these strategies in North America.
- SOC 208 Criminology 3-3-0**  
A survey of theories of crime and criminality in relation to class, race and gender. Substantive issues will include murder, prostitution, legal and illegal drug use, woman abuse, white collar crime, and organized crime.
- SOC 209 Youth Justice 3-3-0**  
This course provides an introduction to the youth justice system. It examines the evolution and impact of youth justice philosophy and legislation in Canada and the experience of youth at various stages within the system.
- SOC 211 Quantitative Methodology and Research Design in the Social Sciences 3-3-0**  
This is an introductory course to quantitative data analysis. The course covers the principles of research design and statistical analyses frequently used in the social sciences. This is an important preparatory course for more advanced courses in quantitative methods.  
*Prerequisite: SOC 110*
- SOC 214 Aging 3-3-0**  
Aging and the life course perspective. Sociological theories on aging in relation to gender, class, and ethnicity.
- SOC 219 Sociology of the Body 3-3-0**  
Notions of the body as the cultural representation of our contemporary "embodied" selves will be explored. This course will uncover the strategies of social, political and economic forces as theses problematize the body and seek to control, manipulate, and alter behaviour.
- SOC 221 Modern Sociological Theory I 3-3-0**  
An introduction to the nature and purpose of sociological theory. Students will learn the foundations of theory (ontology, epistemology, methodology) and social theory's historical development before examining the work of Emile Durkheim.  
*Prerequisite: SOC 101*
- SOC 222 Modern Sociological Theory II 3-3-0**  
Building from the ideas established in SOC 221, this course pursues an extensive analysis and critical evaluation of Karl Marx and Max Weber's respective work.  
*Prerequisite: SOC 221 or permission of the instructor*
- SOC 223 Women and Global Inequalities 3-3-0**  
This course considers the social location of cis and trans women within political economy and globalization. Understanding women's diverse lives required attention to public, private and geographic locations.
- SOC 225 Québec Society II 3-3-0**  
Selected topics for analysis of the values, ideologies, behaviour patterns and material culture of Québec society. The course critically examines Québec society during modernity and early post-modernity and draws heavily on artistic and cultural representations (painting, sculpture, literature, etc.)  
*It is recommended that students take SOC 102 or SOC 101 prior to this*
- SOC 229 Masculinities 3-3-0**  
This course examines both dominant and variant interpretations of gender with an emphasis on the narratives and proscriptions of masculinity. We consider how proscribed definitions of masculinity impact institutional structures, personal lives, safety, relationships, health and professional opportunities.
- SOC 230 Deviance I 3-3-0**  
Definitions of deviant behaviour, social roles of deviants and the structure of control.
- SOC 232 Sociology of Criminal Justice 3-3-0**  
An overview of the criminal justice system from initial contact with the police through to arrest, prosecution, disposition, incarceration, and release to the community. Emphasis is on the role of the police, prosecution, courts, and corrections with a consideration of moving towards alternative approaches to justice.

