BISHOP'S



BISHOP'S OWN BREWERY

+ A FIRST LOOK AT THE NEW SPORTS CENTRE + U4 UP FOR DEBATE WEEKEND + CHRIS HADFIELD ON CAMPUS + CANADA'S GREEN RUSH + 3M FELLOWSHIPS + BISHOP'S IN BURMA + GAITERS BASKETBALL

YOU MAKE IT HAPPEN



BRAINSTORMING SUSTAINABLE FOOD GROWTH PROGRAMS.

DIRECTING A STUDENT-WRITTEN PLAY. TRYING LOCAL DELICACIES ON EXCHANGE. READING WITH LOCAL ELEMENTARY SCHOOL CHILDREN. SNAPPING PHOTOS OF ENDANGERED PLANT LIFE. MODELING INTERNATIONAL POLICY DECISIONS.

On a single day on campus, each student is choosing their own adventure and shaping their own education.

BISHOP'S IS

A COMMUNITY BURSTING

with ambition, full of students who are capable and willing to take on the challenges our world faces. They leave with the tools to act, the confidence to perform and the knowledge to ask the right questions. We empower them to deal with complexity, diversity and change.

Donations provide the opportunities that foster this knowledge and growth.

YOU CAN DIRECT YOUR GIFT TO ANY PROGRAM WHERE YOU'D LIKE TO HAVE THE GREATEST IMPACT.

Every gift, regardless of size, really does make a difference, and shows that you're here to support our students and their education in every way possible. You can be proud of what you're helping them accomplish. On behalf of our students, thank you.











Bishop's University Magazine is published twice a year by the University Advancement Office.

Editor-in-Chief

Fraser Lockerbie

Copy Editor

Sarah Haddon

Contributors

Sarah Haddon Elizabeth Mazurek Matt McBrine Chelsea McLellan Alexis Chouan

Jordan Winnett

Ronan O'Beirne Mark Lawson

Garry Retzleff

Julie Lorrain Julie Frédette

Chris Cook

Martin Rourke

Contact Information:

1-866-822-5210 alumni@ubishops.ca

Submissions

Sarah Haddon shaddon@ubishops.ca

Cover Chemistry professor Dale Wood in the lab with brewing science students. Photo: Krystel Morin.

PAGE 12 **DIVERGENT PATHS**

How four alumni have led the charge in changing industries on the back of a liberal education

PAGE 19 THE ARCHES BREWERY

How one prof's love of beer gave birth to Canada's first academic microbrewery

PAGE 22 THE PLEX

A first look a the renovated and expanded John H. Price Sports Centre

PAGE 28 **UP FOR DEBATE**

Students, faculty and special guests debate the issues of the day in the annual U4 League event

REGULAR FEATURES

PAGE 4 **Editor's Note**

PAGE 5 Principal's Note

PAGE 6 **Campus News**

> PAGE 18 Opinion

Alumni Events PAGE 31

> Weddings PAGE 32

> > PAGE 33 **Births**

Through the Years PAGE 35

> In Memoriam PAGE 36

> PAGE 38 **Perspectives**

ALUMNI EVENTS

JUNE 19

Vancouver Alumni Social Event

JUNE 20

Calgary Alumni Social Event

JUNE 20

Ottawa Alumni Social Event

JUNE 20

MUHC Walk For Montreal

JUNE 26

Golf the Way We Like to Play -Alumni & Friends Golf Tourney at Richmond Hill Golf Club.

JUNE 26

Halifax Alumni Social Event

JULY 9

Toronto Alumni Social + Four Shades of Purple Annual Summer Event.

AUGUST 20

BC Lions Alumni Event

OCT. 1-4

Homecoming! See page 34 for more details!

Visit ubishops.ca/alumni for a full listing of upcoming events. Want to organize an event in your city? Contact Sarah Haddon (shaddon@ubishops.ca) to find out how to launch a great alumni event where you live.

THE PASSIONATE PURSUIT

hat's the value of a liberal education? Chris Cook '00 tackles that question head-on in one of the many revamped features ("Perspectives", p.38) found in this issue of the magazine. But I think you'll find that the answer is perhaps more ubiquitous than that - that it is evidenced with every turn of the page.

A liberal education is, after all, pervasive by nature; it is an all-consuming academic experience that crosses matters and majors and breeds a better sort of scholar, a student who can see the world not just through eyes of a scientist or poet, but in a well-rounded way, a way that ultimately allows for greater exploration.

As is the case with our four featured alumni (p.12), graduates who ventured out into three rapidly-changing industries, prepared to face the challenges ahead and question the status quo. Or in the case of Jordan Winnett '09, whose experience working in one of Canada's more controversial startups provided the impetus for the first of what we hope are many opinion pieces (p.18) written by you, our infinitely talented alumni.

The value of a liberal education. an education that does not ask that we memorize facts and figures, but teaches us instead how to use them to better communicate with and influence the world, to think critically about any problem - not just the one limited to a final exam - is evidenced in the interdisciplinary, experiential nature of Bishop's new academic micro-brewery (p.19). It is expounded in its purest form in the Socratic influence flowing from the U4 League's Up For Debate weekend (p.28). It is present in our community through Bishop's first-ever Café Scientifique (p.8) and recognized nationally through not one but two 3M Fellowships awarded to Bishop's community members (p.7). And throughout this issue, we are reminded that a

liberal education is about more than just academic excellence; it is about striking a balance, between mind and body - as in the case with Gaiters' historic run to the CIS National Championship (p.11) and the opening of the opening of the renovated John H. Price Sports Centre (p.22) - and between socializing and studying: that for each of us, as many lessons were learned outside of the classroom as in.

It's in considering the value of liberal education that we've also redesigned the magazine. The best of what Bishop's has to offer has never resided in the who, what, when and where, but the why? We want to showcase more than just our achievements - we want this magazine to be a place that continues to challenge the ideas of the day, that sparks debate and keeps the ideals of a liberal education alive in our alumni community.

With that, we ask bluntly for your thoughts, your concerns, your contributions. We ask that you write us, whether it's to express an opinion, expound on an idea or share a story. This magazine is as equally yours as it is ours and its content should be collaborative, current and conceptual just like a liberal education.

But above all, it should be reflective of what you want to read.

Chris Cook concludes that a liberal education is what you make it. We'd add that it doesn't expire with a four-year degree. With your help, we'll continue to showcase the passionate pursuit of better ideas and fuel the lifelong learning process that was kindled for all of us on the mighty shores of the Massawippi.

- Fraser Lockerbie

The University would like to thank Pam McPhail, who retired as magazine editor, and welcome Fraser Lockerbie '09, as the new editor.

REWARDING RECOGNITION



his spring, I flew out
West to meet prospective students in
Victoria, Vancouver
and Calgary. On the flight, I
considered the choice facing these promising young
people – a choice that
would set them apart from
most of their high school
classmates.

Consider this:

 Two-thirds of Canadian undergraduates attend a university within 20 kilometers of their home.

- Only nine per cent of Canadian students cross a provincial border to attend university.
- Only 5 per cent of Canadian students attend a university with an enrolment of fewer than 6000 students.

This means that very few Canadians enjoy an undergraduate experience like the one we offer at Bishop's.

And yet there is widespread recognition amongst educators of the immense value of our model.

As a Bishop's student, you were taught by professors who knew your name (for better or for worse) and who took a genuine interest in both your education and your overall well-being.

You know the learning opportunity inherent in the experience of defending your ideas in a small and engaged class of your peers. You know the value of being challenged by your professor to formulate your own opinions and to think on your feet.

For those of you who have studied elsewhere, or those who have children studying at other universities, you know that this is a rare experience for most Canadian undergraduates.

Canada's large universities certainly have their own strengths, but year after year the National Survey for Student Engagement (NSSE) confirms our faith in the Bishop's model.

The survey places Bishop's ahead of most Canadians universities in rankings for effective undergraduate teaching, supportive environment, and student satisfaction.

NSSE's data is gathered by asking the students themselves to assess their undergraduate experience. The other universities near the top of NSSE's rankings are small, residential, primarily undergraduate universities like our own, including our U4 partners at Acadia, Mount Allison and St. Francis Xavier universities.

Our high ranking is testament to the independent and engaged students who choose to come to Bishop's and to the talented and dedicated professors who choose to teach here.

At each of the events out West, I invited local Bishop's graduates to address the prospective students. Their messages were strikingly consistent. They all spoke about the opportunity to engage with faculty who are passionate about teaching undergraduates. And they all spoke of the critical thinking and social skills that they acquired at Bishop's that prepared them for success once they left the Bishop's bubble.

Unfortunately, in the current funding model in Canada, universities are incented to focus on growing the size of their undergraduate classes rather than on enhancing the quality of the experience they offer to their students.

Universities are rewarded for filling lecture halls to the point of overcrowding rather than for the learning outcomes achieved in those classrooms.

So how does Bishop's continue to succeed in a system that fails to recognize our unique offering?

First, we are able to rely on terrific alumni, who continue to support their university because they value what Bishop's gave them and they want to give back to their alma mater.

You are our best ambassadors. We need you to continue to help us attract great students, to share your knowledge with our current students and to mentor our recent graduates. And to the extent that you're able, we need you to support the fundraising efforts of the university on an ongoing basis.

But for Bishop's to continue to flourish, we will also need the Quebec Government to provide greater financial support for what we do. We will be engaged in that discussion with the Government over the next year and I am optimistic that we will reach a mutually acceptable agreement.

When I met the prospective students and their parents out West, it was great to be able to tell them about the recent success of our Model UN delegation and of our men's basketball team. It was gratifying to talk about our award-winning faculty and our new sports centre. And it was great to introduce them to some of our articulate, passionate and accomplished alumni.

Some of those young people will undoubtedly enrol at universities close to home. But as each of you did, next August many of them will pack their suitcases and head down the road less travelled into an experience that will change their lives forever.

We look forward to welcoming them and we are working to ensure that there will be sufficient public funding for Bishop's to offer another generation of students an outstanding undergraduate experience.

- Michael Goldbloom, C.M.



PREPARE FOR LIFT-OFF

BY KRISTY BOCKUS

As part of the Distinguished Donald Lecture Series, Colonel Chris Hadfield touched down in Lennoxville on January 27, 2015. Former Chief of the International Space Station, heavily decorated test pilot and retired astronaut, Hadfield is well known for his use of social media while in space, re-inspiring in millions of people a curiosity about space that had faded over recent years.

