

## GAITER FOOTBALL SCHOOL (13 to 17 yrs old)

SUNDAY	TIME	MONDAY 1	TUESDAY 2	WEDNESDAY 1	THURSDAY 2	FRIDAY
	7:45	Wake up	Wake up	Wake up	Wake up	Wake up
	8:15	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	9:30	In Stadium	In Stadium	In Stadium	In Stadium	IN STADIUM
	9:45 – 12:00	PRACTICE Helmets only	PRACTICE Helmets only	PRACTICE Helmets only	PRACTICE Helmets only	<b>SCRIMMAGE</b>
	12:20	LUNCH	LUNCH	LUNCH	LUNCH	
						NOON CHECK OUT
	14:45	<b>IN STADIUM 14:15 Team Picture</b>	In Stadium	In Stadium	In Stadium	
	15:00 – 17:10	PRACTICE Full pads	PRACTICE Full pads	PRACTICE Full pads	PRACTICE Full pads	
CHECK IN 16:00 – 18:00	17:30	SUPPER	SUPPER	SUPPER	SUPPER	
18:30 In Stadium	19:00					
	19:15	In Stadium	In Stadium	In Stadium	In Stadium	
	19:30 – 20:30	GFL	GFL	GFL	GFL	
20:40 Tomorrow's schedule	20:30 <b>WRAP-UP</b>	Tomorrow's schedule	Tomorrow's schedule Test Results	Tomorrow's schedule	Tomorrow's schedule PRIZES	
22:00 IN ROOM 22:30 LIGHTS OUT	22:00 22:30	IN ROOM LIGHTS OUT	IN ROOM LIGHTS OUT	IN ROOM LIGHTS OUT	IN ROOM LIGHTS OUT	