<b>SOC 233</b>	<b>Carceral Studies</b>	<b>3-3-0</b>	<b>SOC 302</b>	<b>Directed Independent Study III</b>	<b>3-3-0</b>
This course considers diverse carceral space in relation to a socio-political and historical context. Carceral spaces can include prisons, migrant detention centers, refuge camps and residential schools.			See SOC 202 <i>Prerequisite: Permission of the instructor and the Department</i>		
<b>SOC 235</b>	<b>Women and the Penal System</b>	<b>3-3-0</b>	<b>SOC 303</b>	<b>Directed Independent Study IV</b>	<b>3-3-0</b>
A critical understanding of gender in criminology. Substantive issues will include: Sexual assault and the justice system, women and family law in the courts, domestic violence, gender and murder. Contemporary theories in criminology and their application are examined.			See SOC 202 <i>Prerequisite: Permission of the instructor and the Department.</i>		
<b>SOC 241</b>	<b>Cinema</b>	<b>3-3-0</b>	<b>SOC 304</b>	<b>Experiential Learning in Sociology II</b>	<b>3-3-0</b>
Culture phenomena and values such as: class interest, gender roles, important events, national character and foreign policy, the ideal family, the deviant, etc., are reflected and contested in film. Students will be exposed to and discuss a variety of theories and methods of analyzing culture by way of film as industry and meaning creation.			The course integrates a sociology student's research interests with the opportunity to participate with and explore a community organization or other coordinated social phenomena. A required component is a minimum 30 hours of active participation. A substantive written analysis based partially on the student's participatory research experience, and partially upon a study of the relevant literature is also required. It is up to the student to get agreement from the appropriate organization representative(s) for participation in the course and to recruit a professor to be their instructor. <i>Prerequisite: SOC 233</i>		
<b>SOC 245</b>	<b>Racialization and Ethnic Diversity</b>	<b>3-3-0</b>	<b>SOC 305</b>	<b>Family II: Selected Topics</b>	<b>3-3-0</b>
The purpose of this course is to explore the ethnic and racial diversity of Canada's plural and multicultural society. It critically assesses justifications of racism and of gendered racialization with knowledge of such processes and other harmful historical constructions.			An advanced seminar on selected issues affecting the family in historical and contemporary settings involving the relationship between public and private spheres and between production and reproduction. <i>Prerequisite: SOC 205</i>		
<b>SOC 250</b>	<b>Social Movements</b>	<b>3-3-0</b>	<b>SOC 307</b>	<b>Sociology of Health</b>	<b>3-3-0</b>
Macro-structures of society such as crowds, publics, fads and riots are examined, including evolving collectivities and their subsequent ideological transformations.			This course seeks to examine the place of health and illness in society, the relationship between bio-medical problems and the social, political and economic realities that help shape them. Topics will include poverty and health, mental illness, aging, death and dying, professionalism, health service organization, inequalities in health service access and use, recent policies and difficulties with health care reform.		
<b>SOC 260</b>	<b>Community</b>	<b>3-3-0</b>	<b>SOC 309</b>	<b>Advanced Seminar in Global Colonization and Decolonization</b>	<b>3-3-0</b>
A comparative and historical analysis of rural, urban, and ethnic communities.			Colonialism and imperialism are considered in relation to settler societies and global power structure. This course questions theories of decolonization and liberation in the context of cultural and economic empires.		
<b>SOC 280</b>	<b>Interpersonal Communication</b>	<b>3-3-0</b>	<b>SOC 311</b>	<b>Quantitative Data Analysis with Computer Software</b>	<b>3-3-0</b>
Human interaction at the macro sociological level. Equality, domination, integration, marginalization, co-operation and conflict will be examined.			This is a more advanced course in quantitative methods. Students will learn how to manage and analyze quantitative data with computer software. Topics include data entry, statistical procedures and interpretation of output. <i>Prerequisites: SOC 110 and SOC 211, or permission of instructor. Required for Honours Sociology students.</i>		
<b>SOC 291</b>	<b>Sociology of Art</b>	<b>3-3-0</b>	<b>SOC 315</b>	<b>Political Sociology in the Digital Era</b>	<b>3-3-0</b>
An introduction to the Sociological study of the Arts. The course focuses on the social practices and organizational frameworks related to artistic production/creation, mediation processes, and the reception of art works and artists. Attention will be given to issues related to race, gender, class, and power.			This course provides a sociological understanding of politics and power relations focusing on the changes brought by the rise of digital technologies. It covers such topics as the nature of state, social control, surveillance, labour relations and politics, digital media and politics, globalization and deglobalization, among others.		
<b>SOC 292</b>	<b>Social Policy</b>	<b>3-3-0</b>	<b>SOC 320</b>	<b>Knowledge</b>	<b>3-3-0</b>
Introduction to the sociological study of social policy in the Canadian context. The course will examine civil society in relation to a rapidly changing policy context. The development and outcomes of policy will be investigated from a number of theoretical perspectives. <i>Prerequisites: SOC 101 and SOC 110</i>			How do we know what we know? An analysis of the role of ideas in the development of social institutions and the impact of belief systems on social values. Science, politics, education, religion, the arts and the professions are examined.		
<b>SOC 294</b>	<b>Sociology of Tourism</b>	<b>3-3-0</b>	<b>SOC 321</b>	<b>Sociology of Technology</b>	<b>3-3-0</b>
Travel, journeys and their associated human migrations are the key areas of focus in this course. While movement for purposes of rest and recreation has always been part of our collective legacy, in this world of increasing globalization, the mass tourist industry and a variety of leisure activities has helped transform many locations around the globe. The course will explore tourism, in all its forms and the impact of traveling, both positive and negative, on cultures, sustainability and the environment.			The social and cultural context of technology as it has become embedded at the local and global arena. Topics may include social theories of knowledge and information, the political economy of information, the development of technology as a tool of consumption, and knowledge production. <i>Prerequisites: SOC 101 and SOC 110 and SOC 211</i>		
<b>SOC 295</b>	<b>Social Inequality</b>	<b>3-3-0</b>	<b>SOC 322</b>	<b>Urban Sociology</b>	<b>3-3-0</b>
This course addresses concepts of social and cultural sustainability. Key questions concerning the environmental impacts of social organization as well as options for change will be considered.			Theories of urban growth and development; comparative analysis of cities and their problems. <i>Prerequisites: SOC 101 and SOC 110</i>		
<b>SOC 296</b>	<b>Globalism and Culture</b>	<b>3-3-0</b>	<b>SOC 331</b>	<b>Deviance II: Selected Topics</b>	<b>3-3-0</b>
An introduction to key concepts for the current understanding and applications of cultural and social globalization.			Selected topics such as drugs, homosexuality, prostitution and juvenile delinquency will be discussed. <i>Prerequisite: SOC 208. SOC 230 recommended.</i>		
<b>SOC 298</b>	<b>Social Problems</b>	<b>3-3-0</b>	<b>SOC 333</b>	<b>Justice Clinic</b>	<b>3-3-0</b>
The course develops a structural understanding of crime, health, inequality, and environmental destruction etc. Situating these problems within the framework of contemporary capitalism, it examines their root causes and possible solutions.			The Justice Clinic internship program integrates students' socio and legal research skills and interests with the vision, values, and activities of the Centre for Justice Exchange to provide students with practical skills and experiences of working in the field of law and justice. <i>Prerequisite: Approval from the instructor</i>		
<b>SOC 299 /</b>					
<b>EDU 303</b>	<b>Sociology of Education</b>	<b>3-3-0</b>			
Comparative study of the Canadian education system and processes in light of current sociological theory and research					

**SOC 340 Women: Theory and Ideology 3-3-0**  
This course explores past and current writings about women and by cis and trans women in social science texts. Using selected readings, students will delve into gendered positioning in comparison to the ways non-Western, postcolonial and critical race feminists talk about their identities, locations and gendered subjectivities. The conceptual frameworks of intersectionality and transnationalism will help us expose dominant representations of gender and how they can be disrupted by writers who expose a diversity of understandings of women across time, language, culture and geography. Prerequisite: Some women's studies background is required. Register with permission of the instructor  
*This course is offered infrequently*

**SOC 361 Qualitative Studies 3-3-0**  
Introduction to the theory, methods, and practice of qualitative sociological research. Various qualitative research methods, techniques, and strategies are explored.  
*Prerequisites: SOC 101, and SOC 110*

**SOC 396 Post Colonial Theory 3-3-0**  
Advanced seminar in contemporary postcolonial theories.  
*Prerequisite: Prerequisite SOC 190 or SOC 107 or ENG 228 or ENG 375*

**SOC 402 Honours I: Special Topics 3-3-0**  
The course accommodates the study of particular sociological topics at an advanced undergraduate level. Subjects will vary from year to year.  
*Required for Honours Sociology students; normally to be taken in the final year. Prerequisite: Permission of the department chair is required*

**SOC 403 Directed Independent Study V 3-0-0**  
A tutorial course in which the student (normally a major) may pursue his or her interests in a selected area of sociology, under the direction of a member of the Department.