Although his trip to our quaint town may not have been as physically jarring as his trip leaving Earth, Hadfield was rooted firmly in his belief of achieving the impossible.

Hadfield's message was that each of us should have our own definition of what success means to us. Success should not be defined by a single measure, but rather celebrated through little achievements that put a person one step closer to obtaining his or her ultimate goal. Hadfield also stated that if that ultimate goal is not achieved, it should not be regarded as failure. After all, Hadfield's dream was to step on the moon, a feat he has not completed; but this ambition led him from age 10 to consciously strive towards achieving what many would deem impossible, and his passion took him on interesting journeys before he ended up sitting in a spaceship, the clock counting down to his exit from Earth...

Which was certainly an interesting

day to wake up, knowing that by the end of it he would either be witness to 16 sunrises or dead. Hadfield left the audience awed by his account of the day he first left the planet. As everyone drove away from the massive spaceship that Hadfield endearingly called "my spaceship," it still had not sunk in. Hadfield took the 20-story elevator and climbed into the crowded shuttle, careful not to bump any of the 500+ switches that ensured the spaceship's smooth travel - no pressure. The reality of what he was about to do finally settled in when he was strapped in and left alone with the clock counting down. It was the culmination of 26 years of preparation.

Hadfield took a moment to discuss the risks involved in space exploration. On his first trip to space, one of three over the course of his career, the odds

of dying were 1 in 38... in the first 8 minutes. He went on to say that a spaceship is actively piloted, not passively flown. The crew within the shuttle lives with the ship. At lift-off, 12 tons of fuel is burned per second with 80 million horsepower. Within 45 seconds, the massive machine accelerates to the speed of sound. All the while, the men and women inside think of the next thing that could kill them. In the first minute and a half, all abortion options are tracked and considered in case something goes wrong. By 2 minutes in, the spaceship is 160,000 feet up. The ride goes from rough to dead smooth once the spaceship breaks through the air. Then, suddenly, everything gets heavier and heavier. The spaceship accelerates at such an extreme speed that it could literally tear the shuttle in half. Finally the engines shut off and the crew is weightless.

Hadfield then turned the conversation to his most recent journey into space in 2013, where he was the commander of the International Space Station (ISS) for 6 months. During his command, Hadfield also became Canada's first "space walker." This required four and a half years of training to perfect the choreographed movements reguired and would lead to an experience Hadfield will never forget: in front of him were the colours, textures, and angles of a phenomenally gorgeous planet that teems with life; looking the other way was the whole of the universe. In the middle of it all was Hadfield, holding on with one hand.

Hadfield is optimistic about the future of Canadian space initiatives, stating that humanity will continue to hunt for planets, more hardware will be sent to Mars, and overall better inventions will lead to strong business investments that demonstrate the importance of space research. After all, Hadfield pointed out that Canada helped build the ISS, which in true Canadian fashion was described as being 5-6 hockey rinks in length.

Space research is a collaborative effort between many countries. Everyone pitches in to help further our understand-

ing of the universe we live in. Hadfield said that it demonstrates an undeniable example of what we can achieve when we work together. Until a person can see the world, it's hard to make global decisions. In that moment, individuals are forced to rethink everything. Hadfield explained that his time in space deepened his experience on Earth, allowing him to appreciate the complexities of life to a greater degree than ever before.

The night ended with a live performance of David Bowie's 'Space Oddity', taking Hadfield back to the moment in space when he made a video, encouraged by his son, that turned viral. Hadfield's passion for music was evident as he discussed how music is an art of communication that breaks language and cultural barriers.

Colonel Hadfield was the 28th lecturer in the Donald Lecture Series, which was established by alumnus John Donald '60, DCL '12 in 2008. This evening marked a momentous event in the history of Bishop's University and in the current \$30-million Leading the Way fundraising campaign; the announcement of a \$3-million gift from Mr. Donald to endow the lecture series in perpetuity.

"John's gift is incredible. I cannot think of a more appropriate way to show support for the essence of what Bishop's is - and what we must constantly aspire to be - than to give us the means to expand our knowledge and to challenge us to question, to reflect and to learn," said Principal Michael Goldbloom. "Over the years, we have been treated to an exceptional breadth and depth of insight and knowledge by many thoughtful individuals. The series has enhanced the academic and cultural experiences of our University and our region. It is wonderful to know that for years to come, every student who comes to Bishop's will have the opportunity to learn from some of the outstanding leaders of their time."

Over 2,500 people participated in this event: 900 alumni, students, faculty, and community members who attended the lecture on campus; 1,130 alumni who viewed a live stream around the world, and also 550 local elementary, high school, and CÉGEP students who participated in an exclusive afternoon field trip to the University. "In keeping with the vision of Mr. Donald's gift, we thought it was important to extend this influential opportunity to all segments of our educational community," said Principal Goldbloom.

BISHOP'S BOASTS 3M FELLOWSHIPS

BY ALEXIS CHOUAN

It's a familiar Bishop's sight: students clad in Purple Pride regalia chanting their way through campus. When it comes to preaching that Bishop's is a great school, Gaiters are evidently the proverbial choir. Underneath the deliberate bravado is the belief that the university fosters a community of exceptional people doing amazing things. But while there are plenty of internal awards to recognize the efforts of students, faculty, and staff working in innovative ways at Bishop's, the university needs external recognition to stand out on the national level. Enter the 3M Fellowship.

The 3M National Teaching and Student Fellowships are the most prestigious awards of academic excellence in Canada. Since 1986, 3M Canada and the Society for Teaching and Learning in Higher Education (STLHE) have partnered each year to recognize 10 outstanding professors who are innovating undergraduate education. The student fellowship, inaugurated in 2012, is awarded to exceptional student leaders. This year, Bishop's presented nominees for the first time, and is one of only three universities with selected candidates at both the Teaching and Student levels. Dr. Jessica Riddell was selected as a Teaching Fellow due to her innovative

approaches to teaching, dissemination of knowledge, and academia as a whole. Jason Earl, the Student Fellow, was recognized for his efforts in social equality at the institutional level.

Dr. Riddell's dossier was built on the metaphor of the party for the university. To put it in her own words: "I have come to realize not that we take academia too seriously, but that we don't take party planning seriously enough." This flippant epiphany, which might raise an eyebrow at first, is actually at the heart of Dr. Riddell's philosophy, that the best moments of innovation are sparked in conversational settings, where participants are too delighted to realize they are learning. Dr. Riddell has found creative ways to foster teaching and learning through acts of public scholarship. In 2012, she led her class to organize a mock trial of Shakespeare on charges of fraud at Bishop's. Presented in the packed student pub, this play made Shakespearian scholarship public through comedy, drama, and audience participation. For the past six years, Dr. Riddell has also organized the Quebec Universities English Undergraduate Conference (QUEUC), which gathers Humanities students from across Canada and the US for a weekend that brings theory out of the classroom and into practice among peers. By exploring creative ways to engage students in topics of academia, Dr. Riddell has turned learning into a party, and parties into moments of learning. An educational philosophy fit for Bishop's own party-savvy lifestyle.

Jason Earl was selected as Bishop's 3M student nominee because of his leadership in championing student voices. Early in his schooling, Jason relied on teachers and the classroom to overcome bullying. Ever since, he has been an active member of student government in schools he attends, where he learns to empower others and ensure the voice of each student is heard. As a third-year Education student at Bishop's, Jason seeks to create safe spaces for his students, where they feel comfortable to express their thoughts and opin-

ions but are challenged to understand individual differences. This philosophy of teaching by empathy extends outside of his classroom. In his second year at Bishop's, Jason was VP Student Affairs in the Student Representative Council. Aware of the important talks that need to be had, he also sits on institutional policy boards, such as the University Harassment Committee, and the "Let's Talk About Sex" series for students, which addresses issues of consent and power in sexual relations. Finally, Jason is a champion of Bishop's itself, acting as an ambassador during U4 League events, with our partner schools Acadia, Mount Allison and St. Francis Xavier, where he ensures student voices are heard in the university's future.

These two 3M fellows put Bishop's on the national radar as an institution of academic excellence and creative innovation. The fellowship is not simply an award to be listed on one's CV, but is a platform with resources to take the next steps from thought to action. Dr. Riddell and Jason Earl will both attend the Vancouver STLHE conference in June, where they will connect with other like-minded leaders. The fellows will gather in retreats with their cohort members to think critically about academia and collaborate in cross-disciplinary projects. These fellowships place Bishop's at the forefront of higher education innovation, and more exciting ventures are sure to follow.

KNOWLEDGE MOBILIZATION

BY JULIE FRÉDETTE

Getting the right information to the right people in the right format at the right time. This is the definition of "knowledge mobilization." Increasingly, researchers funded by major granting agencies are being asked to disseminate the results of their research to a broader

audience, to reach knowledge users, decision makers and the population in general so that research funded by tax dollars may benefit those who need it most. Publishing research in scholarly journals and presenting at academic conferences, while valuable sources for the dissemination of research, are no longer sufficient.

One innovative dissemination strategy consists of holding a Café Scientifique. Modeled on the salons of 19th century Paris, the idea of the Café Scientifique as an informal, widely accessible public discussion on scientific research of general interest was revived in the United Kingdom and France at the turn of the 21st century. The goal was to democratize science, to take it out of the domain of the expert and the laboratory and bring it to the public in cafés, bars, restaurants and theatres, sparking public debate and discussion around the issues of the day. This year, Bishop's University held its own, with the purpose of sharing precious resources in research with the local community.

Why is it so difficult to kick an addiction? This was the question that Bishop's University researchers Dr. Adrianna Mendrek (Psychology) and Dr. Annie Duchesne (Biology) set out to answer during this event. Joined by Murray Brohman of the NuHab Centrewho was able to answer questions regarding treatment and strategies for quitting addictive behaviours-Dr. Mendrek, who specializes in behavioural and clinical neuroscience, explained to those present what happens in a person's brain as addiction develops; how the initial contact with the addictive substance generates feelings of euphoria and well-being, and how the dangerous "downward spiral" quickly ensues: the periods between the consumption of the addictive substance become marked by withdrawal symptoms (anxiety, cravings, depression, inability to focus), and the substance then becomes a form of treatment of these symptoms, a way to feel relatively normal. Dr. Duchesne, whose

research focuses on the functioning of stress systems, highlighted how stress, normally a life-saving system that allows humans to adopt strategies to react to and cope with threatening situations, is a significant factor that comes into play at several points on the downward spiral: in several instances, stress is a factor that leads to the first contact with the addictive substance, heightens withdrawal symptoms, and grows exponentially when the social, professional and physical consequences of addiction begin to manifest.

