

Basketball Camp 2009



BISHOP'S

August 2-6
August 9-13

Residential & Day Camp
Boys & Girls Ages 10-17

Finest Residential Basketball Camp
in Eastern Canada

*****REGISTER EARLY*****

Income Tax Receipt provided

Camp Registration:

Sunday, August 2 &
Sunday, August 9
(2:00 p.m. to 4:00 p.m.)

N.B. Camp begins for all campers at
4:00 p.m. Sunday and
continues until 8:30 p.m.

Camp Ends:

Thursday, August 6th
Thursday, August 13th
6:30 p.m

Every camper receives

- Bishop's Gaiters camp basketball
- Camp T-Shirt

The Purpose:

The Bishop's Gaiters Basketball Camp is an instructional camp designed to promote the interest, enthusiasm and skill development for all its participants. Every effort is made to create an enjoyable learning experience.

The Camp Provides:

- Exceptional leadership from the staff
- Excellent facilities, quality equipment and low camper to staff ratio
- Emphasis on individual development
- Competitive opportunities for individual and team development

Morning

7:00	Wake-up
7:30	Breakfast
8:30	Gym Assembly
8:45	Morning Exercise
9:05	Ball Handling
9:15	Stations
10:15	Games / Practices / Videos
12:00	Lunch

Afternoon

1:00	Free Gym Time
1:45	Gym Assembly
2:00	Dribble Series
2:15	Stations
3:15	Games
4:00	Free Swim / Free Time
5:00	Supper

Evening

6:00	Free Gym time
6:45	Gym Assembly
7:00	Games
8:30	Canteen/Videos
10:00	In your room
10:30	Lights out

For information call:

Alexandre Perno - Camp Co-Director
819-822-9600 Ext. 2663 (office)
e-mail: aperno@ubishops.ca

Rod Gilpin - Camp Co-Director
819-822-9600 Ext. 2662 (office)
e-mail: rgilpin@ubishops.ca
819-822-9648 (fax)

A great way to improve your second language!

Dear Parents and Campers:

We are very much looking forward to August and once again teaching basketball to youngsters who come from the entire province of Quebec, eastern Ontario, the Maritimes, and even from Europe and the USA.

An outstanding staff awaits you, including many players from the Gaiter teams who look forward to helping each camper develop their skills. The rest of the staff includes high school and college coaches and some players who play in the NCAA.

We sold out last year having 100 campers and there is a reason for that. Our camp is the finest residential camp in Eastern Canada and our campers learn while having fun. Our facilities are outstanding and each camper receives personal attention. Our emphasis is on learning — the only score that counts to us is whether you improved and had fun doing it.

We look forward to seeing our return campers as well as those attending for the first time.

Don't be disappointed, our camp fills up quickly. See you on the court!!

Alexandre Perno
Camp Co-Director

Rod Gilpin
Camp Co-Director

The camp is conveniently located 90 miles southeast of Montreal in one of the most beautiful areas of the province - the Eastern Townships.

*1-1/2 hours from the Champlain Bridge
2-1/2 hours from Quebec City
3-1/2 hours from Ottawa
40 minutes from the Vermont Border*

WHAT TO BRING:

Campers should bring sheets, blankets or sleeping bag, towels, soap, bathing suit, socks, basketball shoes, playing clothes, alarm clock, fan and other personal items.

RESIDENTIAL ACCOMMODATIONS:

Overnight campers will live in a modern university residence located next to Dewhurst Dining Hall and the Sports Centre. Constant supervision is provided by a Residence Director and Hall Counselors with a 10:30 p.m. curfew for all students. Laundry facilities and pay phones are located in residence. Food quality is excellent and is served on an all you care to eat and drink basis.

JOHN H. PRICE SPORTS AND RECREATION CENTRE:

Campers will have use of the outstanding John H. Price Sports Centre that includes two large gyms, jogging track, weight training facilities, swimming pool, squash and tennis courts.

INSURANCE:

Insurance is the responsibility of each camper's family. Quebec and Ontario residents have health service coverage from their provincial plans. Insurance covering personal possessions is not provided.

SPORTS MEDICINE CENTRE:

The University's Sports Medicine Centre is open throughout the camp and a Certified Athletic Therapist will be present at all sessions. Any injury requiring treatment will be covered and an Orthopedic surgeon is on call.

RULES AND REGULATIONS:

Campers will be required to attend all scheduled sessions and follow the rules and regulations of Bishop's University. Any abuse or violation of these rules will result in immediate dismissal from the camp without refund.

Application Form:

Send to: BISHOP'S GAITERS BASKETBALL CAMP,
BISHOP'S UNIVERSITY, 2600 COLLEGE ST.,
SHERBROOKE, QC J1M 1Z7

August 2-6

August 9-13

___ Resident (\$575)
(\$250 deposit)

___ Resident (\$575)
(\$250 deposit)

___ Day Camp: (\$275)
(\$100 deposit)

___ Day Camp: (\$275)
(\$100 deposit)

No refunds unless medical reason.

Name: _____

Address: _____

City: _____ Prov.: _____

Postal Code: _____ Age: _____ (as of Aug'08)

Sex: _____ Height: _____ ft. _____ In.

School: _____

E-mail: _____

Home Phone: (_____) _____ - _____

Emergency Phone: (_____) _____ - _____

Medicare, OHIP, or other

Insurance # (specify) _____

Room-mate Request: _____

Level of Play:

Beginner _____ Intermediate _____ Advanced _____

T-shirt Size: (Adult) S M L XL (Please circle)

Please enrol my child in your camp, I understand that the Bishop's Gaiters Camp Directors, staff or Bishop's University will not assume responsibility for accidents and medical or dental expenses incurred because of participation in this program. The applicant is covered by our family insurance, is in good health and is able to participate in the physical activity of a vigorous program. I hereby authorize the Camp Directors to act for me accordingly to their best judgement in any emergency requiring medical attention.

Parent's Name: _____

Signature: _____

Please make cheques payable to:
BISHOP S UNIVERSITY