**SOC 404 Honours II: Research Strategies 3-3-0**  
This course examines research procedures, the objectives and limits of particular approaches, and the relationships between theory, research strategy and its application.  
*Required for Honours Sociology students  
Prerequisite: Permission of the department chair is required*

**SOC 450 Thesis 6-0-0**  
Supervised honours research project under the direction of an instructor.  
*This is an option for Honours Sociology students only and must be submitted to the Department upon completion.  
Prerequisite: The completion of all required courses within the Major and the permission of the Departmental member who acts as the thesis advisor. Normally taken along with 402 and 404 in the final year of the Honours Sociology program.*

**SOC 490 Contemporary Theory 3-3-0**  
This course examines both the linguistic turn and the crisis of representation within 21<sup>st</sup> century sociological theory. Using advanced social theory the course (re) examines the relationship of empirical research and theory to offer a reassessment of social scientific knowledge  
*Prerequisite: Required for SOC Honours students  
Prerequisites: SOC 222 and good standing in the program*

**WGS 101 Introduction to Gender Studies 3-3-0**  
This course uses interdisciplinary feminist theories that consider how systems of power constitute one another. It examines particular local and global topics such as health, education, work, violence against women, globalization, media and cultural representations, families, and feminist activism.  
*A prerequisite and required in Gender, Diversity, Equity Studies Minor.*

**WGS 201 Introduction to Feminist Critique 3-3-0**  
This course explores a range of current issues and debates within feminism in Canada.

**WGS 230 Women in Performance 3-3-0**  
An analysis of the role of women in the performing arts as practitioners, creators, producers and spectators with emphasis on the modern era and western cultures. The course takes a cultural studies approach to the subject and includes readings by feminist theorists, sociologists and cultural historians.

**WGS 301 Directed Independent Study 3-3-0**  
A student undertakes independent study with a faculty member in the programs.  
*Prerequisite: Permission from the coordinator and the instructor.*

**WGS 305 Selected Topics in Feminist Critique 3-3-0**  
This course explores a range of current issues and debates within feminism in Canada.  
*Prerequisite WOM 101(WGS101) or WOM 201(WGS201)  
For WGS230 / DRA 230 see Drama department course descriptions, courses offered on an irregular basis.*

## Courses Offered on an Irregular Basis

**SOC 155 Sociology of Sport 3-3-0**  
A theoretical and empirical introduction to the social organization of sports and how they are mediated.

**SOC 215 Culture, Ethnicity and Aging 3-3-0**  
This course is designed to raise an awareness of aging in relation to culture and ethnicity. Concepts and theories of culture, aging and group interaction understood within a Canadian perspective will be provided in addition to sociological examination of class, gender and race.

**SOC 217 Social Policy of Aging 3-3-0**  
This course will study the content, the interpretation and impact of laws affecting elderly and will examine the evolution of social policies and programs in the province of Quebec and in Canada. It will analyse the principles that the state follows to determine its implication in the field of social and health services to the aging population. The evolution of social policies and programs, the current configuration of governmental resources, community resources, and natural networks will also be examined.

**SOC 220 Work and Leisure 3-3-0**  
Industrial and "post-industrial" societies, especially Canada, are examined within a world-system framework. The focus is on power dynamics, contemporary and theoretical issues, involving workers, professionals, owners and consumers.

**SOC 281 Communications Methods 3-3-0**  
Research in the areas of interpersonal, organizational and mass communication. Methods particular to communications studies are examined and applied.

**SOC 293 Visual Sociology 3-3-0**  
We live in cultures which are saturated with digital information and new media. This course engages with major thinkers who study the use of photographs, film, and video to understand society. The course is organized around a series of ideas and problems involving intersections between theory and practice.

**SOC 301 The Response to Marx 3-3-0**  
This course examines the response to Marx throughout the 20th and 21st century. In particular, the course examines how developments in linguistics, theoretical reconceptualization's of power, and new understandings of science, have problematized Marx's work. By considering the relative strengths and weaknesses of such approaches, the course prepares students to gauge the continued relevancy of Marx's insights.  
*Prerequisite: SOC 222*

**SOC 308 Formal Organization 3-3-0**  
The institutionalization and legitimation of power and decision-making processes. Special emphasis is given to innovation and deviance in formal organizations.  
*Prerequisite: Students should have 9 credits in Sociology or permission of the instructor.*

**SOC 381 Media and the Environment 3-3-0**  
This course examines processes of technologically mediated interaction at the macro-sociological level. Trends and structures of mass culture and communications are examined in relation to how we relate to nature.  
*Prerequisite: Students should have 9 credits in Sociology or permission of the instructor*

**SOC 395 Advanced Theories of Social Sustainability 3-3-0**  
Advanced seminar on the dynamics of global and local relationships regarding the nature of sustainable societies.  
*Prerequisite: Some background in the study of ecological and economic issues are strongly recommended*

**WGS 120 Gender, Justice, and the Law 3-3-0**  
This course provides a study of the political and legal conditions of gender historically and contemporarily. It uses feminist and sociolegal theories to study legal culture and law as a site of social struggles.

# Sports Studies

## Faculty

### Danilo Fernandes da Silva,

B.Sc. (State University of Maringa),  
M.Sc. (State University of Maringa),  
Ph.D. (State University of Maringa);  
Associate Professor

### Erika Gray,

B.Kin (Brock)  
M.A. (Western)  
Ph.D. (Ottawa)  
Assistant Professor

### Tavis Smith,

BMOS (Western),  
M.Sc. (Edinburgh),  
Ph.D. (Toronto);  
Assistant Professor  
*Chair of the Department*

### Rafael Tedesqui,

B.A. (Faculdade Ruy Barbosa),  
M.A. (Ottawa),  
Ph.D. (Ottawa);  
Associate Professor

### Maxime Trempe,

B.Sc. (Montreal),  
Ph.D. (Montreal);  
Full Professor

## Objective

The Sports Studies Department at Bishop's provides an intensive study of sport and exercise in society with a primary focus on three themes: Athletic Development, Business and Society, and Exercise and Health. The Sports Studies program and its courses belong to the Faculty of Social Sciences at Bishop's. Sports Studies is offered as a Major (with a specialized concentration), an Honours, and a Minor. The Major and the Honours programs are general Bachelor of Arts degrees, designed to encourage students to develop liberal education competencies while acquiring in-depth knowledge in at least one area of specialization. The programs also provide opportunity for practical experiences.