The first Bishop's University Café Scientifique was one of several special activities organized in the context of the 10th Annual Research Week, a celebration of the important research work undertaken by faculty members and librarians. Alumni are always welcome to attend the various activities that are held annually at the end of March to highlight academic research at Bishop's University.

BISHOP'S IN BURMA

BY GARRY RETZLEFF

The Mae Sot Education Project has been working in Mae Sot, on the border of Thailand and Burma/Myanmar, since 2004. Its purpose, to help Burmese children whose families have been forced to flee from their homeland to escape economic hardship and political and ethnic oppression by the Burmese government, enables these displaced children to get an education. It currently supports six schools with annual donations to help them meet their operating costs. Based in the Lennoxville community, the project receives valuable assistance from the Advancement Office of Bishop's University but mostly does its own fundraising.

One aspect of this project is unique amongst the Mae Sot NGOs. We prepare and send a number of Bishop's



and Champlain students each year to work as volunteers for a full semester in the schools we support. Over the years the number of volunteers has varied from three to five, depending on the project's finances and the number of qualified applicants. Some of the student volunteers have found the experience quite difficult; most have found it very rewarding. Several have opted to stay on for an additional semester of teaching after their initial obligations have been fulfilled. A few have returned to Mae Sot and the border area to work for other NGOs that deal with Burmese refugees and migrants. One has made helping helping the Burmese migrant community the focus of her life.

Megan Irving '13 first volunteered for the summer and fall of 2011 and became so engaged in her work and so attached to her students that she decided to stay on-largely at her own expense—and teach for the entire school year. Returning home rather reluctantly in the spring of 2012 she spent the next academic year completing her BA in English literature. But even during that year her Burmese students were not far from her mind: she edited and helped pro-

duce a book, Do It Right: the ABC's of Children's Rights, a project that involved penpal exchanges between the grade three students at Lennoxville Elementary School and the students at Hsa Mu Hta Learning Centre in Mae Sot.

As soon as she graduated in 2013, Megan headed back to Mae Sot as a second-time volunteer with the Project. Once again she decided to stay and teach for the entire academic year and this time the project was able to offer her a bit more financial support. But the spring of 2014 posed a problem. Megan really wanted to return to Mae Sot, particularly to Parami, the school that she loves and whose students are devoted to her. Believing that giving other students the experience of volunteering was crucial to its mission, the MSEP Committee felt that they really could not support her for a third session. Fortunately Parami, recognizing Megan's talent and commitment, was able to come up with a very modest salary with which to hire her themselves. So Megan now rooms and boards at the schoolalong with some of the other teachers and 60 students-and devotes her time to teaching English and assisting Min

Lwin, the Director, with the administration of the school.

Megan also volunteers with the Occupational Training Centre for Migrant Burmese Women and CTUM, the Confederation of Trade Unions of Myanmar. The former, whose aim is to combat human trafficking and labour rights violations, gives at-risk migrant women basic education, job training and information about human rights and labour laws as well as assistance with job placements. The latter will attempt this summer to form a teachers' union in Burma/Myanmar. In all of her work she is guided by her profound belief in the importance of education and of protecting fundamental human rights.

The Mae Sot Education Project is very proud of what our volunteers have done in Mae Sot, and absolutely awestruck by what Megan has gone on to do: their efforts on behalf of the beleaguered Burmese people are truly helping to make the world a better place!

MENTAL HEALTH MEDITATION

BY JULIE LORRAIN

Editor's note: As part of Bishop's annual Mental Health Awareness Week, Psychology student and BEST Project Fund recipient Julie Lorrain presented on an innovative form of treatment known as Dialectical Behaviour Therapy. After seeing the presentation, we were compelled to include her thoughts on a subject that impacts hundreds of thousands if not millions of Canadians each year. What follows is evidence that a liberal education extends well beyond the arts, and works to promote meaningful change in our communities thanks to researchers like Julie.

Dialectical Behaviour Therapy

(DBT) falls under the group of mindfulness and acceptance-based cognitive behaviour therapies. These are the most recently developed aspects of cognitive behaviour therapy and are referred to as the 'third wave' of behaviour therapy. Originally brought on by discrepancies in the existing literature and changes in philosophical view, these third-generation behaviour therapies were developed around five essential themes: a more developed prolonged assessment of psychological health; a more extensive view of satisfactory therapeutic outcomes; acceptance; mindfulness; and creating a meaningful and worthy life.

Behaviour therapies no longer concentrate solely on overt behaviours;

"THS COGNITIVE BEHAVIOUR THERAPY IS BASED ON THE PREMISE THAT PEO-PLE'S BELIEFS WILL AFFECT HOW THEY **ACT AND FEEL."**

rather, some approaches, like DBT, have opened up concepts such as values, spirituality, and meditation.

DBT is a comprehensive psychosocial treatment that was originally created by Dr. Marsha Linehan for people suffering from borderline personality disorder and chronic suicidal ideation. Today it is also used to treat different populations and illnesses such as eating disorders, post-traumatic stress disorder, and ADHD. This cognitive behaviour therapy is based on the premise that people's beliefs will have an effect on how they act and feel. It involves the assessment and treatment of the emotional, behavioural, and cognitive domains, as well as exposure. In this type of therapy, individuals are confronted with their most agonizing sentiments and must learn to tolerate the pain without engaging in self-destructive behaviours. With the use of mindfulness-taken from the Zen

Buddhist tradition-individuals increase their awareness of their own experience in a non-judgmental way. Meditation and visualization exercises also help people to become better at focusing on the here and now while being able to distance themselves from it at the same time: hence the dialectical relationship. Acceptance brings this concept one step further, not only enabling people to accept their own experience without judgment, but doing so in an deliberate yet caring fashion while pushing for the awareness of the existing moment. Here, acceptance is seen as a substitution mode to cope with and represent personal experiences.

So what is DBT? It's behavioural therapy with a twist! It is individual therapy or group therapy led by a leader and co-leader in which one hour is taken in each session for meditation and mindfulness. It is a direct and collaborative approach based on the hierarchical needs in which a lack of dedication from any of the patients is not tolerated. It is a signed contract, an engagement to work hard to create a better life. It is amazing availability from therapists, the teaching and learning of helpful skills, and homework.

The advent of dialectical behaviour therapy in 1993 brought a remarkable new perspective and tangbile form of assistance for individuals suffering from all sorts of devastating disorders. The fact that DBT includes mindfulness and acceptance in a behavioural structure makes it a unique and versatile therapeutic approach. Nowadays it is used widely by a variety of mental health professionals in numerous therapeutic settings; the Hôtel-Dieu hospital in Shebrooke, Quebec, has been using DBT for several years now, namely in its external clinic for individuals with borderline personality disorder. Let us hope that DBT will continue to be used as a therapeutic tool for it is, without a doubt, a successful method of healing.



PHOTO: BLAIR SHIER

GAITERS RSEQ CHAMPIONS

BY MARTY ROURKE

It was special, and "Gaiter Nation" was out in full force. After defeating twotime defending RSEQ champions McGill University 68-63 to take the provincial title in Mitchell Gym on March 7th, the Bishop's Gaiters men's basketball team returned to the Canadian Interuniversity Sport National Championships for the first time since 1999. This year it was hosted in Toronto and students, fans and alumni supported the Gaiters in true Bishop's fashion. They flocked from far and wide to Ryerson's Mattamy Athletic Centre, while those who couldn't make it crammed into the Gait pub and Dewhurst Dining Hall on campus, met at the Lion in Lennoxville, or watched from home via live webcast as their Gaiters almost pulled off one of the greatest

upsets the tournament had ever seen.

Bishop's was ranked sixth; in the quarterfinal round they took on the Ottawa Gee-Gees, ranked third, but who had been the nation's top team for much of the season. Bishop's fell behind early but thanks to a wild 24-3 run to end the second quarter, the Gaiters had grabbed a 35-28 lead at halftime. A tough call against Bishop's in the final seconds of the game allowed Ottawa to tie it up and the game went to overtime, where the Gee-Gees eventually prevailed 91-85.

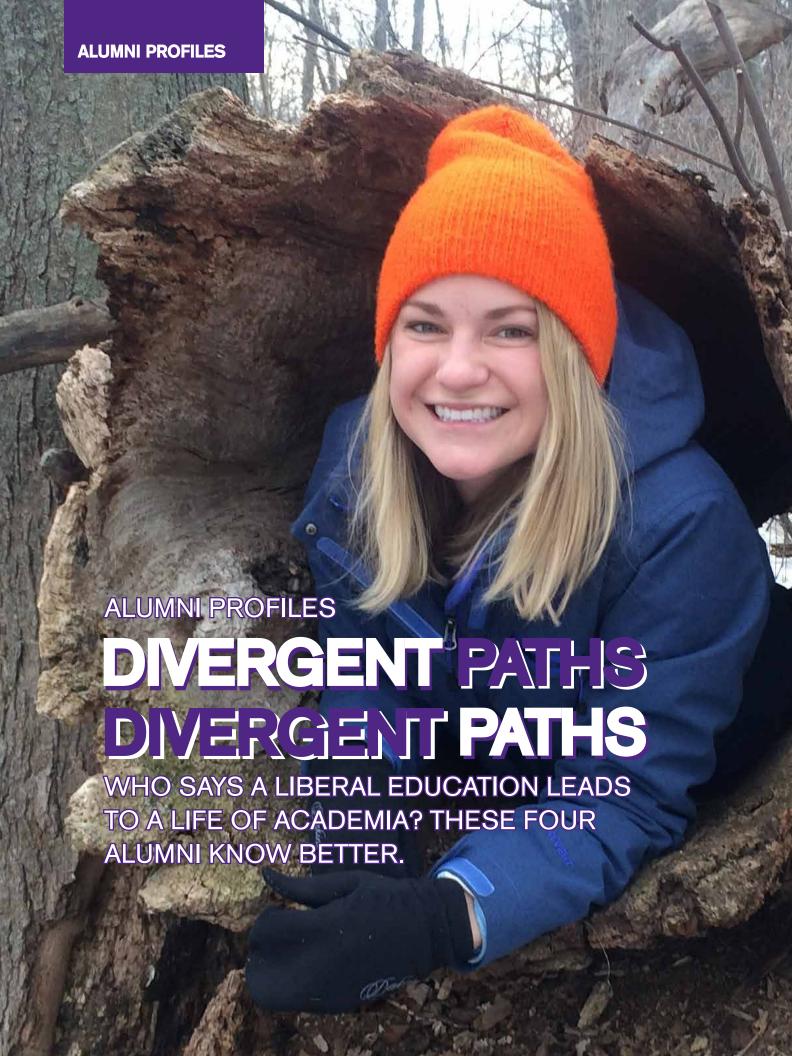
"I thought we played hard the whole game," said Gaiters head coach Rod Gilpin. "Today was not a surprise for us. We definitely believed that we could win."

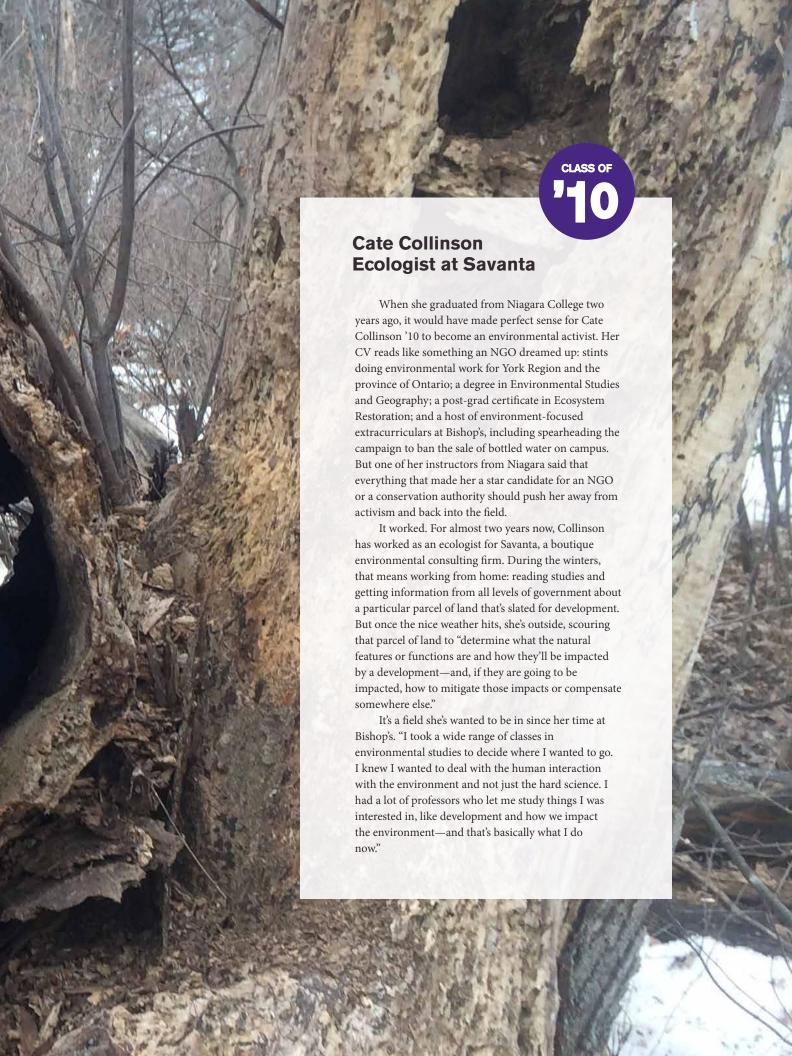
While the result wasn't what Bishop's wanted, the pride and sense of accomplishment far outweighed any disappointment. It was Bishop's first championship of any kind since 2011 (lacrosse) and first provincial title and national championship appearance since 2004 (women's basketball). The Gaiters

lost their second game of the tournament to Windsor in the consolation semi-final the next day.

The Bishop's fan turnout for the Ottawa game was incredible, with the Gaiters having by far the most enthusiastic fans of any school competing (including host Ryerson). What was more unbelievable to those not familiar with Bishop's was that the majority of fans on site were made up not of students, but of scores of alumni whose college days linger ever in their hearts. Back on campus the pub was packed, with an audience that included a dean or two and the Principal. Everyone chanted "Gaaaittterrrs" as one, as they focused their attention on the big screen. The pride of Gaiter Nation was evident from Lennoxville to Toronto and everywhere around the world as supporters chimed

It was incredible, it was memorable, it was Bishop's. Thank you, Gaiters, and thank you, Gaiter Nation.













CANADA'S WHY A PROGRESSIVE, POTENTIALLY LUCRATIVE ECONOMY HAS SLOWED TO A CRAWL NORTH OF THE ROPDER HAS SLOWED TO A CRAWL NORTH OF THE BORDER.

BY JORDAN WINNETT '10

ushing to grab a coffee before getting to the golf course for an early round with the fellas is a normal summer day in Aurora. Standing on the first tee, trying to stretch out the lower back, as the smell of fresh cut fairways floats through the air. Except, there is another smell more prominent now: marijuana.

This is not Aurora, Ontario we're talking about.

Welcome to Aurora, Colorado. Lined with beautiful, nationally ranked golf courses, Aurora, Colorado also boasts 21 legal recreational marijuana stores; something its neighbour to the north can't yet claim.

While Canada officially introduced a new commercial medical marijuana system in April 2014, their American counterparts are continuing to sign off on state legislation allowing for legalized recreational cannabis for all adults aged 21 or over.

Colorado made global headlines last year when legalized recreational marijuana hit the market, with stores opening across the state on New Year's Day 2014. Since then, three other American states have followed suit, with Washington joining the fray in July 2014 and most recently Alaska, which entered the market February 25, 2015. Oregon has signed off on the legislation and is

slated officially to begin sales on July 1 of this year.

The first year statistics were recently unveiled for Colorado, and while many experts predicted the industry would be successful, it was hard to guess just how well the guinea pig would do. Forecasters originally suggested that \$70 million could be made from taxes alone in a calendar year, yet the official recreational marijuana total came back as \$44 million in year one. (The actual total for marijuana-related tax revenue was \$76 million, but the \$44 million number excludes the existing medical marijuana market). Not bad for a growing industry just getting its feet wet. The tax haul is felt by the whole community and state, especially the schools, as the legislation imposes a designated school excise tax, which recently brought in \$2.3 million alone in January 2015.

Where is Canada in all this? The short answer: lagging behind.

If the question had been posed a decade ago - who is more likely to implement a legalized recreational cannibis market, Canada or the US? - the overwhelming response would have come back Canucks.

Canada has often been seen through foreign eyes as the laid back, liberal-minded little brother of the United States; the foil character to the right leaning, assertive brother to the south. So, as marijuana prohibition begins

to lift in America, as the decades of 'Reefer Madness' propaganda start to subside, many believed Canada would have already had a legalized recreational industry. Yet, it is now the U.S. who has taken the first progressive steps, with seemingly more and more to come, while Canada lags behind.

The Harper government has repeatedly said there will not be a legalized recreational cannabis market on their watch. Yet, what is happening in Vancouver right now with over 70 'medical' marijuana dispensaries scattered throughout the city streets, with little to no obstruction from local police or RCMP, could be seen as the very thing the government so steadfastly opposes. Canadians may wonder, if the next election brings a change in government, whether our country may look to follow the same course as our newly-progressive neighbour to the south.

In the meantime, before hitting the links this summer in Vancouver, residents will vote on whether to approve a transit tax hike as the city government struggles to balance the books. But could there be another way to bringing in those much needed tax dollars...?

Jordan Winnett is a former journalist currently working in the communcations field for a medical marijuana facility. It is those credentials which inspired us to reach out to him to offer insight into one's of Canada's most intriguing political and social debates.





Professors, like brewmasters, are craftsmen who gather together raw materials and create conditions that encourage transformative processes - with sometimes ineffable results... the light-bulb moments in our students when they finally combine their preparation, hard work, and learning with a touch of magic and a flash of insight to make sense of the world around them in a new way."

Dale Wood loves beer. It's evident from our first encounter, a tour of Bishop's new micro-brewing facility located in the heart of the Johnson science building. With an otherwise calm, subdued demeanor, the chemistry professor lights up as he explains all the different elements that come together to create a craft beer.

"The thing that really makes one beer different [from another] is the hops you use. There are hundreds of different varieties of hops and each one gives you a different bitterness, different aromas. Some are citrus notes, floral notes... [hops] allow you to take a beer [and] turn it into something that is distinctly yours."

"Yeast tends to go with the style of beer you're creating. A lot of subtlety, a lot of the complex aspects of beer come

from the yeast. If you're looking to create Belgian wheat beer there is a specific type of yeast that has been conditioned to produce those kinds of flavours."

"[Even] the water plays a role; it's more than just the liquid that goes into it. The minerals that are present in the water have an impact in bringing out or masking different flavours in the beer."

But Dale Wood also loves teaching, a passion evidenced by the opening quote, part of a symposium he led during this year's Up For Debate weekend (see page 28). Wood delivered a lecture which compared the brewing process to the learning environment inspired by a liberal education.

It's little wonder, then, that at a place like Bishop's, a place where academics often meet actuality, his two loves have come together to create Eastern Canada's first academic micro-brewery.

WHAT IS AN ACADEMIC MICROBREWERY?

"[This all] started in 2006," says Wood. "The University had added a science requirement to Humanities and Social Science students [and I had] been developing the "History and Science of Brewing", [a course] created specifically

for non-science students."

The premise behind such a course was simple, says Wood: "The sciences are always easier when you know what you're studying it for. It's not just out there, not just theory." By introducing English and Business majors to the sciences through beer, Wood hoped to land a hook that would last a lifetime.

Enrolment, he says, at least initially, wasn't very good: "It was okay, enough to run the course, 10 to 12 students." But as word spread, it just kept growing; the latest offering this spring had 67 students.

"It's really amazing... I wanted to offer the course anyway, but it was great that the University was looking to create these kinds of courses."

Since then, the offering has morphed and multiplied, from a theoretical elective class into a soon-to-be fullfledged certificate in Brewing Science.

"Students kept asking me, 'Hey, why don't we have a lab? Wouldn't it be great if we could actually get in there and do this?' And I said, 'Yeah, actually that's a really good idea. Why don't we have a lab?'"

Today, once they've taken the "History and Science of Brewing", students are eligible to take an experiential

learning course that puts them in the fully-functional brew-lab where they're challenged to produce and experiment with not only the brewing process but also the operational side of running a micro-brewery.

"[I would call it] a brewery operations course," says Wood. "[Students] learn how to brew but they also learn what it takes to operate a brewery. [They] need to understand all facets of the brewing operation: supply and demand, marketing, graphic design, developing labels."

That's why he says it's so integral that students from a diversity of disciplines get involved.