## Program Outcomes

After graduation, students will be qualified to work in the field of athletic development (e.g., as a physical trainer, coach, performance analyst, or member of a support team), in the management of sport (e.g., administrator of a provincial/national sport organization, municipal leisure department, sport centre, or professional team), or to pursue additional studies in a health-related discipline (e.g., athletic therapy, public health, etc.).

## Sports Studies Major (48 credits)

MAJSPO

The Sport Studies Major is a program of 48 credits (16 courses) divided into core courses (27 credits) and concentration courses (21 credits; see table below). At the time of their choosing during their Bachelor's degree, Sports Studies students will have to "declare" at least one of the three possible concentrations and complete its requirements. Completing two or all three concentrations is possible, yet optional.

### Notes:

- 1) Students wishing to complete 2 or 3 concentrations in Sports Studies must note that SPO 401, SPO 402, and SPO 411 will count as optional courses in only one concentration. The concentration in which the course(s) will count will be defined in consultation with the academic supervisor prior to registration.
- 3) Students completing the Athletic Development Concentration of the Sports Studies Major will have the possibility to apply for a recognition of achievement via Sports-Québec to obtain a coaching certification (NCCP modules). More information can be obtained by contacting the Chair of the Sports Studies program.

### Electives

Bachelor's Degree programs at Bishop's require 120 credits. Quebec students with a DEC receive 30 advanced credits, allowing completion of the degree in three years. Therefore, a Sports Studies Major has 72 credits (42 for a Quebec student) of "free elective" courses. Students are encouraged to consider adding a minor from another discipline, or even a second major.

All Sports Studies students must meet the "Arts and Science" requirement of the University by completing at least one (3 credits) course offered by the Faculty of Natural Sciences and Mathematics. Popular options among Sports Studies students are BIO 131, BIO 233, and EXS/BIO 433.



## Sports Studies Honours

**(60 credits)**

HONSPO

The Honours in Sports Studies offers students a comprehensive introduction to the research process. Through a series of pedagogical and research activities, students are exposed to modern ethical and methodological issues pertaining to the field of sports studies, they are introduced to advanced data analysis techniques, and they learn to analyze results and interpret findings in relation to the existing literature. The Honours in Sports Studies also allows students to deepen their theoretical knowledge while further developing the liberal education competencies. This program prepares students to pursue graduate studies.

The Honours in Sports Studies is a 60-credit program. It incorporates the 48 credits of the Major in Sports Studies, to which 12 additional required credits are added. These additional credits are meant to be completed during the final year of the degree.

### Required courses for the Honours (12 credits)

SPO 332: Advanced Data Analysis (3 credits) – *Note: this course is not restricted to Honours students*

SPO 498: Honours Seminar (3 credits)

SPO 499: Honours Thesis (6 credits)

### Admission criteria

Honours in Sports Studies is restricted to Sports Studies majors in their final year (90 credits or above) who have successfully completed the statistics requirement of the SPO major (i.e., PSY 213 or BMA 140 or SOC 211 or PHY 101) and have maintained a cumulative general average of at least 75%. In addition, students need to find two faculty members to supervise their research work (a primary and a secondary supervisor). Thus, meeting the objective requirements (i.e., 90 credits and above, completion of statistics course, GPA of 75% and above) does not guarantee acceptance in the Honours program.

## Sport Studies Minor

**(24 credits)**

MINSPO

The Minor in Sports Studies is a program of 24 credits (8 courses) requiring student to complete EXS 111, EXS 117, and SPO 170 as well as 5 additional SPO and/or EXS courses.

## List of Courses

**EXS 111 Motor Learning and Control 3-3-0**

In this introductory course, historical and contemporary theories related to motor learning and control will be presented. Through a series of lectures, workshops, and directed reading, this course will explore the neural basis of movement production, the information processing capacities of the brain, as well as the formation of procedural memory. At the end of the course, students are expected to be able to evaluate the effectiveness of different intervention strategies in the context of skill development.

*Note: EXS courses do not fulfill the “Arts and Science” requirement for students in the Divisions of Social Sciences or Humanities*

**EXS 117 Active Lifestyle, Fitness and Health 3-3-0**

The Active Lifestyle, Fitness and Health course is designed to explore, through a series of lectures and workshops, the scientific principles relating to physical activity, exercise, fitness and health in asymptomatic populations from different age groups. At the end of the course, students are expected to understand the dose-response relationship between a variety of physical activities (e.g. Aerobic and resistance training, leisure activities, etc.) and different fitness outcomes (e.g. Body composition, muscle strength, cardiorespiratory fitness, etc.). Moreover, students will be exposed to a mechanistic approach to understand how fitness is associated with long-term health and longevity. Liberal Education Competencies: Quantitative Reasoning (Introductory), Critical Thinking (Introductory), Information Literacy (Introductory).

*Note: EXS courses do not fulfill the “Arts and Science” requirement for students in the Divisions of Social Sciences or Humanities*

**EXS 127 Introductory Exercise Physiology 3-3-0**

This course explores concepts in Exercise Physiology, with applications in Sports Medicine. The student will be challenged to apply basic knowledge of human anatomy and physiology to exercise, training and sports. Adaptation of body systems to exercise, injury and reconditioning will be studied. Basic principles of biomechanics and exercise will be explored. The course will consist of lectures, presentations, discussion periods, and demonstrations.

*Note: EXS courses do not fulfill the “Arts and Science” requirement for students in the Divisions of Social Sciences or Humanities*

**EXS 137 Introduction to applied strength and conditioning 3-3-0**

This course will offer students an introduction on how to program, execute and coach the most common movements in athletic development. Using a practical and hands-on approach, this course will focus on traditional resistance training, Olympic weightlifting, plyometrics, speed & agility, metabolic conditioning as well as other modern methods. Throughout the course, students will be introduced to the biomechanical, physiological and coaching principles that are essential to become a successful athletic development coach. Most of the classes will be held at the John H. Price Sports Centre.