"We've got students in business and marketing courses; they're doing marketing studies with a brewery in mind. Those students will bring into this lab things I don't know, and contribute in ways that are going to [allow them] to apply their backgrounds to something new, something practical."

The third course, Wood says, is the only one that requires a true science background and "an enormous amount of prerequisites".

"It's a 400-level [upper year] analytical chemistry course that will essentially bring together all the concepts that the students have learned throughout their degree [and] will again give them a real-world example that will allow them to apply all the concepts they've learned. It's the experiential learning course taken up a notch. They do learn how to brew, that's a big part of it, but ultimately their responsibility is to analyze the beer so we can properly identify for both sale and government regulation what comprises our product."

WAIT A MINUTE... DID HE SAY FOR SALE?

"[Right now] we have [the capacity] to produce 300 litres a week; we have twelve fermenters in operation so we could theoretically have twelve different recipes running at the same time... and everything we produce will hopefully be available at the Gait [Bishop's campus barl."

Wood's vision for sales, much like the beer he brews, is far from simplistic, but shows an awareness of marketing principles that have no doubt rubbed off on him from his encounters with students: "I'm interested in producing variety. I don't want two or three recipes that we just go to, [but from a sales standpoint it would make sense] to have two or three beers that we knew students enjoyed [that] we could have on tap all the time, but have a second tap where it's all experimentation."

As for supply and demand, "I think the demand on campus for this beer is going to be enormous. I'm absolutely convinced everything we produce will sell, and that this dual approach is a good one: it will work to educate the students about what beer really is, not just something that's yellow, fizzy and alcoholic; it's an incurably complex, socially and culturally important beverage."

Says Wood, "We can change the culture here: by educating the students and offering them this diversity you become a much more savvy and much more conscious consumer."

WHAT'S NEXT?

As if a profitable academic micro-brewery weren't innovative enough, Wood isn't content to rest on his laurels; he is looking to push the limits of the brewery from both a business and science standpoint.

"One of the things we really want to do is produce a genuine local beer... one of the research focuses of this project is to actually isolate local yeast strains; we'll go out into the orchards and collect wild yeast samples and then isolate individual cells. We'll grow yeast from those so that they're genetically distinct, specific strains, and then we'll test them in beer to see what flavours they impart to the beer and whether they're good for growing."

"[We're also] purifying [Lennox-ville's] water using reverse osmosis. We're reducing it to pure 'H2O' and then based on the recipe we're trying to make we'll remineralize the water to reproduce the water from the region that beer is

originally from, so a pilsner would actually be a pilsner... it wouldn't be a Canadian or a Quebec interpretation."

On the business front, Wood knows that the campus is not the only place demand is high: "From the beginning of this project I've had requests from alumni, the Advancement Office, various groups inquiring about providing the beer for various events... One of my hopes is that we'll be able to get an email from an alumnus in Vancouver who'd say, 'I think what you're doing is really interesting; I'd love to get some samples to try,' and if we can find a way to get it out there, we do it!"

If and when it becomes available for purchase, the Alumni office will let you know!

ONLY AT BISHOP'S

As for being Eastern Canada's first academic micro-brewery, just as Wood and his students search for and reproduce the ideal conditions for any ale, he says he credits Bishop's for creating an environment that would allow a project like this to thrive.

"We sell this idea to prospective students: you come to Bishop's, we're going to develop your ideas to be all they can be, but it's not just the students that get this advantage, it's the professors, too. I don't think I could have done this anywhere else; the interdisciplinary nature of this fits perfectly with the liberal education model here at Bishop's."

"The blend between art and science is demonstrated in beer like no other [field]... there is a very rich and important science behind [it] but at the same time there is a certain ephemeral quality to brewing, [in] that you're never quite sure what you're going to get. We encourage our students to explore and make sure their ideas are known; I think that's the reason this kind of project can work so well. I'm not isolated in a building on a campus that's spread out across an entire city; I'm exposed to the entire community. That is liberal education; it's as much about the profs learning as the students. I can't imagine being anywhere else."













EQUIPPING THE REVITALIZED SPORTS CENTRE WOULD NOT HAVE BEEN POSSIBLE WITHOUT THE GENEROUS SUPPORT OF BISHOP'S ALUMNI AND FRIENDS.







A NEW VISION

The Gaiter spirit lives at the John H. Price Sports Centre. Over the years, our student athletes have built a tradition of athletic excellence that binds the campus together. Built in 1975, the Centre is also open to the surrounding community. On the eve of its 40th anniversary, it was clear that the "Plex", as it has come to be known, needed an ovehaul to bring it up to modern standards so it could offer the best possible space for our student athletes and community patrons.

This project, which began in March 2013, is the single largest investment in Bishop's history. It includes both new construction and some renovation of the existing facility. Bishop's is fortunate that all three levels of government, federal, provincial and municipal, together contributed \$29.5 million to the project.

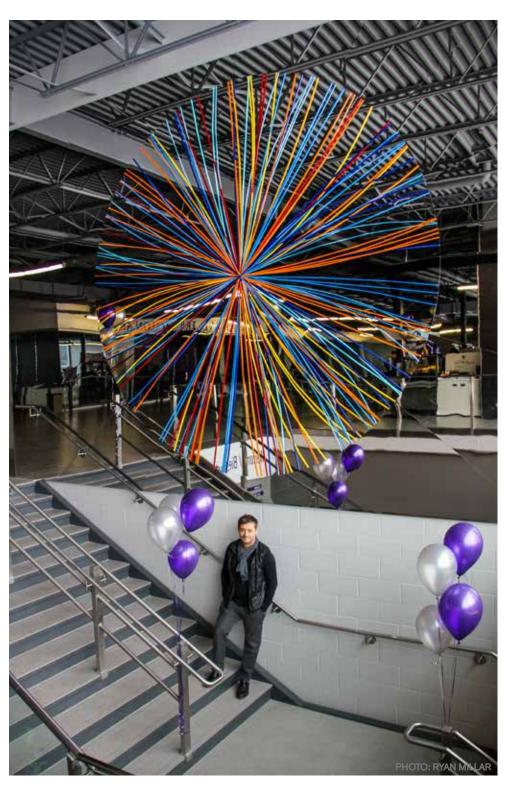
The vision for the space is thoroughly modern: transparency throughout the facility, abundant natural light, and a fluid integration between the old and new buildings. Whether coming to the Sports Centre for a workout, meeting friends for lunch, or watching a Gaiters basketball game, users will experience a facility that is vibrant and full of life.



A COLD ONE

A light-filled, inviting common space greets visitors to the Sports Centre and provides access to the new 800-seat Jane & Eric Molson Arena.





A WORK OF ART

Photographer, sculptor, and painter, Nicolas Baier was recognized in 2014 as one of the ten most significant contemporary artists in Quebec.

He has created many works of art in his career. Among his most recent creations, to mark the Place Ville-Marie's 50th anniversary, he created a permanent commemorative work, and, in the new wing of Pointe-à-Callière Museum, a mural of scanned mirrors.

The work of art that greets visitors in the entrance of John H. Price Sports and Recreation Centre pays tribute to science and existence. It represents movement, speed, and collision, which fits perfectly with sports and science.

CAN'T GET ENOUGH OF THE NEW SPORTS CEN-TRE? VISIT WWW.UBISH-OPS.CA/ALUMNI FOR EVEN MORE PHOTOS.



UP FOR DEBATE

BISHOP'S THIRD ANNUAL DEBATE WEEKEND CELEBRATES THE WONDERS OF A LIBERAL EDUCATION

BY CHELSEA MCLELLAN PHOTO: ELISABETH CHAREST

hree years ago, I attended the first Up for Debate event as an outsider, a prospect, a freshfaced CEGEP student not yet wholly acquainted with what I'd soon come to know as the Bishop's experience. I had no idea was in store or what to expect, but I left at the end of the weekend convinced of one thing—I had to be a part of this university's community

Every element of that first weekend reaffirmed the fact that universities like Bishop's and our U4 League partners in primarily undergraduate liberal education-Acadia, Mount Allison and St. Francis Xavier-nurture their students in an environment that is inspiring. There I was, not even a Gaiter and yet I was welcomed, equally inspired and motivated by the dialogues that took place. I have come to realize that the annual Up for Debate weekend embodies much of what a liberal education offers; a place to discover, grow and excel. In those two days, I learned about the exceptional teaching and learning that is the foundation of these schools. I arrived feeling that I wanted to be a Bishop's student, and by the end of the weekend, I knew I had to be a Bishop's student.

This kind of collaboration between schools is unique, a testament to the U4 League's unwavering support of excellence within academia, and one that brings to light the wonders of a liberal education. It is a clear demonstration of the schools' commitment to an atypical experience, one that is not the norm for many, but so familiar to Bishop's, and an indication that each institution understands the value of the conversations that can occur when we collaborate: that they are more than just an exchange of words; they are an exchange of ideas and actions, the chance to challenge and debate the ideas of the day with our peers.

Over the course of this year's Up for Debate weekend, audience members bore witness to battles of wits between students, faculty members, principals, presidents and even a CBC celebrity. When challenged with the topic "Is this the Golden Age of journalism?" Bishop's Principal Michael Goldbloom posited

that the quality of journalism today is not up to par with past practices, while the CBC's Ian Hanomansing countered that the accessibility of modern journalism, the 24-hour news cycle accelerated by social media and the Internet, has been a boon for the industry. Another topic, one that proved to be the crowd favourite, questioned whether formal grades should be abolished. One student team argued that grades are detrimental to students' self-esteem, and don't provide the best motivation for meaningful study. The opposition, however, argued that grades are an effective and universal tool to illustrate and compare students' skills and intelligence. And while each participant brought an array of experiences to the event-lan Hanomansing, for example, is a past National Canadian Debating Champion and contributed both intelligence and humour to the topics-the weekend did not shy away from tackling hot-button issues. In the final debate (a win for Bishop's students Duncan Stewart and Tyler Kolody) debaters were asked to challenge and defend an individual's right to wear religious clothing.

Beyond debate, the weekend also included a TEDx-style U4 Symposium: fifteen-minute presentations in which faculty and student representatives from each U4 school shared the unique initiatives and opportunities that exist at their respective institutions. It was further testament to the ingenuity and innovative learning happening on these incredible campuses; that though small-indeed, perhaps because of their size-each school has the capacity to offer unique experiences of a kind unavailable in a larger, more anonymous academic environment. Dr. Dale Wood of Bishop's Chemistry Department and founder of the upstart Bishop's Arches Brewery (see page 19) presented an intoxicating comparison, drawing parallels between a liberal education and the beer-brewing process. Not only does a liberal education have the capacity to transform students in a positive way, said Dr. Wood, but professors, like brewmasters, are also a part of the transformative process.

Megan Buchkowski, a Bishop's Music student, shared with the audience her experiential learning opportunity with a 95-year-old female a cappella choir legend, Lois Ogilvie Blanchette. As an incoming student, Megan arrived at Bishop's with a passion, but it was largely due to the opportunity awarded to her at Bishop's to interview Ogilvie Blanchette that she is now leaving with a path ahead of her.

The lesson in all this, be it achieved through animated debate or attentive inquiry, is that learning in a liberal education setting extends beyond the classroom. It is one thing to learn the proceedings of formal debate, but it is another to strategize and build an argument with a team. It is one thing to think about your transformative moment as a student, but it is another to reflect upon and craft that moment into a stimulating presentation and deliver it to an audience.

At the annual U4 Up for Debate competition, we support active learning over passive. Throughout the weekend, participants took in each other's words, reflected on them and collaboratively discussed those ideas. But this instance of reciprocal learning doesn't just take place once a year; it is the daily ritual of universities like Bishop's, Acadia, Mount Allison and St. Francis Xavier. Up for Debate is simply an opportunity for our communities to collide and collectively join forces to demonstrate the strengths of our wholly unique offering.

We don't just talk the talk on our four campuses; we walk the walk with an immense amount of pride, and we join together because we recognize the unique position that our schools are in. We understand the advantages of collaboration and our capacity to accomplish more together than other universities can do on their own. In fact, a number of seeds have already been planted for future U4 projects: unique exchange opportunities, student government collaboration for building mental health awareness, and more.

Bishop's, Acadia, Mount Allison and St. Francis Xavier will continue to enrich the quality and excellence of undergraduate education in Canada. Each year, with the help of initiatives like Up for Debate, our four schools will continue to advance towards the goal of offering an unparalleled learning experience for our students and surrounding communities.

BISHOP'S CONFERENCE SERVICES WANT TO RELIVE YOUR BISHOP'S EXPERIENCE? BRING YOUR EVENT BACK TO BISHOP'SI HISTORIC ST. MARK'S CHAPEL WILL HONOUR WEDDINGS OF BISHOP'S ALUMNI DEWHURST DINING HALL WILL INDULGE YOUR PALATE MULTI-PURPOSE CLASSROOMS WILL FULFILL YOUR MEETING NEEDS OUR STORIED RESIDENCE HALLS WILL HOUSE YOUR GROUP EXPLORE OUR GOLF COURSE, BIKE TRAILS, A NEWLY RENOVATED SPORTS CENTRE EXPRESS YOUR INNER ARTIST WITH THEATRES, REHERSAL VENUES, RECITIAL HALLS AND FINE ARTS STUDIOS **NFORMATION? NANT MOF**



SHOW YOUR GAITER PRIDE

Shop Bishop's University Bookstore for Gaiter gear for the whole family.



BISHOP'S UNIVERSITY BOOKSTORE

MARJORIE DONALD BUILDING

www.bishopsshop.ca | f/BishopsUniversityBookstore















ALUMNI EVENTS

- 1. Banker's Day: Bishop's students travelled to Montreal for an afternoon of guest lectures and networking with seasoned alumni. Special thanks to Eric Desbiens '99, Eric Cormier '02 and Stephen Lloyd '89 for coordinating this popular event, and to all the alumni participants for sharing their advice and expertise.
- 2. Bishop's JUMP Mentorship Program had a very successful launch in Halifax in January. The program offers recent Bishop's graduates an opportunity to connect with successful leaders through one-on-one mentoring, group events, and lecture events. Visit www.ubishops.ca/jump for more info.
- 3. Soon-to-be members of the Class of 2015 were toasted by the Principal, faculty, senior administration and the Advancement Office team, marking their transition from students to alumni. Welcome to the club!
- 4. Alumni met in Hong Kong for an evening of reconnecting and reminiscing looking forward to doing this more often! L-R: P.Y. Chow '78, Peter Nixon '83, Jennifer (Vander Herberg) Mercier '02, Mark Saykaly '72, Jessica Hamer '06, Richard Chen '70, Steven Chow '69, Peter Heidinger '85.
- 5 -7. Alumni in 7 cities across Canada and around the world helped us mark Bishop's 171st birthday in style in December. We celebrated on campus, online and across the miles, with a special social media challenge from BU alumnus Johnny Reid '98. We're looking forward to 172 already!

















1. English-Light: Kate to Vincent '08 on September 20, 2014. L-R: Andrew Forbes '08, Edwin Germann '08, Kate, Vincent, Vincent Marmion '09, Laura Bertolin '09, Charles Lindstrom '08. Missing from the photo were Jay Elie '09 and Claire (Dowling) Elie '09. 2. Zych-Toomey: Karolina to Sean '06 on July 26, 2014 in Burlington ON. L-R: James Zachary Pryor '08, Nisha Toomey '05, Marc-Olivier Perron '07, Adam Lemm '07, Sean, Karolina, Ryan Hughes '07, Laura Allen '08. 3. Sheahan-Lemm: Aoife to Adam '07 in May 2014 in Limerick, Ireand. L-R: Mike Hobouti '08, Nisha Toomey '05, Sean Toomey '06, Aoife, Adam, Sarah Stallan '05, Val Young '04, Matty Oliver '05. 4. Rothwell-Potter: Leah '11 to Chris '11 on May 2, 2014 in Puerto Morales, Mexico. 5. St. Louis-Bergeron: Allison (attended BU 1999) to Eric '99 on May 28, 2014 in Lake Como, Italy. In attendance at the couple's Canadian wedding ceremony in August was Dr. Alex McKelvie '99. 6. Claus-Peatman: Catherine '12 to Corey '11 on June 14, 2014 in Lachute QC. Back, L-R: Stephanie (Corey's cousin's daughter... potential BU grad in 20 years?), Rachel Lambie '15, Shanna Bernier '11, Corey, Fredrik Treider (former BU exchange student), Jeff Hong '12, Adam Normand, Quintina Cuddihy '12, Lindsay Eisinger Treider. Front, L-R: Catherine, Suzanne Thibault '11, Amy Piersma '11, Adria "Addie" Midea '12. 7. LaForge-Kidd: Danielle '11 to Glen '11 on July 26, 2014 in Toronto. L-R: Morgan Walsh '12, Kelsey Walsh '11, François-Xavier Dumont '10, Maureen Houlihan '11, Nick Corney '13, Glen, Kory Annis '12, Danielle, Erin Mahoney '11, Paul Star '11, Amy Gamulo '11. 8. Barnes-Lefebvre: Natalie '09 to Joel '09 on July 5, 2014 in Lanark ON. L-R: Sandra (Allen) Williams '09, James Thompson '07, Kyle Williams (holding baby Owen Williams), Sean Beaudette '06, Jenna MacGregor '07, David Arksey '10, Natalie, Joel, Keith Rodgers '67, Gayle (Davey) McCormick '69, Dusty Whyte '10, Sue (Bingham) Rodgers '69, Alana Korczynski '09, Lois Shepherd '69, Wes Rundle '11. 9. Lehman-Khoury: Marie-Josée '11 to Robert on May 24, 2014 in Montreal. Also in attendance were Michelle Morrison '11 and Erin Lehman '98. 10. Kevan-Beketa: Andrea '06 to Steve '05 on August 3, 2014. Back, L-R: Michel Maddison '06,









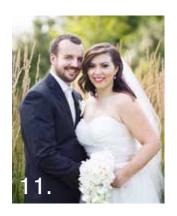
















Rob Scruton '06, Wayne Walker '06, Shay Purdy '05, Greg Pynn '05, Kyle Bodnarchuk '05. Front left, L-R: Jeff Hildreth '10, Maggie Jeffrey '06, Tiffany Cross Walker '07, Kate MacLean '05, Matt Mills '06. Front right, L-R: Launey Tomsin '05, Franky Maddison '05, Sarah Panet '05, Max Jones '06, Liz Weeden '06, John MacDonald '06, Jill Merilees '05, Luke Wheeler '06, Shannon Mele '05. 11. Gibbon-Stinziano: Michelle '10 to Tony on August 1, 2014 at the Chateau Laurier Hotel in Ottawa. 12. Williams: to Sandra (Allen) '09 and Kyle a son, Owen Robert, on May 1, 2014. Grandson of Robbie Allen '73 and nephew of Laura Allen '08 and Drew Williams '08. 13. van Schaayk-O'Donnell: to Erin '03 and Chris '03 a daughter, Harriet Clara, on August 12, 2014 in Ottawa. A sister for Gemma, 4, and Margot, 2. 14. Cantin Meaney-Frizzell: to Dominique '11 and Raymond '10 a son, Charles Walter Harold, on February 6, 2015. A brother for Anne (2011) and Elizabeth (2013). Charles's second middle name is in honour of his late great-grandfather Harold Cameron Frizzell '45. 15. Pellerin-Cozzuto: to Karen '05 and Fabio (expected '16) a daughter, Gemma, on March 8, 2014 in Sherbrooke QC. A sister for Angelo. 16. Perlman: Ben Perlman '05 and his wife Jessica Sinyor welcomed their first child, Jacob Daniel Perlman, on June 20, 2014. Ben is currently working as VP of Trading at GMP Securities. 17. Bowman: to Stacey '98, Sutton Rubi and August Maurice on September 26, 2014. Proud family alumni are aunt and uncle Kyla Bowman '94 and Chris Roy '95, and grandfather William Bowman '66. 18. Robidoux-Ferron: to Renée '00 and Darcy a son, Cohen Olivier, on September 19, 2014 in Ottawa. A brother for Estelle. 19. Oakley-Pawson: to Jen '04 and Doug '05 a daughter, Winnie Rose, on November 3, 2014. A happy little girl who is adored by big sister Nailahl 20. Wark-Smart: to Sarah '98 and Chris a daughter, Brooklyn Grace, on June 27, 2013 in Whistler BC. Granddaughter to James Wark '80.