**EXS 227 Fitness Assessment in Healthy Populations 3-3-0**

This course is designed to provide general guidelines with regards to fitness assessment in healthy populations. Through a series of lectures and workshops (fitness room), students will be exposed to the scientific principles underlying fitness assessment including aerobic and anaerobic energy systems, muscle strength, body composition and gross motor skills. At the end of the course, students are expected to be able to understand different tests and how to apply them with healthy populations. Students will also be asked to develop a critical thinking in order to better appreciate the available scientific literature.

*Note that students who successfully completed SPO 406 in 2015 or 2016 may not receive credits for EXS 227.*

*Prerequisite: EXS 127 Introduction to Exercise Physiology*

*Note: EXS courses do not fulfill the “Arts and Science” requirement for students in the Divisions of Social Sciences or Humanities*

**EXS 228 Functional Anatomy, Injury Prevention and Treatment in Sport 3-3-0**

This course explores topics in functional anatomy relating to sports injuries and their treatment. Mechanisms of musculoskeletal injury will also be presented with a prevention perspective. Through lectures and workshops on basic human anatomy, students will examine how body parts and systems are involved during movement production. This course will provide hands-on opportunities through demonstrations, small group discussions and practical work. Liberal Education Competencies: Oral Communication Skills (Intermediate), Problem Solving (Intermediate).

*Prerequisite:* EXS 127 *Introduction to Exercise Physiology* or BIO 233 *Human Anatomy*

*Note:* students may not earn credit for both EXS 228 and EXS 328. EXS courses do not fulfill the "Arts and Science" requirement for students in the Divisions of Social Sciences or Humanities

**EXS 231 Nutrition for Sports and Exercise 3-3-0**

An introduction to the principles of sports nutrition. Application of these principles to various contexts: exercise, fitness, as well as competitive sports environments. Topics include energy requirements for exercise and performance, both for recreational and elite athletes; carbohydrate, protein, fat and micronutrient requirements; carbohydrate and fluid intake prior to, and during exercise; nutrition for post-exercise/performance/injury recovery; dietary supplements; weight loss and "making weight" in sport; contemporary issues.

*Prerequisite:* EXS 117 *Active Lifestyle, Fitness and Health* or EXS 127 *Introduction to Exercise Physiology Nutrition* or BIO 233 *Human Anatomy*

*Note:* EXS courses do not fulfill the "Arts and Science" requirement for students in the Divisions of Social Sciences or Humanities

**EXS 301 Health and Exercise Science 3-3-0**

This course examines the relation and links between exercise and health. Using epidemiological studies, students are exposed to the role of physical activity on morbidity and mortality. Primary and secondary health-risk factors are examined relative to the influence physical activity has on them and one's quality of life.

*Prerequisites:* EXS 127 *Introductory Exercise Physiology* and a statistics course: SOC 211 or PSY 213 or BMA 140, or PHY 101.

*Note:* EXS courses do not fulfill the "Arts and Science" requirement for students in the Divisions of Social Sciences or Humanities

**EXS 317 Biomechanics of Human Movement 3-3-0**

This course provides an introduction to the biomechanics of human movement and kinesiology. In particular, the kinematics and kinetics of the musculoskeletal system are studied. The course teaches concepts and techniques of analysis, with practical examples taken from sports and exercise, gait analysis, physical rehabilitation, ergonomics and more.

*Prerequisite:* EXS127 *Introductory Exercise Physiology* or BIO 233 *Human Anatomy*

*Note:* EXS courses do not fulfill the "Arts and Science" requirement for students in the Faculty of Social Sciences and the Faculty of Humanities

**EXS 327 Athletic Performance and Development 3-3-0**

This course explores the many factors influencing athletic performance and its development. Specifically, students will be exposed to the scientific principles of athletic training. Topics will include: power and endurance training, strength training, recovery strategies, field and laboratory tests, periodization of training. The course will consist of lectures, presentations and experiments.

*Prerequisite:* EXS 227

**EXS 329 Sex Differences in Athlete Health and Performance 3-3-0**

Athlete health, performance, and psychophysiological responses to exercise training are recent fields with "only" a bit more than 100 years of studies and scientific focus. As it developed throughout this period, the majority of research focused on male individuals, forming a "biological sex gap" in the literature. To address this gap, this course focuses on the health and performance of athletes assigned female at birth (AFAB), including people of all gender identities. It explores unique physiological aspects that may impact training and performance, such as stress and recovery monitoring, physiological responses, reproductive factors, and training adaptations. While the course content specifically addresses AFAB athlete experiences, it welcomes students of all gender identities and aims to provide an inclusive and respectful learning environment.

*Prerequisite:* EXS 327

**EXS 433 Advanced Exercise Science 3-3-0**

This course examines selected topics in Exercise Physiology. Through traditional lectures, directed readings, seminars, and case studies, students will study short-term and long-term adaptations to exercise. We will also examine the scientific principles underlying sports-related topics such as optimizing exercise performance, injuries, and injury repair.

*Prerequisite:* EXS 327 or BIO 336

*Note:* See BIO 433. Students may not take this course for credit if they have received credit for BIO 433.

**SPO 101 Introduction to Sports Studies and the Workplace 3-2-1**

This course provides a general introduction and overview of the field of sports studies. Through a series of case studies, readings, simulations, presentations, written reports and reflections, students will be exposed to the role of different sport specialists in our society and the ways in which they practice their profession. Specifically, this course will explore professions such as: fitness and personal trainer, varsity coach, sports injuries therapist/physiotherapist, sports nutritionist, sports facilities manager, municipal parks and recreation planner/manager, sports journalist, kinesiologist, professional athlete, and more. Effective goal setting and career planning will also be addressed as well as current issues in Sports Studies.

*Note:* This course is restricted to students majoring in Sports Studies and is normally completed within the first thirty credits.

*Co-requisite:* ILT 141

**ILT 141 Information Retrieval and Evaluation Skills for the Social Sciences (Lab) 1-0-1**

The objective of this laboratory course is to introduce students to the skills necessary to effectively complete their research assignments, including the correct use of library resources, such as the online catalogue, periodical indexes, and other relevant databases. Other areas of study include the identification of key terms for effective searching, productive use of the internet, and the critical evaluation of retrieved resources. Academic integrity, plagiarism, and the correct citation of print and online sources are also covered. Taught in conjunction with a research-based course, the specific resources relevant to research in the Social Sciences are introduced, and the students retrieve the material necessary to complete the essays for their particular course. The course is taught in the library's electronic classroom, and each week the students are given the opportunity for practical experience.