BISHOP'S UNIVERSITY INVITES YOU TO

HOMECOMING OCTOBER 1-4

THURSDAY, OCTOBER 1:

ALUMNI SHARING KNOWLEDGE, GAITERS LACROSSE, SKEET-SHOOTING TOURNAMENT (\$500)

FRIDAY, OCTOBER 2:

TOP 10 AFTER 10 INDUCTION LUNCH, HOMECOMING GOLF TOURNAMENT, GAITERS SOCCER + RUGBY

SATURDAY, OCTOBER 3:

CAMPUS TOURS, GAITER WALK FOR ALS,
PRE-GAME TAILGATE, GAITERS FOOTBALL VS. MCGILL,
HOMECOMING EVERYWHERE AND MUCH MORE

SUNDAY, OCTOBER 4:
BRUNCH AT DEWHURST DINING HALL

BISHOP'S WELCOMES THE CLASSES OF '54-'58 AND '59-'61, CELEBRATING THEIR 60TH AND 55TH ANNIVERSARIES

www.ubishops.ca/homecoming2015

THROUGH THE YEARS

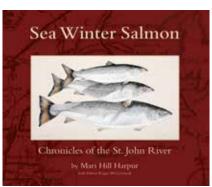
Barrie Wilson '61 has published an international best seller, The Lost Gospel (HarperCollins, Canada; Pegasus, USA). Barrie is Professor Emeritus and Senior Scholar, Humanities/Religious Studies, York University, Toronto. barrie.wilson@rogers.com



Ross Lemke '65 was honoured with the Order of Merit of the Fédération des commissions scolaires du Québec for services rendered as a football coach for over 40 years. Last September the Commission scolaire Val des Cerfs and École Jean-Jacques-Bertrand named their football installations "Terrain Ross Lemke" during 40th anniversary ceremonies celebrating the programme Ross founded in 1974. Ross is still actively involved with the RSEQ and is the school's juvenile team's head football coach.

James Mabbutt '68 married Marie Kagaju in November 2014 in Ottawa. In attendance for the wedding party were Bishop's grads Andrew Sancton '68, Gregor Campbell '68, Pamela (Brown) Sancton '68, Nicholas Busing '68 and Catherine Aitken '69. jmabbutt@hotmail.com

David Bennett '70, Dip. Ed. '72, travelled to the Republic of Panama on a guided hike from www.thelostand-foundhostel.com to the remote hamlet of Alto La Gloria (province of Bocas del Toro), accompanied by his son, Andrew. Donated office supplies were provided to the school and Canada pins given to the school population of 179.



Mari Hill Harpur '71 is launching her first published book, entitled Sea Winter Salmon, about a great salmon river, the St. John River on the Lower North Shore of Quebec, and its most important visitor, the illustrious Atlantic salmon. The book tracks the special relationship between the salmon and the people of the river through diaries, legal documents, scientific data, rare archival photographs and her own photographic collection. The book also discusses what it takes to be a good conservationist in a remote and delicate region. For 25 years she and her husband, Doug have managed the family fishing camp on the St. John River. Mari will be travelling extensively this spring and summer to writers' festivals, events and galleries. She has had over thirty photographic exhibits internationally, and her recent work portrays large landscapes and deer in their habitats in Minnesota, Canada, and New Zealand. A Director of the World Forestry Association since 1997, she served as Chair 2003-2006. www.seawintersalmon.com and www. lindaleith.com/publishings/view/32.

Bill Jones '73 is Executive VP & COO with InfoCor in Germantown, Wisconsin. bill.jones@infocor.com



Heather (Maclean) Armstrong '82 attended the graduation of her niece,

Megan Pollock '14, at Bishop's.

Steven Morris '84, writer and director of the documentary Vann "Piano Man" Walls: The Spirit of R&B, saw his film screened this past fall at the CBGB Music & Film Festival, created in honour of the famous club that launched punk music. Chronicling rhythm and blues pioneer Vann Walls over the course of more than 20 years, from Montreal to Florida and from Boston to New York, the film captures the making of Walls' final album, In the Evening. www.vannpianomanwalls.com.



Judy Kemp '89 and Bruce Stamm '87 purchased a special memory of their time at Bishop's, from Mark Burack '79's collection of Bishop's Fine Art Prints. Judy notes, "Bruce and I met in Lennoxville and have so many great memories. When you enter Lennoxville, the first place you see is the Golden Lion Pub. It is the place that brings back many happy memories of sharing a pint with friends." Pictured are Bruce and Judy with their print – Order yours from the Alumni Office, alumni@ ubishops.ca

After spending post-Bishop's years in marketing and tourism, Yolaine Dupont '91 became a mom in August 2008 to daughter Ella. Unfortunately, Ella was afflicted by a rare disorder, which her family did not know existed. Nearly 8 months after being born, Ella became an angel. As a result, mom Yolaine, who also is affected by Periventricular Nodular Heterotopia (PVNH), made it her life mission to help others afflicted by the same disorder, and by supporting parents of rare kids as well as bereaved families. She runs two non-profit organizations when not at her day job at Radio-Canada as Regional Communications Manager for AB, BC and the Yukon. Yolaine can reached at info@ everyoneloveslittleangels.com or info@ PVNHsupport.com.

Jan Frolic '94 was appointed VP Corporate Partnerships and Associate Publisher at Women of Influence. Jan also continues to own and run her own advertising company well into its 16th year. Jan is looking to make strategic alignments with corporations who are interested in advancing and retaining their senior executive women. www.womenofinfluence.ca

James Duncan '97 put his love for the Jeff Bridges cult classic The Big Lebowski together with his artistic skills. The result: 2 children's books that try to pass on the "take it easy" and "'abiding of dudes" life lessons to the next generation. His first book "Am I A Dude?" (released in 2012), and the recently released sequel, "Do You Abide?", are available on Amazon, as well as through createspace.com. You can always look James up at his website www.kaesye.com, to see what he's drawn next. jamesduncan.work@yahoo.com

Nick Hamilton '97 would like to let fans of Lennoxville's own iconic band Clay know that the group's music is now available on iTunes. He passed along this message to share with fellow grads: "Twenty short years ago a band was formed in the unassuming, non-metropolis town of Lennoxville, QC. A university band named Clay began what would be quite a journey. The beginnings were modest to be sure, but the town itself and the people at Bishop's University gave us more than a fighting chance; they gave us inspiration. Inspiration to write our own music and tell stories. It probably began with the story of the town which was larger than life at a time when inspiration kept our eyes wide open: "Lennoxvegas". The journey took us through all sorts of small towns across Canada. We would continue to write and publish music we were inspired to, following up with "Marigold & Zenia" and "The Karaoke Hero". It's easier now in this digital age to share our music than the side-stage CD and cassette slinging we did back in the day." Visit www.lennoxvegas.ca for more info.

Frederic Maurette '98 moved on from Lansdowne Technologies in Ottawa in July 2013, returning to an operations role protecting critical infrastructure in Fort Mc-Murray, AB. Paladin Security Group is the sole contract security provider at Syncrude Canada. As the Director of security operations and the safety program, Frederic leads Paladin in their role as part of the integrated protection team at Syncrude, in access control, perimeter security and emergency response.

Pierre Barakat '03 is Project Manager, SAP Implementation, with Accenture PLC in Montreal.

Todd Wright '06 is sad to announce that after three consecutive championships, he has lost the Melhor Fantástico title as top crocodile wrestler in the state of Amazonas, in Manaus, Brazil to Pablo Juan Navidad, his one-time protege. He is planning to return to Canada soon.

Melody Schaal '07 is currently living in Toronto, and in January released a 13-episode web series called "Roomies", which follows the lives of 2 young women sharing an apartment in the city. The series can be seen on YouTube or at www.unladylikeblog.com. Melody can be reached at schaalmj@gmail.com.



Anthony Manouk '08 and Shane Tyrell '11 both find themselves pursuing their MBAs, in General Management and Energy respectively, in Scotland at the University of Aberdeen. They're standing in front of the 500-year-old Kings College.

Mike DesLauriers '08 is HR Recruitment Administrator with the Ottawa-Carleton District School Board. mike. deslauriers@ocdsb.ca

Andre Lepine '08 is a consultant with Ontario Library Service-North. He and Vanessa Santo '07 live in Sudbury, ON and have two children, Sebastian and Oliver.

After pursuing his academic career with an MA History from Carleton, Quinn Lanzon '11 was given the opportunity to help grow a business in Vancouver. Now he's living out there, learning the finer points of a totally new industry, and getting in touch with BU alum. q.lanzon@goodfortunecollective.com



Elizabeth Coolen '13 sent in a photo of Bishop's alumni at a chilly Buffalo Bills tailgate. L-R: Frank Orlando '13, Jackson Gair '09, Nick Purdy '08, Mike Orlando '08, Justin Kimmel '09, Elizabeth, Simon Quick '09 and Mike Smaluck '09.

IN MEMORIAM

John Allan Bagnall '47 (1923-2014) on October 30. He is survived by his children Eric, Jane and John '72, and their families.

Joan (Milne) Brett '45 (1925-2014) on October 9 in Ottawa.

Karl Burkhardt '86 on December 28, 2014, in his 94th year, in Peterborough ON.

Melissa Clark-Jones, Professor Emeritus of Sociology, on January 17, 2015 in Manhattan, New York. Dr. Clark-Jones joined the Sociology Department at Bishop's University in 1980, and taught for 23 years before retiring in 2003 and joining her husband, Sean Jones, in New York City. Over the course of her career, she served as Chair of the Sociology Department for over ten years, on the Executive of the A.P.B.U., on the Executive of the Corporation, on Senate and on a number of Senate Committees. She was co-founder of the Women's Studies program was President of the Eastern Townships Resource Centre. She was also an active member of the Sherbrooke and District University Women's Club.

René Hébert '61 on November 4, 2014 in Sherbrooke QC. He is survived by his wife Joyce and children Ann, Jacques, Richard, Michael and Philip '93, and their families.

Elizabeth "Betty" (Davidson) Honey '44 (1925-2014) on October 7 in Cobourg ON. Betty's brother, James Davidson, is Bishop's class of '39, while her nephews Brian Davidson '70 and Scott Davidson '72 are also Bishop's alumni.

Edward Humphreys '61 (1938-2014) on November 25 in Lasalle QC.

Peter Manning '57 (1937-2015) on January 5 in Montreal. Peter's late mother Rita (Butler) Manning was Bishop's class of '26.

Marjorie (Morrison) Neilson '40 (1920-2015) on January 13. She is survived by her children John, William, Janet and Patrick '72, and their families.

Helen Olivier '41 on February 9, 2015 in Ottawa.

Lesley (Clemence) Pratt '75 on December 31, 2014. She was married to Rick Pratt '75 and her daughter Jessica attended Bishop's in 2002-2003. Lesley's sister Margaret (Clemence) McLaren was a Bishop's graduate in 1970.