**SPO 155 Sociology of Sport 3-3-0**

A theoretical and empirical introduction to the social organization of sports and how they are mediated.

*Note:* This course is offered irregularly. Students may not take this course for credit if they have received credit for SOC 155.

**SPO 170 Social Media and Sport 3-3-0**

Social media is now an integral component of the communication strategy of sporting organizations. More than just a marketing tool, social media facilitates a dialogue between organizations and their targeted audience. This reciprocal communication is however complex as it is performed in an ever changing environment: the tools and good practices of today may become obsolete tomorrow. This course is designed to introduce students to current social media theories and their applications in sporting contexts. Liberal Education competencies: Quantitative reasoning (Introductory), Written Communication (Introductory).

**SPO 201 Sports, Culture & Society 3-3-0**

An interdisciplinary course focusing on the impact of sport on society. Topics include history and philosophy of sport, sport in the ancient world, its relationship to social identity, social hierarchy, media, film, popular culture, business and our economy.

**SPO 211 The Theory of Coaching 3-3-0**

The aim of this course is to explore the fundamentals of athletic coaching. Through a series of lectures, presentations and workshops, students will be exposed to the theoretical elements that contribute to successful athletic coaching. Topics will include: teaching and learning theories, planning a practice, designing a sport program, coaching and leading effectively.

*Prerequisite:* SPO 201

- SPO 212 Applied Sport Analytics 3-3-0**  
Affordable and widely distributed technological tools such as cameras, accelerometers, and smartphones now allow the recording of an overwhelming quantity of information related to individual athletic abilities and/or team performance. With such an abundance of quantitative information, contemporary challenges reside in our capacity to analyze and interpret this data in a meaningful way. Through a series of lectures and workshops, students will be exposed to modern trends in sport analytics as well as tools offering efficient ways to analyze and visualization data. Liberal Education Competencies: Problem Solving (Introductory), Critical Thinking (Intermediate), Quantitative Reasoning (Advanced).  
*Prerequisite: SOC 211 or PSY 213 or BMA 140 or PHY 101*
- SPO 217 Active Lifestyles in Society 3-3-0**  
In Active Lifestyles in Society, students will explore the sociocultural and economic conditions that enable or constrain one's capability to lead an active lifestyle, thus providing an opportunity to engage critically with the relationships among sport, active lifestyles, and health and well-being. Various social determinants of physical activity will be considered and the specific challenges and opportunities across the life course from childhood to adulthood will be examined. The course will conclude with an in-depth examination of active lifestyles and lifestyle sports in society, considering the implications of/for social cohesion, national identity, risk, professionalization and commodification, and more.  
*Prerequisite: SPO 201*
- SPO 250 Sport Management: Theory to Practice 3-3-0**  
In Sport Management: Theory to Practice, students will explore the fundamental aspects of management in sport organizations and the sport system more broadly. Using a series of case studies, the course bridges the academic to industry gap. Theories and concepts are applied to practical challenges/real world examples, helping students to understand and design solutions to challenges facing contemporary sport organizations. Students will gain exposure to core principles in the realm of sport management and build a better understanding of the unique challenges facing employees in the world of sport. Topics such as strategic planning, human resource management, leadership and governance, policy, public relations, and marketing will be covered as they relate to the sport context.  
*Prerequisites: SPO 201 or BMG 100*
- SPO 270 Sporting Events Organization 3-3-0**  
This course is designed to help students develop the skills and acquire the knowledge required to organize successful sporting events such as tournaments, championships, and conferences. Through lectures, workshops, and case studies, students will learn about the theories supporting sporting events organizations and will have the opportunity to apply these concepts to overcome real-life challenges. Topics related to budget planning, human resources, material and equipment availability, transport, lodging and communication strategies will be discussed.
- SPO 280 Sports Centre Management and Recreation Planning 3-3-0**  
This course is designed to help students develop the skills and knowledge to effectively manage a sports centre as well as design a comprehensive and economically sustainable recreation plan for a community. Through lectures, workshops, and case studies, students will learn about the theories and best-practices supporting successful management in a sport-specific context while also reviewing modern initiatives favouring participation in sport programs. Topics related to resource management, program design for various populations, marketing strategy, and continued participation in sport programs will be discussed.
- SPO 301 Athletes & Society 3-3-0**  
An interdisciplinary course focusing on the social implications of professionalizing sport. Topics include the role of media in professionalizing sport, its effects on amateur athletics, technology and sports, the proliferation of drugs in sport, the business models of sports professionals.  
*Prerequisite: SPO 201*
- SPO 303 Advanced Seminar in Athletic Development / Exercise and Health 3-3-0**  
This seminar is an advanced directed study in specialized areas of athletic development and health. Using scientific articles published in peer-reviewed journals, selected topics are presented and critically discussed in a small group format led by students. The content of this course will explore a variety of issues and may vary year to year. Liberal Education Competencies: Oral Communication (Advanced), Quantitative Reasoning (Advanced), Critical Thinking (Advanced).  
*Prerequisites: SPO 201 and SPO 212 and ILT 141*  
*Note: Students may earn credit for only one of the following courses: SPO 303, SPO 304, SPO 403*
- SPO 304 Advanced Seminar in Sports Business and Society 3-3-0**  
This seminar is an advanced directed study in specialized areas of sports business and society. Using articles published in peer-reviewed journals, selected topics are presented and critically discussed in a small group format led by students. The content of this course will explore a variety of issues and may vary year to year. Liberal Education Competencies: Oral communication (Advanced), Quantitative Reasoning (Advanced), Critical Thinking (Advanced).  
*Prerequisites: SPO 201 and SPO 212 and ILT 141*  
*Note: Students may earn credit for only one of the following courses: SPO 303, SPO 304, SPO 403*
- SPO 311 Long-term Athlete Development 3-3-0**  
Developing Olympians and professional athletes is a complex endeavor requiring National Sport Organizations to develop a structured, large scale, and multistage plan. This plan must include initiatives to ensure that children are given the opportunity to sample a variety of sporting activities in their early years, develop holistically, and ultimately remain active for life. In this course, students will examine the Long-Term Athlete Development model and its implication for the design of sporting programs. Persistent myths regarding athletic development will also be presented concomitantly with recommendations formulated by the scientific community. Liberal Education Competencies: Oral Communication (Intermediate), Quantitative Reasoning (Advanced), Critical Thinking (Advanced)  
*Prerequisite: SPO 211 or Permission of instructor*
- SPO 312 Talent Identification and Development in Sport 3-3-0**  
This course examines the state of the art and science on talent identification and development in sports. Through lectures, debates, projects, and presentations, the students will be exposed to theoretical, research, and applied issues in the field. By the end of the course, students will have an understanding of relevant issues surrounding the practice of identification and development of sport talent and will have applied critical thinking to assess the current talent identification and development practices of sport organizations.  
*Prerequisite: SPO 201*
- SPO 321 Personality and Expertise Development in Sport 3-3-0**  
This course examines the relationship between personality and the development of expertise in sports. We will discuss which and how personality characteristics may facilitate learning, training, and talent development in sport. We will engage with theoretical, research, and applied issues in the area through lectures, discussions, debates, projects, and presentations. By the end of the course, students will have an understanding of different personality characteristics that distinguish individuals and will have applied critical thinking in assessing the relevant literature to identify which personality characteristics are conceptually and empirically related to expertise development in sports.  
*Prerequisite: SPO 201*  
*Note: Students who successfully completed SPO 407 during the Fall 2019 semester may not receive credits for SPO 321.*
- SPO 332 Advanced data analysis 3-3-0**  
This course will explore the advanced data analysis techniques frequently used when conducting research projects in the field of sports studies. Through a series of lectures and workshops, students will be exposed to both quantitative and qualitative techniques. Modern data analysis softwares will also be used.  
*Prerequisite: SPO 212*
- SPO 350 Leading Contemporary Sport Organizations 3-3-0**  
SPO 350 will enhance students' critical thinking and reflection on the past, present, and future of leadership in sport organizations. Students will gain research and practical skills to equip their leadership toolboxes. They will do so by critically engaging with leadership theories (e.g., servant leadership) and how these theories can be applied to various real-world sport settings (e.g., leading a new Soccer League with a vision). This will be done through various learning modalities such as case studies, consulting projects, and reflection. Students will develop the liberal competencies of oral communication, critical thinking, and problem solving.  
*Prerequisites: SPO 211 or BMG 100*  
*Antirequisites: Students who successfully completed SPO 408 in the Winter 2025 semester may not receive credits for SPO 350*

**SPO 360 Sports, Community, and Sustainable Development 3-3-0**

In recent decades, sport has been identified by a range of institutions as a potentially valuable tool for pursuing the goals of sustainable development. This includes community and economic development, gender empowerment, peace-building, education, and disease prevention, among other things. Today, organizations ranging from small community-based programs to international organizations like the United Nations and the International Olympic Committee recognize this sentiment, and support the use of sport to achieve a wide variety of community and sustainable development goals. In this course, students will be introduced to some of those goals and the ways that sport has (or has not) contributed to them. Students will also be invited to consider the potential for sport programming to address these issues, and the methods that sport managers and researchers use to evaluate its impact.

*Prerequisite:* SPO 201 or POL 140

*Note: students who successfully completed SPO408 during the Fall 2021 semester may not receive credits for SPO360.*

**SPO 370 Public Relations in Sport 3-3-0**

Public Relations in Sports defines and examines the role of public relations (PR) in the sport industry. Through hands-on activities, lectures, readings, group projects and guest speakers, this course will focus on how sporting organizations and athletes manage their relationships and reputations with internal and external stakeholder groups, including media, community, fans, donors, corporate partners, and governing bodies. Students will analyze management issues, crises, and legal, ethical, and sociological issues that are associated with PR in the sport industry. Students will also practice technical skills associated with PR in sport, such as writing press releases, pitching stories, and conducting press conferences. Liberal Education Competencies: Oral and Written Communication Skills, Creative and Adaptive Thinking, Social and Cultural Literacy, Ethical and Moral Reasoning.

**SPO 390 Sport and Social Issues 3-3-0**

This course is about fairness and other social issues in sport, physical activity, and recreation. It is about the right and capability to participate, and the way that those are differentially distributed in the Canadian population. The capability to participate in sport and recreational physical activity is profoundly affected by the social structures of Canadian society, by persistent inequalities, and by other issues like power and stigma. This course enables students to study the effects of class, gender, race, sexuality, and other aspects of social inequality upon opportunities, programs, and practices in sport. The role of sport in reproducing or transforming those social inequalities and the means by which social issues might be more effectively addressed are considered throughout the course.

*Prerequisite:* SPO 201 or SOC 245

*Note: students who successfully completed SPO409 during the Fall 2021 semester may not receive credits for SPO390.*

**SPO 401 Experiential Learning 3-1-10**

SPO 401 provides students with hands-on experience in the sports industry through practical placements, internships, or projects with sports organizations. Students may arrange their own opportunities, which must be approved by the department prior to beginning work, or they may apply for positions sourced by the department through its ongoing industry partnerships. Students will apply theoretical knowledge from their academic coursework to real-world settings, developing professional skills in management, communication, and problem-solving. Emphasis is placed on reflective learning, industry networking, and career development. SPO 401 prepares students for a seamless transition into the sports sector by bridging the gap between theory and practice.

*Prerequisite:* Permission of instructor

**SPO 402 Independent Study 3-3-0**

Under the supervision of a faculty member, students design and carry out research in an area related to Sports Studies. This can be original research, the development of a case study, or a program evaluation.

*Prerequisite: only students having completed at least one year at Bishop's and who have maintained at least a 70% cumulative average will be eligible.*

*Prerequisite: approval of a Faculty member in SPO*

**SPO 403 Advanced Seminar in Sport Studies 3-3-0**

This seminar is an advanced directed study in specialized areas of sport and recreation. Selected topics are presented and critically discussed in small group format. The content of this course will explore a variety of issues and may vary year to year.