Thomas "Tom" Rothney '71 (1947-2014) on October 2. He is survived by his wife Denise (Johnstone) Rothney '70, their children and grandchildren, and extended family. Tom's late father George Rothney '43, aunt Isabel (Rothney) Duffett '36 and uncle Gordon Rothney '32 were also Bishop's graduates.

John K. Starnes '39, DCL '75 (1918-2014) on December 23 in Halifax. John led a varied life as soldier, diplomat, intelligence officer and author. He worked in intelligence during WWII and had an active career with the Department of External Affairs following the war, including roles as Canadian ambassador to the Federal Republic of Germany as well as Egypt and Sudan, and as a member of the first Canadian delegation to the United Nations. In 1970, he accepted the request of the Prime Minister to be the first civilian Director General of the RCMP's Security and Intelligence Directorate. He is survived by his wife Helen, sons Colin '63 and Patrick Starnes '65, and their families.

Catherine Thompson '41 on February 7, 2015 in Kingston ON.

Archdeacon William "Bill"
Townson '61, Diocese of Huron, on
December 16, 2014 in St. Thomas
ON. He was a member of Bishop's
Guild of the Venerable Bede.

George Stanley "Stan" Groves (1933-2014) Professor Emeritus

The Bishop's community was saddened to learn of the death of Stan Groves in August of last year. Stan had a huge impact on the development of the University over the last four decades: in its teaching priorities, in its political strategies, in its special community spirit. He was appointed to Bishop's in the early sixties and taught economics to generations of students who not only enjoyed his easygoing manner in the classroom but also benefited from an expertise that was enriched by practical experience-research projects that took him to Nova Scotia to investigate the fisheries and as far afield as Malawi in Africa to be part of the Canadian aid programme to developing countries.

One of the finest teachers at the University, Stan was much admired by his students, who came back to Lennoxville again and again to pay him their respects; during his time at Bishop's enrolment figures in Economics increased to the point where the Department became one of the largest in the University.

Stan was Chair of the Department on innumerable occasions and a fierce defender of its academic status in the University. He also served as Chair of the Division of Social Sciences, a position elected by faculty and part of the democratization of Bishop's in which Stan himself had played such a stalwart role. In fact one of Stan's greatest contributions to faculty was his leadership in the introduction of unionization and in particular his negotiation of the first Collective agreement with Colin Arnot.

Stan had a knack of persuasion that achieved results without rancour, although he had a few famous run-ins with principals; he held strong convictions and was not known for backing down, though highly compassionate in his dealings with his faculty colleagues. Even after his retirement he continued his attachment to Bishop's with an invaluable contribution to the Pension Committee right up until last year.



Stan was equally involved in the community beyond Bishop's. One could hardly be in Lennoxville with Stan without someone greeting him or coming over for a chat. There is, too, the Golden Lion Pub, Stan's original invention, an outside business but at the same time a favourite of students—a Bishop's institution.

Stan and his wife, Glenys, were committed members of the university social life, which in the old days characterized the sense of community in an important way. Bishop's was a welcoming community that nevertheless promoted vigorous debate, and Stan was one of its mainstays.

Finally one cannot ignore Stan's trademark: the disarming of his opponents by an ironic or witty comment. This did not mean that Stan avoided directness. On the contrary he was very direct; his directness was simply softened by the style of its delivery. At countless meetings the tension of an argument would be dissolved into laughter by a remark from Stan-often only after a pause that allowed the significance of the remark to sink in. We are not, however, talking about a tactic, a cleverness of repartee that can be learned, refined, and used to score points in argument. It is rather a way of looking at the world, a combination of deep conviction and mischievous humour, humour that never forsook him in his most trying moments.

Overall, Stan's presence at Bishop's will be sorely missed.

David Seale

MAKE THE MOST OF A LIBERAL EDUCATION

was asked to explore the value of a liberal education, an approach to education that Bishop's has always clearly stated to be at the core of their offering. But hold up...

I chose Bishop's without a clue as to what a liberal education was, is or entails. I graduated with the same holding true because I never thought about it. I checked with a few fellow grads (inclusive of my wife) and nobody really had an opinion. So be warned. From this point forward I am going to roll out an entirely self-constructed and research-free opinion on the value of a liberal education. Well that's not entirely true. I did have a 4.5-year run in Lennoxville to help guide my meanderings.

I believe a liberal education is what you make of it, no different than life or any challenge you take on. I know this to be true because in hindsight it is exactly what Bishop's taught me. I also believe this is what they intended to teach me. Sure I needed to memorize/learn facts, dates, formulas, theories, but the real education was in the path I took to accomplishing these things. Unknowingly, I was being convinced of my own ability to make things happen. I was learning how to best achieve the outcomes I deemed to be of the greatest

It goes unnoticed, yet significant credit needs to be given to the faculty who strive to uphold a liberal education. They constantly face the challenge of having to find ways to facilitate individuality within a system that tracks progress against standardized results. Here is an example of where it helps to be small, in the classroom at least. It allows for dialogue, debate and even negotiation between student and teacher. These interactions break the routine of instruction and foster independent navigation. And it's in the process of exploring potential paths, each with their own potential outcomes, where I believe the most important learning occurs.

If this approach to teaching is at the core of a liberal education, as I believe it to be, then in order to be successful it has to go beyond the classroom. For the young and often stubborn that's where proof exists - the 'real' world. If student's can see how independent navigation benefits them socially then scholastic adoption is not too far behind.

The separation between church and state, in this case Bishop's and Lennoxville doesn't really exist. They are an extension of each other. There are very few places I know of where 17-to-21-year-olds can create their own town, but we all did just that. I felt I could make anything happen so long as I figured out a way. There was always a way. Other than the basic codes of human conduct there were no real rules or entrenched authority figures. I was constantly being reminded

of where there's a will there is an amazing story about to unfold.

Just think about how most of us are now described within our groups of friends or colleagues. We're likely to be the ones who plan, We're likely to be the ones who plan, the ones who make the impossible, possible. Conversely we're likely to be very frustrated by others who claim it can't be done or that a challenge sounds more like a logistical nightmare than an opportunity.

Lots of schools offer a liberal education, but where I wager Bishop's comes out on top is in their ability to seamlessly apply their approach across all facets of life as a student. There are no breaks in the 'curriculum' regardless of being in or out of the classroom. It's 360 learning.

Once I left school the successes that resulted from my own navigation generated a real and tangible sense of confidence. I possessed a back catalogue of proof points. I knew that even without a map in hand I had the ability to take action and make things happen for myself.

There is such an obvious connection to the work world here. Even in the most hierarchal of corporate jobs the way to the top is not prescribed. That confidence I was referring to, it's what turns challenges into opportunities, and it's what eventually creates separation between two or more people performing the same role. I've always found there to be a calmness that comes with knowing there are no exact routes to follow, only the need to create your own.

Personally I had to live in the real world to come to understand how a liberal education prepped me for it. Even if I tried there is no way I would have been able to comprehend what Bishop's taught me at the time or in the years that followed shortly after. I needed to take on the work world, marriage, family, work/life balance, etc., to gain perspective and to come to this great sweeping conclusion... the value of a liberal education is that it teaches us how achievement is best realized through the creation of our own approach. And as cliché as it is to say, this is a life lesson that will never be proven false.

Now I haven't consumed enough purple Kool-Aid to believe that my ramblings are how everyone views their Bishop's experience or the value of a liberal education, but isn't that the point. This is just what I made of it.

I guess Bishop's does have a definition for a liberal education - I'm just not so sure they want to tell us when we can figure it out for ourselves.

- Chris Cook, BBA, Class of '00



We are all bound by familiar milestones in life — and the financial responsibilities that come with them. Whether you're raising a family or a roof over your head, make sure you've got the right insurance plan in place for your family. Find out how Alumni Insurance Plans can help.

Term Life Insurance • Health & Dental Insurance • Major Accident Protection • Income Protection Disability Insurance • Critical Illness Insurance

To learn more visit manulife.com/alumnimilestones or call toll-free 1-888-913-6333





Underwritten by

The Manufacturers Life Insurance Company.

Manulife and the Block Design are trademarks of The Manufacturers Life Insurance Company and are used by it, and by its affiliates under license.

© 2015 The Manufacturers Life Insurance Company (Manulife). All rights reserved. Manulife, PO Box 4213, Stn A, Toronto, ON M5W 5M3.



No purchase necessary. Contest open to Canadian residents who are the age of majority in their province or territory of residence as of the contest start date. Approximate value of each prize is \$1,000 Canadian. Chances of winning depend on the number of valid entries received by the contest deadline. Contest closes Thursday, December 3, 2015, at 11:59 p.m. ET. Only one entry per person accepted. Skill testing question required.



On average, alumni who have home and auto insurance with us save \$400.*

Home and auto insurance program recommended by



Supporting you... and Bishop's University.

Your needs will change as your life and career evolve. As a Bishop's University Alumni Association member, you have access to the TD Insurance Meloche Monnex program, which offers preferred insurance rates, other discounts and great protection, that is easily adapted to your changing needs. Plus, every year our program contributes to supporting your alumni association, so it's a great way to save and show you care at the same time. Get a quote today!

Our extended business hours make it easy. Monday to Friday: 8 a.m. to 8 p.m. Saturday: 9 a.m. to 4 p.m.

HOME | AUTO | TRAVEL

Ask for your quote today at 1-888-589-5656 or visit melochemonnex.com/ubishops



The TD Insurance Meloche Monnex program is underwritten by SECURITY NATIONAL INSURANCE COMPANY. It is distributed by Meloche Monnex Insurance and Financial Services Inc. in Quebec, by Meloche Monnex Financial Services Inc. in Ontario, and by TD Insurance Direct Agency Inc. in the rest of Canada. Our address: 50 Place Crémazie, Montreal (Quebec) H2P 1B6.

Due to provincial legislation, our auto and recreational vehicle insurance program is not offered in British Columbia, Manitoba or Saskatchewan.
*Average based on the home and auto premiums for active policies on July 31, 2014 of all of our clients who belong to a professional or alumni group that has an agreement with us when compared to the premiums they would have paid with the same insurer without the preferred insurance rate for groups and the multi-product discount. Savings are not guaranteed and may vary based on the client's profile.

The TD logo and other TD trade-marks are the property of The Toronto-Dominion Bank.

Publications Mail Agreement No. 40027187 Return Undeliverable Canadian Addresses to: University Advancement Office Bishop's University 2600 College, Sherbrooke QC J1M 1Z7