*Prerequisites:* SPO 301 and one of: SOC 211, PSY 213, BMA140 or PHY 101

*Only open to students in their final year (last 30 credits).*

*Note: Students may earn credit for only one of the following courses: SPO 303, SPO 304, SPO 403*

**SPO 407 Special Topics in Athletic Development 3-3-0**

A lecture/seminar course offered by regular and visiting faculty on topics related to athletic development. Topics covered will be dependent on the research interests and expertise of the faculty member instructing. The course will be offered on an occasional basis. Liberal Education Competencies will be developed according to the special topic. However, considering it is a 400-level course, it is expected that an advanced level of competency will be acquired at the end of the semester.

*Prerequisites: Subject to change depending on topic taught. Please contact the Chair of Sports Studies.*

**SPO 408 Special Topics in Sports Business and Society 3-3-0**

A lecture/seminar course offered by regular and visiting faculty on topics related to sports business and society. Topics covered will be dependent on the research interests and expertise of the faculty member instructing. The course will be offered on an occasional basis. Liberal Education Competencies will be developed according to the special topic. However, considering it is a 400-level course, it is expected that an advanced level of competency will be acquired at the end of the semester.

*Prerequisites: Subject to change depending on topic taught. Please contact the Chair of Sports Studies.*

**SPO 409 Special Topics in Health and Exercise 3-3-0**

A lecture/seminar course offered by regular and visiting faculty on topics related to health and exercise. Topics covered will be dependent on the research interests and expertise of the faculty member instructing. The course will be offered on an occasional basis. Liberal Education Competencies will be developed according to the special topic. However, considering it is a 400-level course, it is expected that an advanced level of competency will be acquired at the end of the semester.

*Prerequisites: Subject to change depending on topic taught. Please contact the Chair of Sports Studies.*

**SPO 411 Sports Centre Practicum I 3-1-10**

SPO 411 provides an experiential learning opportunity at the John H. Price Sports and Recreation Centre on campus aimed at introducing students to various practical aspects of varsity sport such as communications, operations management, coaching, athletic therapy, or to the practice of fitness training, mentoring and managing recreation sport programming, or training in various sports and recreational/fitness activities. Students spend up to 10 hrs/week (100+ hours for a semester) volunteering under the supervision of a member of the staff of the Sports Centre or Gaiters. An outcomes report of the practicum is expected. Enrolment will be limited and only students having completed at least one year at Bishop's and who have maintained at least a 70% cumulative average will be eligible.

*Prerequisite: Approval of the SPO Internship Coordinator.*

**SPO 412 Sports Centre Practicum II 3-1-10**

SPO 412 provides an advanced learning opportunity at the John H. Price Sports and Recreation Centre on campus, and is aimed at developing expertise in various areas such as communications, operations management, coaching, athletic therapy, the practice of fitness training or managing sport programming. Students spend up to 10 hrs/week (100+ hours for a semester) volunteering under the supervision of a member of staff with the Sports Centre or Gaiters. In the Practicum II, students will be expected to take on more complexity, some degree of self-leadership, and explore areas of professional interest from Practicum I in greater depth. Enrolment will be limited; only students having completed at least one year at Bishop's and who have maintained at least at 70% cumulative average will be eligible.

*Prerequisites: SPO 411, permission of Sports Internship Coordinator*

**SPO 416 Knowledge Mobilization in Sports Studies 3-3-0**

While possessing sound theoretical knowledge is crucial to lead a team or an organization, the ability to communicate efficiently is of the utmost importance to positively influence the behavior of others and their decision-making. In this course, knowledge mobilization tools and strategies will be presented to allow students to communicate key scientific information to diverse audiences. Through lectures, seminars, and mostly workshops, students will explore a variety of topics related to the three concentrations of the Sports Studies program (Business and Society, Athletic Development, Health and Exercise) and will be invited to present the results of their investigation during the annual Congress of Sports Studies. Liberal Education Competencies: Oral and Written Communication Skills (Advanced), Problem Solving Abilities (Advanced), Information Literacy Skills (Advanced), Creative Thinking (Advanced), Social Confidence and Inter-personal Competence (Advanced)

*Prerequisites: ENG 116 and SPO 303 or SPO 304*

**SPO 498 Honours seminar 3-3-0**

This course will prepare students to complete a research project in the field of Sports Studies. Using a seminar approach, students will be introduced to all the steps involved in the planning of a research project: literature review, ethics application, grant/scholarship application, formulation of research questions and hypotheses, selection of the adequate methodology, and presentation of the proposed project.

*Prerequisite: Permission of instructor*

**SPO 499 Honours Thesis 6-3-0**

Under the supervision of two members of the Faculty, students will lead and complete the research project conceptualized in SPO498. Students will thus be exposed to data collection and analysis, and they will be expected to report their results and conclusions during a public talk and in the form of a written thesis conforming to the publication standards of the field of Sports Studies.

*Prerequisites: SPO 498 and SPO 332*

**Electives of interest**

BIO 131*	Human Body in Health and Disease
BIO 233*	Human Anatomy
BMG 214	Intro. to Entrepreneurship: New Venture Creation
BMG 324	Management of Innovation
BMK 362	Sport Marketing
CLA 130	Sports and Games in the Ancient World
ECO 224	Sports Economics
ENG 296	Sports Writing
ESG 264	Outdoor Recreation
HIS 267	History of Sports in Canada
PBI 217†	Motivation and Emotion
PBI 275†	Health Psychology I
PBI 276†	Health Psychology II
PBI 327†	Psychology of Nutrition
POL 213	Canadian Sport System and Policy
POL 230	The Politics of Sport
PSY 203†	Cognition and Motivation in Sport
PSY 204†	The Social Psychology of Sport and Exercise
PSY 277†	Physical and Mental Health
RSC 209	Sports and Religion
SOC 155	The Sociology of Sport
SOC 219	Sociology of the Body
SOC 220	Work and Leisure
SOC 307	Sociology of Health

*\*may receive credit for only one of BIO 131 and BIO 233*

*† these courses all require PSY 101*

*and/or PSY 102 as pre-requisites.*

*Note: Some of these courses are only offered on an irregular basis*